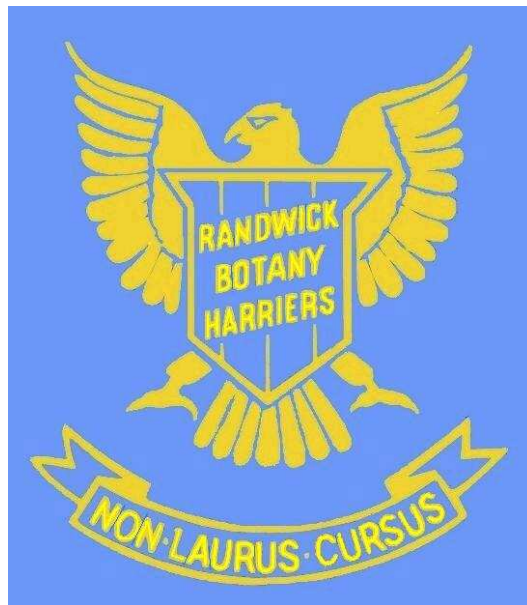


RANDWICK-BOTANY HARRIERS inc.



21st ANNUAL REPORT AND FINANCIAL STATEMENT

**FOR THE YEAR ENDING
31st MARCH 2008**

SEASON 2007-2008

CLUB MOTTO

"Non laurus cursus"
[Not the laurel but the race]

<http://www.rbharriers.com>



RANDWICK - BOTANY HARRIERS inc.

Founded in 1959 by the amalgamation of Randwick-Kensington A.A.C.
and the Botany Harriers [Est. 1907].

Merged with Randwick-Botany Women's A.A.C. in 1983

Incorporated as Randwick-Botany Harriers Inc, 1987



Affiliated with Athletics New South Wales

Life Members

R F Tuck	1915*	C D Hensley AM	1940*	Miss T Bell	1978
J P Grinton	1918*	R Fazakerley	1946*	Mrs D Smith	1980
R Coombes	1919*	A G Hayes	1946*	Mrs J Norman	1982
C G Weyman	1921*	E F Magee	1947*	G Ryan	1983
A S Baldick	1921*	E J Winter	1948*	RJ Crawford OAM	1984
J Siddins	1922*	A A Hensley	1953*	K Morris	1993
W F Siddins	1922*	T S London	1953*	H Liu	1993*
J J Walshe	1922*	D Dickings	1954	J Russell	1994
J Chegwyn	1924*	J Howlin	1955*	K Goldman	1994
R C Corish	1926*	C Devitt	1957*	Mrs D Haar	1995*
W Cartwright	1928*	W Dunn	1964	M Little	1995
H H Hayden	1935*	G C Marshall	1965*	N Ellison	1996
G Hunt	1937*	R E Cartwright	1971	M Rabbitt	1997
C D Spicer	1938*	L H Irwin	1975	P Sandstrom	1997
C D Patterson	1938*	A Southwood	1977*	Mrs A Saville	2000
H C Parker	1939*	P Arthur	1978	H Stanley	2000

*deceased

Honorary Members

A Lawrence, L Irwin, A Atkins, M Atkins, P Bell, T Endicott

R Wallace, R Saville, L Schaefer, B Burrridge, R Newens, J Plummer.



OFFICE BEARERS 2007/2008

President

R J Crawford OAM

Senior Vice Presidents

M Considine M Rabbitt J Dawes

Patrons

Cr R Hoenig
Cr B Notley- Smith
M Daley MLA

General Secretary

G Spehr

General Treasurer

P Sandstrom

Registrar

J Dawes

Track Coordinator

-

Winter Coordinator

K McBrearty

Degates to Athletics NSW

R Crawford I Currotta K Owens
(Alt. – J Dwyer J Dawes)

Male Captain

J Hunt

Female Captain

L Chapman

Purchasing & Equipment

I Currotta R Crawford M Rabbitt

Auditor

R Cartwright

Honorary Solicitor

T Olabinri

Coaching Coordinator

S Williams

Publicity Committee

M Rabbitt, A Kajan
Mrs A Saville

History & Statistics

K Goldman, A Kajan
T McGrath

Medical Team

Dr Broderick, M Kelly
G McDarra, Dr G Hazan

Web Master

A Kajan

Uniform Officer

I Currotta

Race Recorder & Handicapper

M Rabbitt

Winter Race Registrar

N Ellison

The Committee of Management

R Crawford,
P Sandstrom,
M Rabbitt,
K McBrearty,
J Rea,

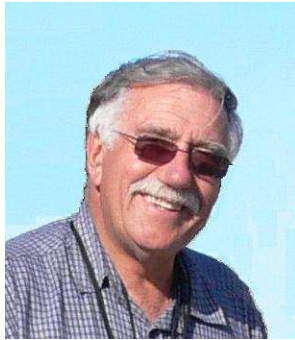
K Owens,
A Kajan,
I Currotta,
J Dwyer,
G Spehr,

J Dawes,
M Considine,
J Hunt.

Committee of Management meetings are usually held on the 2nd Monday of each month and all members are welcome to attend as observers.



PRESIDENT'S REPORT



Senior athletics is a difficult sport because of its diversity of events and the fact that athletic clubs by comparison with some other sports clubs are not very financially secure. It is difficult for us to attract people and keep them in the sport because of the limitations placed on us by our inability to gain the right kind of community support. As a sport I believe we present a very positive image to young people. We do not accept dubious advertising like alcohol and gambling etc which are prominent in some sports. We do encourage a degree of individual discipline which is not found in many other sports. With these qualities of our sport in mind it is incumbent upon us all to go out and spread the word that if you want a more caring, more disciplined society you need to encourage athletics. I would like to congratulate those who represented the club at an Australian or international level in the past year and wish them every success for the future. Congratulations to our coaches who develop and nurture our athletes across a wide range of abilities. Being a coach is one of the most difficult and time consuming jobs.

Last year we celebrated our hundredth year of operation with a dinner at the Seals Club, Maroubra. All who attended seem to enjoy the night and it was a great opportunity for past and present members to come together.

I could write a long list of people who do work for or provide assistance to the club. Many of these are not even known to our members as they are not active members of the athletic club - they just like to help. Much of the finance of the club is provided by these silent partners who put in one or two days a year to do work for us. I would like to pass on my special thanks to these people.

There are the members and families of members who help each week in the winter. Without these people there would be no winter competition. Kevin McBrearty set out the program and general direction of winter club activities. Sean Williams marked out the course and Norm Ellison was there to take the entries. Michael Rabbitt and Alija Kajan controlled the finish, while Ivan Curotta picked up the raffle prize from Savilles butchery each week and sold the raffle tickets. Thank you all for your participation.

There is a small group who help out with equipment hire at Hensley Field when I can't do it myself. Please accept my personal thanks.



The club is greatly indebted to Ron Saville who provides the club with a meat tray to raffle each week in winter

We are lucky to have Peter Sandstrom as our treasurer. He is the rock of our financial management and without him the club would not function. Thanks, Peter, for your years of dedication.

Thank you all for your support of R-B H over the past year. May I take this opportunity to express my appreciation of the members allowing me to represent them over the last 30 to 40 years mostly as Secretary and President. Whilst I will still be serving and assisting the club as best I can, I no longer wish to take an active roll in the day to day management of the club. I will never retire from athletics completely but I wish to pursue other interests that have been put aside for many years.

Ron Crawford



Secretary's Report



The last 12 months have been very busy for Randwick Botany Harriers with the Club celebrating its 100 year anniversary in 2007. The Club's committee decided that such a milestone should not go unrecognized and set about organizing two events.

The Botany Bolt

The first event was a community fun run that was aptly named "The Botany Bolt". To keep things 'simple' we decided on a car free course. The very familiar venue of Mutch Park was the obvious choice and a sub-committee was established to organise and run the event. After many Monday night meetings the day was upon us. Thanks to Sean Williams the race received a number of articles in the local papers



promoting the 'Bolt' which went towards us getting the number of entries that we did. Sean also organised some of the sponsorship for the 1st place getters as well as random prizes. Peter Spehr arranged Kellogg's backpack 'sample bags' for the children in the junior's races and the club presented the place getters with inaugural medals. Thanks also go to the ladies who organised that catering and Alija Kajan (our ever reliable IT whiz) who modernized the entry taking and results. We also can't forget Botany Council who, in their never ending support for RBH, allowed us to use the venue free of charge. Our President Ron Crawford was there pulling it all together.

Whilst the event may not have made the Club a great deal of money it was a great event enjoyed by all. Sometimes it is not about the money; It's about putting something back into the community and providing memorable experiences for people.

Anniversary Dinner



The 100 Year Anniversary Dinner at Maroubra Seals Club proved to be bigger than Ben Hur. After a slow uptake of tickets Ron Crawford was forced to turn people away. Not surprisingly many old RBH members turned up to see fellow members that they had not seen for many,



many years. It was very much a reunion and it was wonderful seeing everyone catching up on old times.

The venue was decorated in blue, gold and white with beautiful balloon centre pieces. The wine glass mementos with RBH ties (organised by Ron) were well received by all attending, as was the delicious 3 course meal. We reminisced as guest speaker, Olympian and World Record Holder Albie Thomas spoke dearly of times past and provided many laughs with his anecdotes. The spirit, work ethic, camaraderie and dedication that he spoke of are just as pertinent today as it was during his heyday. Much interest was taken in the fabulous historic display put together by the Club's historian, Kenny Goldman, with the slideshow developed (taking many hours) by Alija Kajan.

Of course the club took the opportunity to raise funds to support our athletes in upcoming interstate and international events. A raffle, silent auctions and auctions were held with much of the items sourced by Michael Rabbitt and Ron Crawford. The Club's pole vault coach showed off his wonderful artistic talent with a number of oil paintings of various athletes. He kindly donated a percentage of sales to RBH. Amongst the paintings was one of Jane Saville that I am fairly sure now hangs in the Saville home.

The night was full of fun, chatting, eating, drinking and catching up with friends both new and old. The night was certainly a success and enjoyed by all.

New Club Uniform

I wish to apologise for the uniform situation (or should I say, lack of) that members have recently encountered. We have been doing our utmost to have our athletes in a RBH uniform for ANSW races but as you read further you will understand the roadblocks the Club has come up against.

Athletics Australia announced new uniform regulations that meant RBH would need to change their uniform by summer 2008. What should have been a relatively straight forward project became very protracted and culminated in a change of supplier.

Jeremy Roff headed the design committee and redeveloped a new, modern design that would stand out whilst retaining the RBH history. Ron Crawford, Ivan Curotta and I then set about getting quotes from a number of suppliers. In early April 2007, Tim McGrath and I met with Rebel Sport and it was decided that we would use "Graphpac" as the supplier (via Rebel Sport). Graphpac had supplied a number of large corporations with gear for the "Corporate Games" and the samples were of very good quality.

