

State Relays 2014

Written by Administrator
Monday, 27 October 2014 09:17

State Relays 2014



State Relays are to be held on 15th and 16th November at Sydney Olympic Park. Last year RBH entered 12 teams and we won 2 gold and 3 silver medals. This year we want to do better. We call all athletes to make themselves available for this competition.

State Relays are ideal lead-up competition before major season commence. It is rare opportunity to compete as a team.

More details about State Relays (including timetable and rules) is available [here](#) .

Please note that club will pay entry fee for every team and all you have to do is show up in your **club uniform** with your

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reggo bib

and compete well. Please try to be at Homebush track at least 70 min before race because we have to submit final team (in running order) 1 hour before race. We will be based around bay 10 at grand stand.

Sprint coach Leo Hollestelle kindly offered a training session to any of the men's or women's Open or U20 4 x 100m, 4 x 200m or 4 x 400m relay teams. This could be one training session before the meet and one on the day before the heat and/or final.

For all enquires about State Relays email us at info@rbharriers.com or ring Alija Kajan on 0403956477.

The list of available athletes (as at 14th Nov) is shown below.

U16 Boys 4 x 100m, Sun 12:32pm

Dylan Quirk (2205)

Declan Stupak-Horgan (2264)

Caleb Bruce-James (2273)

Nathan Vougdis (2257)

U16 Boys 4 x 200m, Sat 12:00pm

Dylan Quirk (2205)

Declan Stupak-Horgan (2264)

Caleb Bruce-James (2273)

Nathan Vougdis (2257)

U20 Boys, 4x800m, Sat 2:53pm

Patrick Elliot (2236)

Sam Byrne (2262)

Fraser Garland Barnes (2253)

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Stefan Music (2228)

U20 Boys, 4x1500m, Sun 3:04pm

Patrick Elliot (2236)

Sam Byrne (2262)

Hayden O'Neill (2272)

Stefan Music (2228)

Open Men, 4x100m, Sat 1:35pm

Lachlan Little (2192)

Dylan Quirk (2205)

Declan Stupak-Horgan (2264)

Nathan Vougdis (2257)

Open Man, 4x200m, Sun 10:00am

Caleb Bruce-James (2273)

Declan Stupak-Horgan (2264)

Nathan Vougdis (2257)

John Brann (2218)

Open Man, 4x400m, Sat 2:30pm, straight final

James Roff (2227)

Lachlan Little (2192)

John Brann (2218)

Declan Stupak-Horgan (2264)

Open Man, 4x1500m, Sun 3:29pm

Jeremy Roff (2196)

Joshua Wright (2250)

Jack Stapleton (2260)

Matt Cole (2254)

Men 120+ 4x800m, Sat 2:53pm

Roberto Spina (2215)

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David Spence (2255)
Neil Lynch (2230)
Sean O'Neill (2271)

Men 160+ 4x1500m, Sat 10:15am
Sean O'Neill (2271)
David Spence (2255)
Patrick O'Reilly (2199)
Mark Carmody (2240)

Men 200+, 4x1500m, Sun 2:34pm
Manu Sivaraj (2268)
Mark Carmody (2240)
Patrick O'Reilly (2199)
Roger Moresi (2244)

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U16 Girls 4x100m, Sat 1:50pm

Rachel Macculloch (2227)
Charlotte McGill (2211)
Mia Economou (2235)
Sharna Lea-Chandler (2208)

U16 Girls 4x200m, Sun 10:15am

Rachel Macculloch (2227)
Olivia Gracie (2241)
Mia Economou (2235)
Sharna Lea-Chandler (2208)

U18 Girls 4x200m, Sat 12:30pm

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Sharna Lea-Chandler (2208)
Emma Grand (2212)
Rose Lui (2267)
Mia Economou (2235)

Open Women 4x800m, Sat 10:55am
Lily Harding-Delooze (2220)
Amy Harding-Delooze (2219)
Georgian Evans (2265)
Katelyn Simpson (2237)

Open Women 4x1500m A, Sun 2:34pm

Katelyn Simpson (2237)
Georgian Evans (2265)
Amy Harding-Delooze (2219)
Lily Harding-Delooze (2220)

Open Women 4x1500m B, Sun 2:34pm

Audrey Amiya-Hall (37)
Julianne Broberg (2221)
Bethany Grace Scott (2234)
Ellen Kriedemann (2238)

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