Unfortunately they did not live up to their reputation. The men's kit was well received until we reordered. The order was late and the shorts cut slightly differently. The Club received the order free of charge. The women's kit was another (very ugly) story and after the women's briefs being a different cut to the sample and the shorts being more like board shorts (notwithstanding two



goes at it and having a pair of shorts supplied by me to use as a template). With this and Rebel Sport not meeting any milestones I decided that the situation could not continue as the Club had invested almost \$10,000 in stock. After much negotiation with the Retail Managing Director of Rebel Sport, the Club returned the entire women's kit with Rebel Sport providing a full refund.

Given that it was over 12 months since we started the project with them and we still did not have a women's kit, I also negotiated a refund of half the cost of the Men's kit (with no return of product). The refunded the money ensured that RBH was not financially disadvantaged by the fiasco.

Hot Designs (located in Caringbah) is now our supplier. They supply North's Athletics club, The Front Runners, and Coolrunning with their products. We are expecting the full order by mid June 2008.

Summary

I would like to thank all those who support Randwick-Botany Harriers, particularly those who turn up each week to officiate at the Saturday Club races and those who turn up to run. For a number of reasons there has been a downturn of numbers but this has not deterred our volunteers and hopefully more of our athletes (and non RBH athletes) will see the value in our races.

I would like to thank the club members who officiate at ANSW and other meets to ensure that RBH meets its officiating responsibilities. Without these volunteers the Club would receive monetary fines and would be seen as not willing to contribute to the holding of races for our athletes.

I would also like to thank the other committee members who work tirelessly to keep the Club running smoothly and therefore provide our athletes support. Without this committee there would not be a club, there would not be the financial support for those members who travel to compete and the tradition of a club that is 100 years young would not be continued.

I would be remiss if I did not thank our president, Ron Crawford, and our Treasurer, Peter Sandstrom. It was not until I became a committee member myself that I realised how much time they spend on keeping this Club running. Peter keeps our books in perfect order and ensures that our funds are optimized. Ron is known to represent the club on a daily basis by hiring out the Club's equipment to schools using Hensley Field. Through his far reaching network, RBH is also well informed on what is happening in the athletics and general communities to ensure that we can be proactive rather than reactive. Ron is very well respected in many different communities and we are very fortunate to have him as a member of our club, let alone the President. Thanks again Ron.



Major Achievements by Randwick- Botany Harriers Athletes International Representatives

- Jane Saville
 - Beijing Olympic Team
- Selma Kajan
 - World Youth Track and Field Team
 - Commonwealth Games Youth Team – October 2008
- Lauren McKillop
 - World Mountain Running
- Cindy King
 - World Mountain Running
- Alexis McKillop
 - World Junior Cross Country Team
- Kristy Colman
 - Schools Sport Federation World Cross Country Team

Domestic Achievements

- Jeff Hunt
 - National Men's Cross Country Champion
- Heidi Cayzer
 - National Women's Marathon – 3rd
- Randwick Botany Harriers Open Men's 4 x 1500m Relay
 - Australian Record (Jeff Hunt, Jeremy Roff, Brad Woods, Jeff Farelly)
- 17 RBH athletes in NSW Teams (ANSW and All Schools) at Australian Cross County Championships
- Morgan McDonald
 - Australian Cross County Championships:1st Boy's U12
- Josh Johnson
 - Australian Cross County Championships:1st Boy's U16
- Lauren McKillop
 - Australian Cross County Championships:3rd Girls U18



- ANSW Athletes' Awards
 - Jeff Hunt – Senior Cross Country Award
 - Andrew Knox – Distance Runner of the Year
 - Nick Cope – Master's Cross Country Award

- 2007/08 Track and Field Rankings
 - Brads Woods – 1st Men's 1500m
 - Natalie Saville – 1st Women's 5000m Walk
 - Lauren McKillop – 1st 3000m Women's Steeple Chase

- NSW Track and Field Championships -1st place getters
 - Alexis McKillop - Women 1500m U20
 - Lauren McKillop – Women 3000m U20
 - Zac Rae
 - Men 1500m U16
 - Men 800m U16
 - Aidan Anderson – Men discus U16
 - Harry Summers – Men 5000m U20
 - Kristy Coleman
 - Women 1500m U18
 - Women 3000m U18
 - James Roff – Men 400m Hurdles Open

- Australian U18 Interstate Match
 - Selma Kajan - 1st Women U18 800m

- Athletics International Grant 2008
 - Brad Woods



REGISTRAR'S REPORT



A number of new occurrences highlighted the Registrar role for this year. I took over the role mid year as Katherine Squire is going into motherhood – congratulations Kathryn. It was also the first time Athletics NSW had used the “Clubs-online” system to do renewals which caused some difficulties to member’s logging on and effected competition number allocation.

Thirdly, members with internet addresses were not sent hard-copy correspondence in an effort to streamline the registrar’s duties and encourage members to use our webpage for registration and information instead. Athletics NSW have promised that in the near future we will be issued our own batch of competition numbers to allocate to our members as a reward for using the online system to pay for registrations.

At time of writing, we have 126 paid members. Although this is considerably more than the Athletics NSW gold standard of 30 members, the club is looking to advertise for new members in the local media as we are down in membership 20% from the same time last year and an increase in membership would raise needed funds and strengthen our premiership hopes.

Registrations for Year 2007-2008

Age Group	Men	Women
Open	44	21
Winter only	11	6
Club Athlete	4	-
U20	6	5
U18	16	12
U15	11	13
Dual/U14	3	3
Transition	1	2
Age Concessions	6	-
ANSW Officials.	5	3
Club Officials	9	3
Club Coaches	6	3
<u>Total</u>	<u>122</u>	<u>71</u>

Jim Dawes



TREASURER'S REPORT



The Club had a most successful year financially and made a surplus for the year ended 31st March 2008 of \$6,495 compared to a deficit of \$796 last year. This surplus was achieved principally as a result of the Centenary Dinner which netted a profit of \$3,412 and \$5,632 received from the City of Botany Bay for the hiring of our ground equipment at Hensley Field to schools in the area.

The surplus for the year would have been much higher except for a decrease in the value of investments of \$2,803 and the write off of obsolete uniform stock of \$1,929.

A special 'thank you' to all those members who have assisted with the collection of money during the year, especially Norm Ellison and Ivan Curotta. Their assistance has made my position as treasurer so much easier.

Finally, I would like to thank our auditor, Bob Cartwright, who has again audited our financial statements. Bob is a life member of the Club and has been our Auditor for decades.

Peter Sandstrom

Treasurer



RANDWICK BOTANY HARRIERS Inc
GENERAL TREASURER'S ACCOUNT
STATEMENT OF RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 31st MARCH 2008

Receipts	\$	Payments	\$
Balance @ 1 st April 2007	3,522.44	Athletics NSW – Registration Fees	5,117.29
BT Investment	664.70	Athletics NSW – Affiliation Fees	1,025.00
Colonial First State	995.56	Athletics NSW – State Relay Entry Fees	1,120.00
Bank Interest	13.89	Uniforms and T-shirt purchases	11,562.60
Race Day refreshments	27.00	Payment to Athletes	4,930.00
Registration Fees	2,640.50	ANSW Presentation Dinner	360.00
Club Fees	3,980.50	Sporting Insurance renewals	165.00
Race Fees	1,236.00	First Aid Renewal	90.00
Uniforms	2,850.00	Equipment	1,496.60
Fun Run Commissions	3,030.00	Botany Bolt fun run expenses	1,282.00
Centenary Dinner – Other Receipts	3,185.00	Bank Charges	208.14
Centenary Dinner	10,425.00	Department of Fair Trading	43.00
Donations	90.00	Online Registration Fees	355.55
Equipment Proceeds	5,775.93	Postage	200.00
ANSW Dinner	50.00	Sundry Expenses	379.66
Sponsorships & Grants	700.00	Centenary Dinner	10,197.80
Raffle	633.00	Club website costs	118.80
Trophy Donations	400.00	Trophies	1,063.50
ING Direct – transfer of funds	1,000.00	Balance @ 31 st March 2008	4,241.58
Assistance to athletes	800.00		
Botany Bolt Receipts	<u>1,937.00</u>		
	<u>43,956.52</u>		<u>43,956.52</u>

HONORARY TREASURER

Peter Sandstrom - General Treasurer



RANDWICK BOTANY HARRIERS Inc

BALANCE SHEET AS AT 31ST MARCH 2008

ASSETS

	TOTAL	DISTANCE	TRACK	GENERAL
Cash at Bank	4,241.58	0.00	0.00	4,241.58
Cash on Hand	0.00	0.00	0.00	0.00
Athletic Equipment	4,042.00	0.00	0.00	4,042.00
Ground Equipment	0.00	0.00	0.00	0.00
Sundry Debtor	6,285.50	0.00	0.00	6,285.50
Uniforms, Medals & Badges	5,311.70	0.00	0.00	5,311.70
Investments, Bonds & Deposits	32,542.98	0.00	0.00	32,542.98
Computer Equipment	0.00	0.00	0.00	0.00
Canteen Stock	0.00	0.00	0.00	0.00
	<u>52,423.76</u>	<u>0.00</u>	<u>0.00</u>	<u>52,423.76</u>

LIABILITIES

	TOTAL	DISTANCE	TRACK	GENERAL
Sundry Creditors	49.88	0.00	0.00	49.88
Excess of Assets over Liabilities	52,373.88	0.00	0.00	52,373.88
	<u>52,423.76</u>	<u>0.00</u>	<u>0.00</u>	<u>52,423.76</u>

**RANDWICK BOTANY HARRIERS Inc**STATEMENT OF FINANCIAL PERFORMANCE
FOR THE YEAR ENDED 31ST MARCH 2008

	\$	\$
INCOME		
Registrations		2,868.50
Club fees		4,032.62
Race fees		1,236.00
Fun Run Proceeds		3,030.00
Equipment Hire		5,652.50
Grants re Gold Club Status		1,500.00
Grants from Athletics NSW		700.00
Raffle		633.00
Race Day Refreshments (net)		27.00
Botany Bolt Fun Run Receipts - net proceeds		655.00
Centenary Dinner - net proceeds		3,412.20
Profit on Sale of Uniforms		1,876.10
Assistance to Athletes		800.00
Donations :-		
- trophies	400.00	
- other	<u>90.00</u>	490.00
Investment interest:-		
- BT Lifetime Trust	664.70	
- Colonial First State	995.56	
- ING Direct Business Optimiser	<u>971.11</u>	2,631.37
Bank Interest		<u>13.89</u>
		29,558.18
<u>Less:-</u>		
EXPENDITURE		
Registration	5,117.29	
Assistance to Athletes	4,930.00	
Uniform Assistance to Athletes	1,300.00	
Affiliation Fees	1,025.00	
Entry Fees – State Championships (net)	1,120.00	
Trophies	1,063.50	
Uniform stocks given as trophies	38.40	
Website costs	118.80	
ANSW dinner – net expense	310.00	
First Aid Renewal Fees and supplies	90.00	
Postage	200.00	
Loss on Sale of Uniforms	805.20	
Write off Obsolete Uniform Stocks	1,929.00	
Insurance – Sporting Injury Fund	165.00	
Depreciation	1,061.17	
Decrease in value of investments:-	2,803.37	
- BT Lifetime Trust	1,109.02	
- Colonial First State	<u>1,694.35</u>	
Bank Charges		208.14
Registration fees re Online Regn		355.55
General Expenses	<u>422.66</u>	<u>23,063.08</u>
		<u>6,495.10</u>
SURPLUS FOR THE YEAR		



RANDWICK BOTANY HARRIERS Inc
STATEMENT OF FINANCIAL POSITION
AS AT 31st MARCH 2008

	\$	\$
ASSETS		
<u>CURRENT ASSETS</u>		
<u>Cash at bank:</u>		
Commonwealth Bank:-		
- General account		4,241.58
<u>Stock on hand:-</u>		
- uniforms	2,523.00	
- tracksuits	552.50	
- T-shirts	<u>2,236.20</u>	5,311.70
<u>Sundry debtor</u>		
Rebel Sport – refund due on uniforms	5,585.50	
Grant ex ANSW for apparel	<u>700.00</u>	<u>6,285.50</u>
		15,838.78
<u>NON CURRENT ASSETS</u>		
<u>Financial Assets</u>		
BT Lifetime Trust	10,102.76	
Colonial First State	7,061.76	
ING Business Optimiser	<u>15,378.46</u>	32,542.98
<u>Equipment</u>		
Ground equipment – pole vaults & hurdle trolley	5,548.17	
Less:- Depreciation reserve	<u>1,506.17</u>	<u>4,042.00</u>
		52,423.76
<u>Less:-</u>		
<u>LIABILITIES</u>		
<u>Sundry creditor:-</u>		
- club fee paid in advance		<u>49.88</u>
		<u>52,373.88</u>
		<u>NET ASSETS</u>
<u>ACCUMULATED FUNDS</u>		
Retained surplus as at 1 st April 2007		45,878.78
<u>Add:-</u>		
Surplus for year ended 31 st March 2008		<u>6,495.10</u>
		<u>52,373.88</u>
		TOTAL MEMBERS EQUITY



**INDEPENDENT AUDIT REPORT TO THE MEMBERS OF
RANDWICK BOTANY HARRIERS INC.**

I have audited the financial statements of Randwick Botany Harriers Inc. in accordance with Australian Auditing Standards.

It is not practicable to establish effective control over transactions until their initial entry in the accounting records. The audit relating to these amounts was therefore limited to the amounts recorded as actually received.

In my opinion, subject to the above comment:

- a) The accounts of the Club are properly drawn up so as to give a true and fair view of the:
 - (i) state of affairs of the Club as at the end of the financial year ended 31st March 2008;
 - (ii) results of the Club for the period then ended.
- b) The accounts are in accordance with Statements of Accounting Concepts and Applicable Accounting Standards.

Dated this 12th of June 2008

Cartwright Brown & Company
Chartered Accountants

Robert Edwin Cartwright F.C.A.
Registered Company Auditor



DISTANCE SECRETARY'S REPORT

WINTER CROSS-COUNTRY AND ROAD RUNNING SEASON 2007



WINTER CLUB TROPHY

1. Kembla Joggers 2183
2. Sutherland 1910
3. Bankstown 1491
4. RBH 903
5. St.George 744

ANSW WINTER RUNNER OF THE YEAR:

MALE:

1. Andrew KNOX (RBH) 65 pts.
2. Jeff HUNT (RBH) 50 pts.

FEMALE:

4. Heidi CAYZER

WINTER PREMIERSHIP

Open Male:	MaleB:	35plus:	U/14 M	U/18 M	U20 M
RBH 78	Bankstown 50	Kembla 72	Kembla 48	BMA 42	Kembla 22
Striders 42	Giraween 42	Sutherland 36	RBH 24	Kembla 31	RBH 21
ASWests 34	RBH 23	RBH 24	Sutherland 19	RBH 18	Gosford 12

Open Female:	FemaleB:	35plus:	U/14 F	U/18 F	U20 F
RBH 54				Kembla 48	St.George 57
Sutherland 41				RBH 33	RBH 21
Hills 29				Sutherland 12	UTN 6

21 APRIL 2007

Endeavour Cup, Scarborough Park: Individual 8km. 1. J.Horne (RBH)

25.12

Teams: 1. Sutherland 569 2. St.George 587 3. RBH 606.

29 APRIL 2007

NSW NOVICE CHAMPIONSHIP, SCARBOROUGH PARK

Male 10km. 1. M.Harrison (Syd.Uni) 32.20 2. V.Kravchenko (RBH) 32.37

3. M.Warren (Mingara) 32.56

Teams: 1. RBH 41 (2. Kravchenko 6. A.Laughan 33.23 15. J.Dawes 34.13

18. M.Sivaraj 34.23) 2. Sydney Striders 47 3. Kembla Joggers 63



Female 4km. 1. C. Sullonern (Blue Mts) 13.49 2. V.Wallington (St.G) 13.55

3. S.Milton (Illawong) 14.21

Teams: 1. Sutherland 55 2. Kembla 85 3. Hills District 94 4. Striders 96
5.RBH 116 (8. S.Kajan 14.41 18. H.Cayzer 15.07 39. M.Mitford 15.53 51. R.Howard 16.06)

Open 10Km. 1. B. St. Lawrence (St.G) 30.12 2. S.Westcott (Hunter) 30.19
3. A.Knox (RBH) 30.54 4. C.Johnston (Wests) 31.06. **5. J.Horne (RBH) 31.14**

Open 4km. 1. **N.Cope (RBH) 11.51** 2. M.Abercrombie (Sydney Uni. 12.09) 3. **C.McDonald (RBH) 12.24** Female: 12. **C.Doyle (RBH) 13.30** **R.Lowe (RBH) 13.44**

5 MAY 2007

NSW ROAD CHAMPIONSHIPS - APPIN

Male 10km. 1. **J.Hunt 31.15** 2. B.St.Lawrence (St.George) 31.22 3.B.Keem (IBS) 31.38 4. **N.Cope (RBH) 32.15 (1st. Age 35-39)** 5. **A. Knox (RBH) 32.21** 6. S.Hunt (WTL) 32.52

Teams: 1. **RBH (1.Hunt,4.Cope, 5.Knox, 20 Siverarj 35.04, 23. Dawes 35.33, 36.Russo 36.50) 89** 2. Sutherland 284

3. Sydney Striders 318

35yrs. 1. Kembla 147 2. Sutherland 156 3. **RBH (39 Williams, 55 Alkhoub, 72 Newton, 86 Patterson) 313**

Male U/20 8km. 1. L.Reddings (PAR) 26.30 2. **A.Laughlin (RBH) 26.54** 3. J.Tighe (CBT) 27.07

Female 10km. 1. E. Stewart (UTN) 35.03 2. **L.Chapman (RBH) 36.25** 3. M.Poulos (Suth) 37.05 4. **R.Lowe (RBH) 37.47** 5. **J.Dalloway (RBH) 38.37** 6. T.Robinson (Suth) 39.41

Teams: 1. Sutherland 24 2. **RBH (2 Chapman, 4 Lowe, 5 Dalloway, 17 Cayzer 42.24) 28** 3. Sutherland (B) 134

U/20 6km. 1. L.Tamsett (SYU) 21.47 2. **A.McKillop (RBH) 22.35** 3. B.Delaney (St.G) 22.48

U/18 4km. 1. H.Emery (BMA) 13.56 2. **L.McKillop (RBH) 14.20** 3. **A.Neville (RBH) 14.42**

20 MAY 2007

NSW HALF-MARATHON CHAMPIONSHIP, SYDNEY

FIRST TEN OPEN

1. B.Cartwright	64.43
2. S.Westcott	64.52
3. M.Dent	65.49



4. B.Keem	67.46
5. C.Johnston	68.39
6. J.HORNE (RBH)	68.43
7. A.KNOX (RBH)	69.17
8. M.Jackson	69.27
9. S.Brown	70.35
10.C.Truscott	70.50

FIRST FOUR FEMALE

1. A.Thomson	71.38
2. E.Stewart	75.56
3. R.Millard	78.23
4. M.K-Poulos	78.38

NSW CHAMPS.

MALE:

1. S.Westcott (Hunter) 2. B.Keem (Kembla) 3. C.Johnston

FEMALE:

1. E.Stewart 2. M K-Poulos 3. A.Leadbetter (Hunter) 79.25

INDIVIDUAL

Male 35 + 3rd.J.Dawes

F/Male 35+ 2nd. M.Mitford

TEAMS

MALE OPEN: 1. Asics Wests 39 2.RBH 51 (4. Horne 68.43 5. Knox 69.17 19. Dawes 75.08

23 .Sivaraj 75.45) 3, Striders 71

35+ MALE: 1. Kembla 224 2. RBH 228 (Kontopos 79.59, Alkhoub 83.04, Edis 85.58 P.Spehr 87.40) 3. Hills 285

B GRADE: 3rd. RBH (L.Rushton 79.45 G.Howard 84.11, S.Rushton 84.49 C.Newton 90.15)

FEMALE:

1. Sutherland 29 2. Striders 331 3. RBH 82 (Cayzer 87.31, Mitford 92.31, Squire 97.59, Perle 99.46) .

The winners of “The Norm Ellison Trophy” are Jeremy Horne and Heidi Cayzer

2 JUNE 2007 MIRANDA PARK NSW CROSS COUNTRY RELAYS

MALE OPEN 4x4: 1. RBH 47.30 (J.Farrelly 11.56 A.Knox 11.55 N.Cope 12.05 J.Hunt 11.34) 2. ASWA 49.02 3. SYUA 49.52 (Fastest times: B.St.Lawrence (St.George) 11.30 Hunt (RBH) 11.34 S.Brown (KEJ) 11.54)

FEMALE OPEN 4x4: 1.RBH 56.20 (L.Nicod 14.39 J.Dallaway 14.04 L.Chapman 13.25 R.Lowe 14.12) 2.UTNA 57.40 3. SUTA 57.47



(Fastest times: Chapman (RBH) 13.25 E.Stewart (UTN) 13.26 K.French (UTN) 14.05)

U14 MALE 4x2 1.RBH 28.19 (M.McDonald 6.53 J.Williams 7.29 N.Derriman 7.06 J.Davies 6.51) 2.KEJ 30.20 3. ILL 31.15 Fastest: Davies (RBH) 6.51

U/18 MALE 4x3 1. St.G 38.37 2. Gosford 37.22 3. RBH 37.51 (J.Johnson 9.19 A.Campbell 9.31 H.Summers 9.19 A.Miller 9.42) Fastest: R.Gregson (KEJ) 8.55

U20 MALE 4x4 1. Gosford 50.04 2. RBH 51.55 (C.McDonald 12.17 T.Hurley 13.01 A.Laughlan-Bowlby 12.52 L.Rushton 13.45) 3. BMA 53.21 Fastest: J.Nipperess (St.G) 11.53

O/35 MALE 4x4 1. KEJ 53.28 2. RBH 54.10 (S.Williams 13.07 M.Patterson 14.51 J.Dawes 13.17 M.Considine 12.55) 3. Suth. 55.54 Fastest: Considine (RBH) 12.55

U/18 FEMALE 4 x 3 1.RBH 42.50 (A.Neville 10.45 Lauren McKillop 10.22 S.Kajan 11.07 C.Doyle 10.36) 2. Suth. 46.10 3.BMA 46.54

U/20 FEMALE 4x3 1.St.George 42.29 2. RBH 45.17 (R.Lowe 10.22 K.Colman 11.12 Alexis McKillop 11.30 R.Howard 12.13) 3. UTN 48.56

O/35 FEMALE 4x4 1. RBH 65.44 (F.Flanery 15.19 E.Perle 18.13 K.Squire 17.30 C.King 14.42) 2. Kembla 66.43 3. Suth. 68.46

18 JUNE 2007 CLARE HYNES TROPHY 7km. Road–SIR JOSEPH BANKS PARK

Male: 1. M.Considine 23.06 Female: 1. L.Chapman 24.03

23 JUNE 2007 ANSW STATE CROSS COUNTRY CHAMPS. NOWRA

MALE OPEN 12K.

1. J.Hunt (RBH) 39.18 2. G.Guzzo (SSR) 39.56 3. S.Brown (KEJ) 39.59

MALE OPEN A GRADE TEAMS

1. RBH 62 (Hunt, 4. A.Knox 40.20 5 J.Horne 40.47 8 M.Considine 42.09

18 J.Dawes 44.06 23 M.Sivaraj 44.33) 2. Sydney Striders 113 3. Asics Wests 139

U/12 BOYS 2k. : 1. M.McDonald (RBH) 6.57 2. H.Paine (KEJ) 7.28 3. J.P.Curran (RBH) 7.35

U/14 Boys 3k. : 1. J.Stapleton (PAR) 10.17 2. M.McDonald (RBH) 10.22 3. N.Derriman (RBH) 10.38)

Teams: 1. RBH 22 (1 McDonald, 3 Derriman,6 J.Williams, 11 J.King) 2.Nowra 46 3. Kembla 50

U/16 Boys 4k. 1. J.Johnson (RBH) 13.35 2. S.Martyn (KEJ) 14.06

U/18 Boys 6k.Teams : 1. Blue Mts. 36 2. RBH 67 (12 L.Rushton, 13 A.Ognjenovski, 18 S.Rushton,24 S.Strutt) 3. Kembla 76

U/20 MALE 8k. 1. C.McDonald (RBH) 28.24 2. C.Partridge (ASW) 28.50



FEMALE OPEN A GRADE 8K.

Individual: 1. E.Stewart (UTN) 29.16 2. M.Kanmali-Poulos (SUT) 31.22 3. A.Williams (Hil) 32.42

Teams. 1. RBH 67 5. (H.Cayzer 33.10 6 C.King-Williams 33.28 14

F.Flanery 34.55 42 E.Perle 40.56) 2. Hills 100 3. Bankstown 159

U/18 GIRLS 4km. 1. H.Emery (BMA) 14.57 2. V.Wallington (St.G) 15.12

3. L.McKillop (RBH) 15.32

Teams: 1. Kembla 43 2. RBH 50 (McKillop, 5. A.Neville, O.Miley-Dyer, R.Howard)

U/20 6km. 1. R.Lowe (RBH) 21.55 2. J.Conder (St.G) 22.39 3. K.Conder (St.G) 22.52

14 JULY 2007 ANSW SHORT-COURSE CROSS COUNTRY – ABBOTSBURY

MALE OPEN 8.5km.

1. J.Hunt(RBH) 26.57 2.B.St.Lawrence (St.G) 27.31 3. A.Knox (RBH) 27.42

8. N.Cope (RBH) 28.30 (1st. O/35)

Teams: 1.1. RBH (Hunt,Knox,Cope, J.Farrelly 29.16, V.Kravchenko 29.51 J.Hurley 31.17) 2. St.G. 3. Asics Wests

M.Considine (RBH) 29.10 3rd. O/35

U/12 1.5km.: 1. P.Coles-Sinclair (Ill) 5.18 2. D.Akol (Suth) 3. J.Curran (RBH) 5.33

U/14 2km. 1. J.Davies (RBH) 6.52 2.L.Hargreaves (SA) 6.55 3. J.Stapleton (Parra) 7.05

U/16 3km. 1. J.Johnson (RBH) 9.57 2.M.Todd(Ryde) 9.57 3. J.Connor (Campletown) 10.18

U/18 5km. 1. C.Page (Gos) 16.17 2.H.Summers (RBH) 16.55 3. D.Ricketts (Blue Mts.) 17.05

U/20 5km. 1. B.Guest (Gos) 16.50 2. M.Rando (UTS Nth.) 17.03 3.C.McDonald (RBH) 17.07

FEMALE OPEN 5km.

1.A.Leadbeatter (Hunter) 18.49 2. B.Schipp (Hills) 19.32 3. L.Nicod (RBH) 19.42

Teams: 1. RBH (Nicod, 9.H.Cayzer 20.37 11. F.Flanery 20.59 13. G.Truscott 21.14) 2. Hills 3. Sydney Striders

U/18 3km. 1. H.Emery (Blue Mts.) 10.54 2. V.Wallington (St.G) 11.03 3. L.McKillop (RBH) 11.07

Teams: 1. RBH (McKillop, A.Neville 11.24, K.Colman 12.16,)

U/20 5km. 1.L.Tamsett (Syd.Uni) 18.21 2. R.Lowe (RBH) 18.59 3. B.Delaney (St/.G) 19.27



5 AUGUST 2007 ANSW ROAD RELAYS WOLLONGONG

Male Open: 4 x 4km. 1. RBH (N.Cope 11.47 J.Farrelly 12.08 A.Knox 11.46 J.Hunt 11.41) 47.22 2. Striders 47.47 3. St.G 47.50 (Fastest B.St.Lawrence St.G 11.24)

BTeams: 1. RBH 53.19 2. St. G. 54.23

C Teams: 1. RBH 56.18 2.. Kembla 60.19

U/20 : 1. RBH (A.Miller 13.11 C.McDonald 12.28 A.Laughlan-Bowlby 12.58 H.Summers 12.55) 51.32

Female Open: 4 x 4km. 1. RBH (G.Truscott 14.39 H.Cayzer 14.54 T.Bonesara 14.14 L. Nicod 14.38) 58.25 2. Suth. 58.34 3. Hil 60.35

U/20 1. RBH (R.Lowe 13.42 K.Coleman 14.57 K.Barlos 16.35 V.Robinson 15.44) 60.58

12 AUGUST 2007 SUN HERALD CITY TO SURF – SYDNEY

Winers of the “Ivan Curotta” Trophy-

Male: Jeffery Hunt 44.10

Female: Rebecca Lowe 52.24 (Rebecca was also first in the Female Open 16 -19 Age group)

1 SEPTEMBER 2007 AUSTRALIAN CROSS-COUNTRY CHAMPS. PERTH

Senior Men 12 km. 1st. J.Hunt (RBH) 37.10 2. B.St.Lawrence (St.G) 37.12
3. M.Dent 37.17

Boys 14/15 4km. 1st. J. Johnson (RBH) 12.48 2. S.Martyn (NSW) 12.49 3.
J.Connor (NSW) 12.51

Boys 11 yrs. 3km. 1st. M.NcDonald (RBH) 10.47 2. J.Young (Q/Id) 11.08
3. H.Paine (NSW) 11.10

Female 4km. 3rd. L Mckillop 14.12

23 SEPTEMBER 2007 NSW AND AUSTRALIAN MARATHON – SYDNEY

MALE:

1. Julius Maritim 2.14.37 2. Philip Muia 2.21.53 3. Nicholas Merga 2.24.21

4. Josplat Mwangi 2.25.49 (All Kenya) 5. Damon Harris 2.27.57

6. Jeremy Horne (RBH) 2.32.42 7. R.Gardiner 2.33.32 8. A.Tuckey 2.33.58
9. F.Kamani 2.40.08 10. M.Porta 2.40.07

14. Dimitri Kontopos (RBH) 2.41.37 1st. 35 – 39 Age.

FEMALE:

1. Naoko Tsuchiya (Japan) 2.43.09 2. Eliza Mayger (Darwin) 2.46.34 3. Verity Tolhurst (NSW) 2.52.13 4. **Heidi Cayzer (RBH) 2.57.20** 5. Joanne Parsons (NSW) 2.59.42 6. Stacey Pearson 3.04.59 7. Lisa Flint 3.06.24
8. Shelley Howes 3.09.57

NSW MARATHON

MALE: 2nd. Jeremy Horne (RBH)

FEMALE: Heidi Cayzer (RBH)

TEAMS: 1. St.george 32 **2.RBH (Horne,Kontopos,Cayzer)** 3. St.George B 333



TRACK AND FIELD REPORT



Season 2007/2008 finished as one of most exciting one not only because of our senior athletes but also thanks to some very promising performances by RBH juniors.

Jane Saville proved once again that she is our top athlete after she qualified for her fourth Olympics.

Bradley Woods was in a hunt of Olympic spot after running huge PB in Sydney. He went to US to chase qualifying time but wasn't that lucky (this time). Jeff Hunt was our another Olympics prospect but never properly recovered after illness in the middle of the season. In junior ranks there were some

remarkable achievements this season namely by Selma Kajan, Joshua Johnson, Hary Summers, Lauren McKillop and Kristy Colman.



One of the most memorable moments was 4x1500m race at State Relays. Bradley Woods , Jeff Hunt, Jeremy Roff and Jeff Farrelly (pictured left) broke Australian record - 15:17.91.

**Randwick Botany Harriers Track and Field Performance - Man
2007/2008 Season**

<i>Event</i>	<i>Wind</i>	<i>Name</i>	<i>Age</i>	<i>Place</i>	<i>Date</i>	<i>Venue</i>
60m						
8.06	0	Dean Taylor	44	3rd	27/10/2007	Bankstown
8.12	1.9	Andrew Kenny	15	17th	3/11/2007	Illawong
8.88	nwi	Bruce Green	65	1st	8/03/2008	SOPAC
9.76	-1.3	David Morris	71	2nd	8/03/2008	SOPAC
100m						
12.30	-1.7	Sam Marden	16	16th	6/10/2007	SOPAC
11.52	-1.8	James Roff	21	10th	24/11/2007	ES Marks
11.60	-3.8	Greg Jeloudev	17	3rd	24/11/2007	Bankstown
11.75	1.6	Joshua Green	19	6/H2	24/01/2008	SOPAC
11.76	-0.7	Joshua Green	19	11th	1/03/2008	Campbelltown
11.85	-1.8	Joshua Green	19	15th	23/02/2008	SOPAC
12.18	-1.6	Olabinri Tokunbo	46	23rd	17/02/2008	SOPAC
12.21	-1.7	Joshua Green	19	24th	17/02/2008	SOPAC
12.68	2.3	Andrew Kenny	15	10th	27/10/2007	Bankstown
12.81	1.9	Andrew Kenny	15	17th	3/11/2007	Illawong



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12.81	0.6	Andrew Kenny	15	24th	10/11/2007	SOPAC
13.06	-1.9	Dean Taylor	45	4th	17/02/2008	SOPAC
13.29	-4.2	Dean Taylor	45	5th	1/03/2008	Campbelltown
13.95	0.5	Bruce Green	66	4th	19/01/2008	SOPAC
14.08	3.8	Bruce Green	65	3rd	8/03/2008	SOPAC
14.27	1.2	Bruce Green	66	12th	17/02/2008	SOPAC
15.48	0.5	David Morris	71	2nd	8/03/2008	SOPAC
16.45	3.8	Ken Goldman	68	6th	8/03/2008	SOPAC

200m

22.60	0.7	James Roff	21	9th	24/11/2007	ES Marks
22.94	-0.3	Greg Jeloudev	18	5th/H2	2/02/2008	SOPAC
22.97	0.6	Greg Jeloudev	17	6th/H1	27/10/2007	SOPAC
24.14	0.1	James Beaver	15	9th	17/12/2007	SOPAC
24.18	0.7	James Beaver	15	1st	29/09/2007	SOPAC
24.37	-0.2	Tokunbo Olabinri	45	27th	17/12/2007	SOPAC
25.01	-3.1	Tokunbo Olabinri	45	18th	24/11/2007	ES Marks
25.16	-3.5	Sam Marden	16	11th	7/10/2007	SOPAC
25.87	-0.6	Dean Taylor	45	3rd	1/03/2008	Campbelltown
25.97	-0.4	Joshua Johnson	15	8th	24/11/2007	ES Marks
26.54	-0.9	Dean Taylor	45	1st/H3	2/02/2008	SOPAC
26.78	0.2	Dean Taylor	45	6th/H1	12/01/2008	SOPAC
35.21	0.8	Ken Goldman	68	3rd	8/03/2008	SOPAC
36.73	0.8	David Morris	71	2nd	8/03/2008	SOPAC

400m

49.22		James Roff	21	3rd	17/12/2007	SOPAC
50.69		Greg Jeloudev	17	1st	29/09/2007	SOPAC
1.22.91		Ken Goldman	68	4th	8/03/2008	SOPAC

800m

1.49.77		Bradley Woods	22	1st	19/01/2008	SOPAC
1.50.53		Jeremy Roff	25	3rd	2/02/2008	SOPAC
1.51.41		Jeremy Roff	24	1st	24/11/2007	SOPAC
1.52.37		Jeremy Roff	25	2nd	19/01/2008	SOPAC
1.52.57		James Hurley	21	11th	8/02/2008	SOPAC
1.53.36		James Hurley	21	3rd/H2	2/02/2008	SOPAC
1.53.62		Jeff Farrelly	25	3rd	24/11/2007	SOPAC
1.54.22		James Hurley	21	7th	19/01/2008	SOPAC
1.54.87		Jeff Farrelly	25	3rd	10/11/2007	SOPAC
1.54.97		James Hurley	20	9th	4/12/2007	Geelong
1.55.30		James Hurley	21	1st	12/01/2008	SOPAC
1.56.46		James Hurley	20	6th	24/11/2007	SOPAC
1.56.83		Joshua Johnson	15	7th	24/11/2007	SOPAC
1.57.21		Joshua Johnson	16	1st/H	23/02/2008	SOPAC
1.57.92		Harry Summers	18	7th	12/01/2008	SOPAC
1.58.02		Joshua Johnson	16	2nd	9/02/2008	SOPAC
1.58.16		Gary Howard	34	8th	12/01/2008	SOPAC
1.58.33		Harry Summers	17	10th	24/11/2007	SOPAC
1.59.38		Joshua Johnson	16	10th	12/01/2008	SOPAC
2.00.41		Gary Howard	33	14th	24/11/2007	SOPAC
2.00.44		Joshua Johnson	16	6th	24/02/2008	SOPAC
2.01.08		Gary Howard	33	8th	17/12/2007	SOPAC
2.01.17		Thomas Hurley	17	15th	24/11/2007	SOPAC



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2.06.99	Zachary Rea	14	2nd	10/11/2007	SOPAC
2.09.20	Zachary Rea	15	1st	23/02/2008	SOPAC
2.09.78	Zachary Rea	14	24th	24/11/2007	SOPAC
2.10.07	Edward Ovadia	21	5th/H3	2/02/2008	SOPAC
2.10.29	Gary Howard	34	25th	19/01/2008	SOPAC
2.10.64	Tim McGrath	24	26th	24/11/2007	SOPAC
3.24.56	Ken Goldman	68	4th	8/03/2008	SOPAC
1500m					
3.37.63	Bradley Woods	22	1st	16/02/2008	SOPAC
3.39.72	Jeremy Roff	25	5th	16/02/2008	SOPAC
3.40.08	Bradley Woods	22	3rd	21/02/2008	Melbourne
3.40.83	Bradley Woods	22	1st	24/01/2008	SOPAC
3.40.91	Bradley Woods	22	2nd/F	29/02/2008	Brisbane
3.41.14	Jeremy Roff	25	5th	21/02/2008	Melbourne
3.41.71	Bradley Woods	22	9th	5/04/2008	Stanford, US
3.42.21	Bradley Woods	22	2nd/F	9/02/2008	SOPAC
3.42.27	Jeremy Roff	25	3rd/F	9/02/2008	SOPAC
3.42.66	Jeremy Roff	25	3rd/F	29/02/2008	Brisbane
3.42.80	Jeremy Roff	24	2nd	13/12/2007	Melbourne
3.43.68	Jeremy Roff	25	2nd	24/01/2008	SOPAC
3.45.17	Jeff Farrelly	25	2nd	3/12/2007	SOPAC
3.45.21	Bradley Woods	22	2nd/H2	28/02/2008	Brisbane
3.45.88	Bradley Woods	22	2nd	2/02/2008	Brisbane
3.45.94	Bradley Woods	22	2nd	12/01/2008	SOPAC
3.48.85	Jeremy Roff	25	2nd/H1	28/02/2008	Brisbane
3.50.60	Jeremy Roff	25	2nd/H	9/02/2008	SOPAC
3.51.76	Bradley Woods	22	5th/H	9/02/2008	SOPAC
3.52.94	James Hurley	21	10th/H	9/02/2008	SOPAC
3.56.47	James Hurley	21	2nd/H2	24/01/2008	SOPAC
3.56.96	Harry Summers	18	3rd/H2	24/01/2008	SOPAC
3.58.30	Joshua Johnson	16	4th/H2	24/01/2008	SOPAC
3.58.37	James Hurley	21	10th/F	9/02/2008	SOPAC
3.59.35	Joshua Johnson	16	6th/F	14/03/2008	Gold Coast
4.00.00	Joshua Johnson	16	5th	24/01/2008	SOPAC
4.01.07	Joshua Johnson	16	5th/H2	14/03/2008	Gold Coast
4.01.57	Harry Summers	17	9th	3/12/2007	SOPAC
4.02.2h	Harry Summers	17	4th	3/11/2007	Mingara
4.02.84	Adam Laughlan-Bowlby	19	8th/H2	24/01/2008	SOPAC
4.03.88	Thomas Hurley	18	12/H2	24/01/2008	SOPAC
4.04.55	Joshua Johnson	15	11th	3/12/2007	SOPAC
4.05.04	Thomas Hurley	17	12	3/12/2007	SOPAC
4.06.2h	Joshua Johnson	15	5th	3/11/2007	Mingara
4.06.64	Adam Laughlan-Bowlby	19	8th/H2	14/03/2008	Gold Coast
4.08.1h	Thomas Hurley	17	7th	3/11/2007	Mingara
4.11.44	Adam Laughlan-Bowlby	19	12th	24/01/2008	SOPAC
4.15.22	Sean Ryan	18	16th	24/01/2008	SOPAC
4.15.78	Adam Laughlan-Bowlby	19	24th/H	9/02/2008	SOPAC
4.19.03	Anthony Ognjenovski	18	18th	24/01/2008	SOPAC
4.19.78	Sean Ryan	17	3rd	3/12/2007	SOPAC
4.19.81	Zachary Rea	14	1st	3/12/2007	SOPAC
4.23.51	Zachary Rea	15	1st	24/01/2008	SOPAC
4.24.19	Josh Davies	13	4th	3/12/2007	SOPAC
4.24.7h	Gary Howard	33	14th	3/11/2007	Mingara



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4.27.9h	Zachary Rea	14	DQ	3/11/2007	Mingara
4.29.62	Sam Strutt	16	1st	29/09/2007	SOPAC
4.30.00	Edward Ovia	21	13/H3	24/01/2008	SOPAC
4.30.60	Edward Ovia	21	11th	17/02/2008	SOPAC
4.32.16	Josh Davies	14	1st	1/03/2008	Campbelltown
4.32.54	Edward Ovia	20	24th	3/12/2007	SOPAC
4.35.5h	Edward Ovia	20	17th	3/11/2007	Mingara
4.52.78	Jordan Williams	14	4th	24/01/2008	SOPAC
4.55.47	Timothy Spehr	12	5th	24/01/2008	SOPAC
4.58.91	Jordan Williams	13	7th	3/12/2007	SOPAC
5.00.90	Timothy Spehr	11	6th	24/11/2007	SOPAC
5.01.03	Mohammad Alkhub	49	8th	3/12/2007	SOPAC
5.02.05	Mohammad Alkhub	50	4th	24/01/2008	SOPAC
5.05.66	Timothy Spehr	11	9th	29/09/2007	SOPAC
5.06.13	Timothy Spehr	11	9th	3/12/2007	SOPAC
5.16.7h	Mohammad Alkhub	49	7th	3/11/2007	Mingara
7.09.25	Ken Goldman	68	2nd	8/03/2008	SOPAC

3000m

7.59.26	Jeremy Roff	24	2nd	10/11/2007	SOPAC
8.01.94	Jeffrey Hunt	25	4th	10/11/2007	SOPAC
8.29.10	Chris McDonald	18	15th	10/11/2007	SOPAC
8.31.37	Andrew Knox	34	17th	10/11/2007	SOPAC
8.33.79	Christian Kemp	27	20th	10/11/2007	SOPAC
8.38.49	Harry Summers	17	22nd	10/11/2007	SOPAC
8.41.00	Joshua Johnson	15	12th	13/12/2007	Melbourne
8.47.47	Thomas Hurley	17	31st	10/11/2007	SOPAC
8.49.27	Thomas Hurley	17	16th	13/12/2007	Melbourne
8.50.24	Harry Summers	17	19th	13/12/2007	Melbourne
8.52.98	James Hurley	20	35th	10/11/2007	SOPAC
8.54.90	Joshua Johnson	15	37th	10/11/2007	SOPAC
9.10.37	Adam Laughlan-Bowlby	18	23rd	13/12/2007	Melbourne
9.12.82	Zachary Rea	14	53rd	10/11/2007	SOPAC
9.15.45	Josh Davies	13	55th	10/11/2007	SOPAC
9.23.05	Gary Howard	33	60th	10/11/2007	SOPAC
9.36.87	Edward Ovia	20	69th	10/11/2007	SOPAC
9.38.48	Anthony Ognjenovski	17	72nd	10/11/2007	SOPAC
9.47.00	Sean Ryan	17	2nd	17/12/2007	SOPAC
9.47.34	Gary Howard	33	6th	7/10/2007	SOPAC
9.58.84	Nicholas Mellick	15	81st	10/11/2007	SOPAC
10.37.32	Tim Spehr	11	90th	10/11/2007	SOPAC
10.49.69	Timothy Spehr	11	2nd	17/12/2007	SOPAC
10.59.37	Mohammad Alkhub	49	99th	10/11/2007	SOPAC
11.39.69	Peter Spehr	46	102th	10/11/2007	SOPAC

5000m

14.04.11	Jeffrey Hunt	25	1st	24/11/2007	ES Marks
14.29.96	Jeffrey Hunt	26	2nd	2/02/2008	SOPAC
14.41.96	Andrew Knox	34	4th	24/11/2007	ES Marks
14.53.22	Andrew Knox	35	7th	19/01/2008	SOPAC
14.54.34	Russell Stokes	39	4th	2/02/2008	SOPAC
15.00.44	Russell Stokes	39	10th	19/01/2008	SOPAC
15.00.70	Harry Summers	18	11th	19/01/2008	SOPAC
15.15.30	Christian Kemp	28	8th	2/02/2008	SOPAC



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15.16.04	Harry Summers	18	1st	23/02/2008	SOPAC
15.26.68	Adam Laughlan-Bowlby	19	4th	15/03/2008	Gold Coast
15.27.68	Christian Kemp	27	1st	27/10/2007	Bankstown
15.29.55	Adam Laughlan-Bowlby	19	2nd	23/02/2008	SOPAC
15.30.60	Adam Laughlan-Bowlby	19	12th	2/02/2008	SOPAC
16.09.81	Thomas Hurley	18	17th	2/02/2008	SOPAC
16.25.59	Dimitri Kontopos	38	4th/H2	2/02/2008	SOPAC
16.34.78	Gary Howard	34	1st	8/03/2008	SOPAC
16.55.00	Edward Ovadia	20	14th	24/11/2007	ES Marks
16.57.96	Gary Howard	33	4th	27/10/2007	Bankstown
17.03.48	Michael Chay	29	5th	27/10/2007	Bankstown
17.18.20	Edward Ovadia	21	24th	19/01/2008	SOPAC
17.51.04	Edward Ovadia	21	12th/H2	2/02/2008	SOPAC
18.26.46	Mohammad Alkhub	50	3rd	19/01/2008	SOPAC
18.39.22	Mohammad Alkhub	49	18th	24/11/2007	ES Marks
10000m					
29.34.73	Jeffrey Hunt	25	5th	13/12/2007	Melbourne
30.25.10	Andrew Knox	34	11th	13/12/2007	Melbourne
30.30.45	Russell Stokes	39	5th	9/02/2008	SOPAC
36.13.25	Edward Ovadia	21	16th	9/02/2008	SOPAC
Marathon					
2:32:42	Jeremy Horne	33	6th	23/09/2007	Sydney
2:33:49	Nicholas Cope	38	28th	7/10/2007	Chicago
2:41:37	Dimitri Kontopos	37	14th	23/09/2007	Sydney
3:45:18	Mohammed Alkhub	50	6600	13/04/2008	London
3:59:49	Mohammed Alkhub	49	2022	7/10/2007	Chicago
400m hurdles					
53.66	James Roff	21	2nd	17/12/2007	SOPAC
53.67	James Roff	22	2nd	12/01/2008	SOPAC
51.98	James Roff	22	3rd	26/01/2008	Canberra
56.86	Ramon Huber	20	1st	2/02/2008	SOPAC
52.49	James Roff	22	1st	9/02/2008	SOPAC
53.06	James Roff	22	3rd/H2	29/02/2008	Brisbane
53.63	James Roff	22	6th/H1	1/06/2008	Bedford
2000m steeple					
6.36.89	Anthony Ognjenovski	17	2nd	3/12/2007	SOPAC
6.45.24	Josh Davies	14	1st	5/01/2008	Campbelltown
3000m steeple					
8.41.37	Jeffrey Hunt	26	5th	16/02/2008	SOPAC
8.51.99	Jeffrey Hunt	26	2nd	9/02/2008	SOPAC
9.09.37	Jeffrey Hunt	26	6th	29/02/2008	Brisbane
10.59.69	Edward Ovadia	21	2nd	6/01/2008	Campbelltown
4x100m					
45.3	RBH		5th	17/11/2007	SOPAC
4x200m					



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1.36.21	Tokunbo Olabinri, James Roff, Gary Howard, Dean Taylor		12/H	17/11/2007	SOPAC
4x800m					
8.29.35	Edward Ovadia, Tim McGrath , James Roff, James Hurley		4th	17/11/2007	SOPAC
4x1500m					
15.17.91	Jeff Farrelly, Jeffrey Hunt, Bradley Woods, Jeremy Roff		1st	18/11/2007	SOPAC
High Jump					
1.95	James Bradley	22	1st	27/10/2007	Bankstown
1.90	James Bradley	23	4th	12/01/2008	SOPAC
1.35	Dean Taylor	44	2nd	27/10/2007	Bankstown
Long Jump					
3.45	-0.9 David Morris	71	1st	8/03/2008	SOPAC
2.91	-0.2 Ken Goldman	68	1st	8/03/2008	SOPAC
Triple Jump					
7.11	0.3 David Morris	71	1st	8/03/2008	SOPAC
5.16	-1.8 Ken Goldman	68	1st	8/03/2008	SOPAC
Javelin					
44.36	Aidan Anderson	15	2nd	24/02/2008	SOPAC
23.60	Dean Taylor	44	6th	24/11/2007	ES Marks
17.65	Ken Goldman	68	4th	8/03/2008	SOPAC
Shot Put					
8.56	Tom Mullins	77	1st	8/03/2008	SOPAC
5.23	Ken Goldman	68	1st	8/03/2008	SOPAC
Discus					
51.01	Aidan Anderson	15	1st	23/02/2008	SOPAC
21.45	Tom Mullins	77	3rd	8/03/2008	SOPAC
17.05	Ken Goldman	68	3rd	8/03/2008	SOPAC
Hammer					
27.0	Tom Mullins	77	1st	8/03/2008	SOPAC
9.16	Ken Goldman	68	3rd	8/03/2008	SOPAC



Jane Saville (number 4) at World Cup in Cheboksary

Randwick Botany Harriers Track and Field Performance - Woman 2007/2008 Season

<i>Event</i>	<i>Wind</i>	<i>Name</i>	<i>Age</i>	<i>Place</i>	<i>Date</i>	<i>Venue</i>
60m						
8.77	2.4	Jennifer Jansson	45	4th	3/11/2007	Illawong
100m						
12.46	0.2	Rebecca Irwin	24	1st	29/09/2007	SOPAC
12.93	NWI	Julie Forster	46	2nd	27/10/2007	Campbelltown
13.02	-1.7	Tavleen Singh	12	6th	24/11/2007	ES Marks
13.11	1.8	Tavleen Singh	12	8th	6/10/2007	SOPAC
13.30	1.8	Ellie Gillard	13	10th	6/10/2007	SOPAC
13.44	-0.7	Ellie Gillard	13	6th	29/09/2007	SOPAC
13.44	-3.7	Tavleen Singh	13	2nd	1/03/2008	Campbelltown
13.46	-1.7	Ellie Gillard	13	9th	24/11/2007	ES Marks
13.47	2.2	Anna White	16	10th	29/09/2007	SOPAC
13.63	-1.9	Genevieve McNamey	19	10th/H	23/02/2008	SOPAC
13.76	-3.7	Genevieve McNamey	19	17th	1/03/2008	Campbelltown
13.79	0.5	Genevieve McNamey	19	16th	19/01/2008	SOPAC
13.90	-1.7	Hannah Pembroke	15	10th	24/11/2007	ES Marks
13.90	NWI	Genevieve McNamey	19	23rd	17/02/2008	SOPAC
13.91	-3.7	Anna White	17	5th	1/03/2008	Campbelltown
13.94	NWI	Jennifer Jansson	45	4th	27/10/2007	Campbelltown
13.95	-0.7	Hannah Pembroke	15	16th	29/09/2007	SOPAC
14.02	2.4	Jennifer Jansson	45	4th	3/11/2007	Illawong
14.02	-0.3	Jennifer Jansson	46	1st	8/03/2008	SOPAC
14.19	-1.1	Jennifer Jansson	45	4th	24/11/2007	ES Marks



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14.20	2	Jennifer Jansson	46	1st	2/02/2008	SOPAC
14.42	-1.1	Jennifer Jansson	46	2nd	17/02/2008	SOPAC
14.47	-2.7	Hannah Pembroke	16	4th	17/02/2008	SOPAC
14.56	-2.4	Jennifer Jansson	45	3rd	5/01/2008	Campbelltown

200m

24.84	0.1	Rebecca Irwin	25	4th/F	10/02/2008	SOPAC
25.11	-0.8	Rebecca Irwin	25	5/H3	29/02/2008	Brisbane
25.17	-0.3	Rebecca Irwin	25	7th/B	29/02/2008	Brisbane
25.22	-2	Rebecca Irwin	25	8th/H	10/02/2008	SOPAC
25.26	1	Rebecca Irwin	24	5th	5/01/2008	Campbelltown
25.79	-0.8	Rebecca Irwin	24	1st	29/09/2007	SOPAC
26.24	-0.9	Tavleen Singh	13	1st	1/03/2008	Campbelltown
26.41	NWI	Julie Forster	46	2nd	27/10/2007	Campbelltown
27.07	-1.2	Anna White	17	5th	10/02/2008	SOPAC
27.16	0.3	Julie Forster	46	2nd	17/12/2007	SOPAC
27.24	-0.8	Selma Kajan	16	13th	24/11/2007	ES Marks
27.28	-0.8	Julie Forster	46	1st	29/09/2007	SOPAC
27.45	-0.9	Anna White	17	4th	1/03/2008	Campbelltown
27.49	-0.4	Tavleen Singh	12	6th	24/11/2007	ES Marks
27.54	-1	Ellie Gillard	13	8th	24/11/2007	ES Marks
27.95	-5.7	Ellie Gillard	13	7th	29/09/2007	SOPAC
28.01	-1.7	Lara Nicod	22	15th	24/11/2007	ES Marks
28.06	-5.7	Tavleen Singh	12	8th	29/09/2007	SOPAC
28.87	-1	Hannah Pembroke	15	12th	24/11/2007	ES Marks
28.89	0.3	Jennifer Jansson	45	6th	17/12/2007	SOPAC
29.03	1.1	Jennifer Jansson	46	1st	8/03/2008	SOPAC
29.13	NWI	Jennifer Jansson	45	3rd	27/10/2007	Campbelltown
29.39	-0.8	Jennifer Jansson	46	2nd	2/02/2008	SOPAC
29.46	-1.7	Amy Neville	17	17th	24/11/2007	ES Marks
29.49	-2.3	Jennifer Jansson	45	5th	24/11/2007	ES Marks
30.00	-1.5	Jennifer Jansson	46	4th	5/01/2008	Campbelltown
30.29	-1.6	Lauren McKillop	17	19th	24/11/2007	ES Marks

400m

54.68		Rebecca Irwin	24	1st/B	26/01/2008	Canberra
54.80		Rebecca Irwin	25	4th	17/02/2008	SOPAC
54.82		Rebecca Irwin	25	5th/F	10/02/2008	SOPAC
55.00		Rebecca Irwin	25	6th/H	10/02/2008	SOPAC
55.52		Rebecca Irwin	25	4/H3	28/02/2008	Brisbane
56.30		Rebecca Irwin	24	1st	19/01/2008	SOPAC
56.60		Rebecca Irwin	24	9th	12/01/2008	SOPAC
57.47		Selma Kajan	16	2nd	3/12/2007	SOPAC
59.70		Anna White	17	4th	10/02/2008	SOPAC
60.66		Anna White	17	4th	23/02/2008	SOPAC
1.00.87		Anna White	16	1st	12/01/2008	SOPAC
1.01.40		Anna White	16	2nd	29/09/2007	SOPAC
1.02.43		Anna White	17	1st	1/03/2008	Campbelltown
1.04.90		Ellie Gillard	13	4th	29/09/2007	SOPAC
1.05.06		Tavleen Singh	13	3rd	1/03/2008	Campbelltown
1.05.89		Julie Forster	46	2nd	5/01/2008	Campbelltown

800m

2.07.27		Selma Kajan	17	3	15/03/2008	Gold Coast
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2.07.45	Lara Nicod	23	8th	25/01/2008	Canberra
2.07.97	Lara Nicod	23	6th/F	29/02/2008	Brisbane
2.08.09	Lara Nicod	23	7th	16/02/2008	SOPAC
2.08.41	Selma Kajan	16	2nd	4/12/2007	Geelong
2.09.39	Lara Nicod	23	4th/H3	28/02/2008	Brisbane
2.10.05	Selma Kajan	16	2nd	24/11/2007	ES Marks
2.10.21	Lara Nicod	23	8th	12/01/2008	SOPAC
2.10.61	Selma Kajan	17	1/H2	14/03/2008	Gold Coast
2.10.90	Lara Nicod	22	4t	24/11/2007	ES Marks
2.11.18	Lara Nicod	23	7th/H	10/02/1988	SOPAC
2.11.27	Lara Nicod	23	3rd/F	11/02/1988	SOPAC
2.11.40	Lara Nicod	23	2nd	8/03/2008	SOPAC
2.11.64	Selma Kajan	17	8th/H	10/02/2008	SOPAC
2.11.86	Lara Nicod	23	1st	2/02/2008	SOPAC
2.11.90	Lara Nicod	22	3rd	10/11/2007	SOPAC
2.11.93	Lara Nicod	23	2nd	19/01/2008	SOPAC
2.12.30	Selma Kajan	17	1st	2/02/2008	Brisbane
2.12.35	Lara Nicod	22	1st	27/10/2007	Bankstown
2.14.21	Selma Kajan	17	3rd	23/02/2008	SOPAC
2.15.16	Amy Neville	17	2nd	12/01/2008	SOPAC
2.15.25	Amy Neville	18	4th	23/02/2008	SOPAC
2.17.22	Selma Kajan	17	6th/F	11/02/2008	SOPAC
2.17.30	Alexis McKillop	18	7th	19/01/2008	SOPAC
2.20.26	Selma Kajan	17	4th	17/02/2008	SOPAC
2.21.42	Amy Neville	17	8th	24/11/2007	ES Marks
2.22.0h	Lauren McKillop	17	6th	3/11/2007	Illawong
2.22.10	Lauren McKillop	17	9th	24/11/2007	ES Marks
2.25.05	Kristy Colman	16	6th	12/01/2008	SOPAC
2.25.27	Kristy Colman	16	10th	19/01/2008	SOPAC
2.27.86	Libby Hogan	16	3rd	6/10/2007	SOPAC
1500m					
4.25.31	Selma Kajan	16	7th	13/12/2007	Melbourne
4.25.89	Lara Nicod	22	8th	13/12/2007	Melbourne
4.29.02	Lara Nicod	23	5th	10/02/2008	SOPAC
4.29.65	Selma Kajan	17	4th	16/03/2008	Gold Coast
4.33.0h	Selma Kajan	16	1st	3/11/2007	Mingara
4.34.59	Selma Kajan	17	7th	10/02/2008	SOPAC
4.34.65	Lauren McKillop	18	4th	24/01/2008	SOPAC
4.34.73	Alexis McKillop	18	6th	12/01/2008	SOPAC
4.36.13	Lauren McKillop	17	4th	3/12/2007	SOPAC
4.36.36	Lauren McKillop	18	8th	16/03/2008	Gold Coast
4.36.72	Alexis McKillop	19	1st	24/02/2008	SOPAC
4.36.73	Heidi Cayzer	32	5th	3/12/2007	SOPAC
4.36.96	Alexis McKillop	19	5th	24/01/2008	SOPAC
4.37.94	Alexis McKillop	19	11th	16/03/2008	Gold Coast
4.40.32	Kristy Colman	17	2nd	24/02/2008	SOPAC
4.40.33	Amy Neville	18	3rd	24/02/2008	SOPAC
4.40.80	Alexis McKillop	19	9th	10/02/2008	SOPAC
4.43.10	Heidi Cayzer	32	1st	24/11/2007	Bankstown
4.43.51	Kristy Colman	17	1st	10/02/2008	SOPAC
4.43.61	Amy Neville	17	8th	3/12/2007	SOPAC
4.44.53	Kristy Colman	17	14th	16/03/2008	Gold Coast
4.46.40	Greta Truscott	29	9th	3/12/2007	SOPAC



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4.46.45	Lauren McKillop	17	8th	12/01/2008	SOPAC
4.46.46	Kristy Colman	17	6th	24/01/2008	SOPAC
4.47.19	Heidi Cayzer	32	7th	24/01/2008	SOPAC
4.50.4h	Greta Truscott	29	3rd	3/11/2007	Mingara
4.51.08	Greta Truscott	29	2nd	29/09/2007	SOPAC
4.54.76	Kristy Colman	16	10th	3/12/2007	SOPAC
5.00.23	Rachael Howard	15	3rd	23/02/2008	SOPAC
5.02.00	Kristy Colman	16	3rd	24/11/2007	Bankstown
5.06.2h	Kristy Colman	16	1st	3/11/2007	Mingara
5.10.31	Rachael Howard	15	2nd	24/01/2008	SOPAC

3000m

9.43.03	Selma Kajan	16	4th	10/11/2007	SOPAC
9.45.94	Lauren McKillop	18	4th	29/02/2008	Brisbane
9.48.65	Lauren McKillop	17	6th	13/12/2007	Melbourne
10.02.27	Heidi Cayzer	32	2nd	17/12/2007	SOPAC
10.04.61	Greta Truscott	29	11th	10/11/2007	SOPAC
10.07.85	Amy Neville	17	12th	10/11/2007	SOPAC
10.08.25	Heidi Cayzer	32	13th	10/11/2007	SOPAC
10.12.66	Alexis McKillop	19	6th	29/02/2008	Brisbane
10.14.79	Kristy Colman	16	11th	13/12/2007	Melbourne
10.18.70	Lauren McKillop	17	17th	10/11/2007	SOPAC
10.22.40	Kristy Colman	16	19th	10/11/2007	SOPAC
10.47.98	Rachael Howard	14	28th	10/11/2007	SOPAC
10.48.01	Kristy Colman	17	4th	2/02/2008	Brisbane

5000m

17.37.20	Lauren McKillop	18	5th	2/02/2008	SOPAC
18.08.29	Greta Truscott	29	2nd	24/11/2007	ES Marks
18.22.99	Alexis McKillop	19	9th	2/02/2008	SOPAC
18.29.71	Alexis McKillop	18	3rd	24/11/2007	ES Marks

10000m

37.22.12	Greta Truscott	29	5th	13/12/2007	Melbourne
37.37.46	Greta Truscott	30	4th	10/02/2008	SOPAC

Marathon

2.57.20	Heidi Cayzer	32	4th	23/09/2007	Sydney
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2000m St

7.23.88	Lauren McKillop	17	1st	3/11/2007	Illawong
7.09.1h	Alexis McKillop	18	1st	5/01/2008	Campbelltown

3000m St

10.54.52	Lauren McKillop	18	2nd	10/02/2008	SOPAC
10.57.97	Alexis McKillop	19	3rd	10/02/2008	SOPAC
11.02.17	Lauren McKillop	18	3rd	14/03/2008	Gold Coast
11.08.75	Alexis McKillop	19	4th	14/03/2008	Gold Coast
11.24.78	Alexis McKillop	19	1st	24/01/2008	SOPAC
13.04.18	Michelle Delany	19	3rd	14/03/2008	Gold Coast

3000m Walk

14.04.48	Natalie Saville	30	1st	12/01/2008	SOPAC
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5000m Walk

22.52.99	Natalie Saville	30	2nd	10/02/2008	SOPAC
23.52.85	Natalie Saville	30	1st	19/01/2008	SOPAC

20k Walk

1.29.27	Jane Saville	33	7th	10/05/2008	Cheboscary
1.32.50	Jane Saville	33	11th	5/04/2008	Rio Major
1.32.59	Jane Saville	33	6th	24/05/2008	Krakow
1.36.32	Natalie Saville	30	37th	10/05/2008	Cheboscary

Long Jump

5.20	2.9	Rachael Hardy	15	4th	23/02/2008	SOPAC
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Pole Vault

2.40	Jessie Driels	17	1st	12/01/2008	SOPAC
2.40	Jessie Driels	17	6th	10/02/2008	SOPAC
2.30	Jessie Driels	17	1st	19/01/2008	SOPAC
2.20	Jessie Driels	16	1st	27/10/2007	Campbelltown

4x800m

9.12.94	Amy Nevile, Heidi Cayzer, Alexis McKillop, Selma Kajan	2nd	17/11/2007	SOPAC
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4x1500m

19.28.87	Lauren McKillop, Kristy Coleman, Heidi Cayzer, Alexis McKillop	1st	18/11/2007	SOPAC
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Ken Goldman, one of our few veterans



Club Male Records (as at 31 March 2008)

100 m			
Senior	David Dworjanyn	10.47	1989
U20	Peter Gandy	10.3 h	1979
U18	Peter Gandy	10.3 h	1979
U16	Peter Gandy	11.0 h	1977
200 m			
Senior	Peter Gandy	20.66	1981
U20	David Dworjanyn	21.4 h	1987
U18	Stuart Miller, Brad Rees	21.5 h 21.5 h	1979 1979
U16	Peter Singleton	22.6 h	1972
400 m			
Senior	Darren Clark	44.38	1988
U20	Darren Clark	44.75	1984
U18	Peter Singleton	49.2 h	1974
U16	Peter Gandy	50.5 h	1977
800 m			
Senior	Paul Gilbert	1:45.59	1984
U20	Sharif Shockair	1:51.60	1994
U18	Strackan Barclay	1:54.22	1986
U16	Joshua Johnson	1:58.59	2007
1500 m			
Senior	Youcef Abdi	3:36.35	2002, 2003
U20	Greg Dunford	3:51.4	1976
U18	Tim McGrath	3:58.04	2000
U16	Joshua Johnson	4:02.28	2007
mile			
Senior	Youcef Abdi	3:56.23	2003
U20	Tim McGrath	4:18.5	2002
3000 m			
Senior	Youcef Abdi	7:54.31	2003
U20	Jeremy Roff	8:14.53	2002
U18	Chad Roberts	8.38.37	1996
U16	Joshua Johnson	8.41.00	2007
5000 m			
Senior	Allan Lawrence	13.54.2	1957
U20	Greg Dunford	14.26.6	1976
10000 m			
Senior	Allan Lawrence	28:53.6	1956
U20	Greg Dunford	30:01.2	1976
Half Marathon			
Senior	Nick Cope	65:54	2005
Marathon			
Senior	John Stanley	2:17:04	1983



110m Hurdles			
Senior	Warren Parr	13.88	1976
U20	Ken Elphick	14.3h	1969
U18	S. McIntyre	14.53	1988
U16 (100 m)	Ben Kirkby	13.43	1999
400m Hurdles			
Senior	Gary Knoke	49.3 h	1972
U20	Glenn McLaughlin	51.69	1981
U18 (84 cm)	David Misson	54.49	1983
U16 (200 m)	Clinton Sills	26.14	2005
3000m Steeple			
Senior	Youcef Abdi	8:21.98	2006
U20 (2000m, 91 cm)	Greg Dunford	5:38.6	1977
U18 (2000m, 91 cm)	Tim McGrath	6:40.3	1999
U16 (2000m, 76 cm)	Adam Laughlan-Bowly	6:34.4	2004
Long Jump			
Senior	Murray Tolbert	7.91 m	1972
U20	Jim McCann	7.53 m	1958
U18	C. Jackson	6.98 m	1977
U16	C. Hardy	6.29 m	1989
Triple Jump			
Senior	Mick McGrath	16.56 m	1975
U20	Stuart Parr	14.54 m	1976
U18	C. Jackson	13.75 m	1977
U16	C. Hardy	13.48 m	1989
High Jump			
Senior	Larry Sayers	2.15 m	1976
U20	Larry Sayers	2.15 m	1976
U18	Larry Sayers	2.05 m	1974
U16	C. Hardy	1.95	1989
Pole Vault			
Senior	Phillip Carrero	4.20 m	1977
U20	Frank Chapman	3.80 m	1973
U18	Not Claimed		
U16	Not Claimed		
Shot Put			
Senior	Warwick Selvey	17.35 m	1962
U20	Greg Farmer	14.70 m	1974
U18	Not Claimed		
U16	R. Salem	16.98 m	1992
Discus			
Senior	Wayne Martin	65.06 m	1979
U20	Peter Farmer	51.28 m	1970
U18	Greg Farmer	49.04 m	1970
U16	Greg Farmer	49.04 m	1970
Hammer			
Senior	Peter Farmer	75.90 m	1979
U20	Peter Farmer	65.96 m	1971
U18	Peter Farmer	55.16 m	1969



U16	Not Claimed		
Javelin			
Senior	A. Tzannes	60.36 m	1991
U20	A. Tzannes	60.36 m	1991
U18 (700 g)	A. Tzannes	54.44 m	1990
U16 (700 g)	Ben Kirkby	53.30	1999
3000m Walk			
Senior	D. Cox	12:50.4	1975
U20	Not Claimed		
U18	Not Claimed		
U16	Not Claimed		
5000m Walk			
Senior	B. Richardson	22:58.04	1991
U20	Not Claimed		
U18	Not Claimed		
U16	Not Claimed		
10k Walk			
Senior	Ron Crawford	47:19.8	1957
U20	Not Claimed		
U18	Not Claimed		
U16	Not Claimed		
20k Walk			
Senior	Ron Crawford	1:34:08	1964
U20	Not Claimed		
U18	Not Claimed		
U16	Not Claimed		
50k Walk			
Senior	Ron Crawford	4:24:20	1964
U20	Not Claimed		
U18	Not Claimed		
U16	Not Claimed		
Decathlon			
Senior	Geoff Jones	7165 pts.	1984
U20	Not Claimed		
U18	Not Claimed		
U16	Not Claimed		

Club Female Records (as at 31 March 2008)

100 m			
Senior	Michelle Dalrymple	11.94	2001
U20	Cathy Jeon	12.35	1987
U18	Tara Holt	12.52	2004
U16	Lisa Roberts	12.66	1997
200 m			
Senior	Michelle Dalrymple	24.02	2002
U20	Michelle Dalrymple	24.24	1997
U18	K. Wilson	25.51	1992
U16	Rebecca Irwin	25.78	1997



400 m			
Senior	Kaylene Coster	52.94	1984
U20	Rebecca Irwin	53.83	2002
U18	Rebecca Irwin	54.53	2000
U16	Rebecca Irwin	55.04	1998
800 m			
Senior	Kaylene Coster	2:00.2	1984
U20	Selma Kajan	2:07.27	2008
U18	Selma Kajan	2:07.27	2008
U16	Selma Kajan	2:09.75	2006
1500 m			
Senior	Elizabeth Rose (Miller)	4:17.1	1989
U20	Lara Tamsett	4:22.87	2006
U18	Claire Doyle	4:24.78	2007
U16	Claire Doyle	4:27.52	2006
mile			
Senior	Elizabeth Rose (Miller)	4:49.64	1989
3000 m			
Senior	Emily Bricachek	9:06.41	2006
U20	Emily Bricachek	9:06.41	2006
U18	Emily Bricachek	9:06.41	2006
U16	Claire Doyle	9:48.33	2006
5000 m			
Senior	Tiffany Levette	15:56.29	2005
U20	Rebecca Lowe	17:04.99	2007
10000 m			
Senior	Tiffany Levette	33:39.57	2004
Half Marathon			
Senior	Janelle Burgmann	1:18:07	2002
Marathon			
Senior	Janelle Burgmann	2:43.46	2002
100m Hurdles			
Senior	Bianca Debartolo	14.24	2003
	Tara Holt	14.24	2006
U20	Bianca Debartolo	14.24	2003
	Tara Holt	14.24	2006
U18 (76 cm)	Tara Holt	13.56	2005
U16 (90 m H)	Tara Holt	12.78	2003
400m Hurdles			
Senior	E. Aisbett	62.26	1991
U20	E. Aisbett	62.26	1991
U18	E. Aisbett	62.26	1991
U16 (200 m)	Tara Holt	29.74	2003
2000m Steeple			
U20 (91 cm)	Alexis McKillop	6:53.08	2006
U18 (91 cm)	Alexis McKillop	6:53.08	2006
U16 (76 cm)	Georgina Pembroke	7:48.9	2004
3000m Steeple			



Senior	Rebecca Lowe	10:49.17	2006
U20	Rebecca Lowe	10:49.17	2006
U18	Alexis McKillop	11:29.64	2006
Long Jump			
Senior	Cathy Jeon	6.01 m	1988
U20	Cathy Jeon	6.01 m	1988
U18	Cathy Jeon	6.01 m	1988
U16	Bianca Debartolo	5.63 m	2000
Triple Jump			
Senior	K. Wilson	11.97 m	1990
U20	K. Wilson	11.97 m	1990
U18	K. Wilson	11.97 m	1990
U16	Bianca Debartolo	11.62 m	2000
High Jump			
Senior	J. Sweetnam	1.78 m	1978, 79, 80, 81
U20	L. Rutter	1.75 m	1983
U18	L. Rutter	1.75 m	1983
U16			
Pole Vault			
Senior	Jessie Driels	2.40 m	2008
U20	Jessie Driels	2.40 m	2008
U18	Jessie Driels	2.40 m	2008
U16			
Shot Put			
Senior	Bianca Debartolo	11.61 m	2005
U20	Bianca Debartolo	11.10 m	2004
U18	Bianca Debartolo	10.49 m	2002
U16	Rhiannon Rae	10.29 m	1998
Discus			
Senior	Rhiannon Rae	42.39 m	1998
U20	Rhiannon Rae	42.39 m	1998
U18	Rhiannon Rae	42.39 m	1998
U16	Rhiannon Rae	42.39 m	1998
Hammer			
Senior			
U20			
U18			
U16			
Javelin			
Senior	Bianca Debartolo	38.59 m	2002
U20	Bianca Debartolo	38.59 m	2002
U18	Bianca Debartolo	38.59 m	2002
U16	Bianca Debartolo	38.47	2000
3000m Walk			
Senior	Jane Saville	12:27.74	1993
U20	Jane Saville	12:27.74	1993
U18	Natalie Saville	12:36.21	1995
U16			
5000m Walk			



Senior	Jane Saville	21:32.26	1997
U20	Natalie Saville	21:44.60	1996
U18	Natalie Saville	22:11.33	1995
U16			
10k Walk			
Senior	Jane Saville	41:15	1999
U20			
U18			
U16			
20k Walk			
Senior	Jane Saville	1:27:44	2004
U20			
U18			
U16			
Heptathlon			
Senior	Cathy Jeon	5258 pts.	1987
U20	Cathy Jeon	5258 pts.	1987
U18	Cathy Jeon	5258 pts.	1987
U16	Bianca Debartolo	4664	2000

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