

**State XC Relays 2018**

State relays are to be held at Miranda Park on Saturday 26th May. Traditionally our club participate at this competition with lot of success. Every year we try to put the best possible teams in every age group. In case we can't get you a team you can still run the first leg of the relay as individual runner.

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**Cross Country Relays** is fun event that caters for all age groups with teams comprising of 4 runners competing over distances of 4 x 2km, 4 x 3km and 4 x 4km.

All information, including timetable and course, can be found [here](http://www.nswathletics.org.au/Events/Calendar/ANSW-Club-Events/2018-waratah-series-relays)

Op<span style="font-size: 16px; font-family: verdana, geneva;">The club pays entry fees for every team, runners just have to show up in their club uniform (and their reggo bibs) and run fast. When you arrive to Miranda Park just look for our new gazebo tent. <br />We will be selling uniforms on the day if anyone need them, just see our uniform officer Rathy.</span></span></span></span></span></p> <p style="margin: 10px 0px; padding: 0px; border: 0px; outline: 0px; font-size: 14.1867px; font-family: Georgia, &quot;Times New Roman&quot;, Times, serif; line-height: 21.28px;"><span style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: medium;"><span style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: 16px;"><span style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: medium;"><span style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: 16px; font-family: verdana, geneva;">The list of runners who made themselves available for this competition is shown below (age and reggo in brackets). <br />Note that according to 2018 ANSW Winter Handbook: "Age for the purpose of all individual and team events in the Junior and Open divisions is determined by age as at 31st December of the competition year. <br />Age for the purpose of all masters individual and team events is determined by age as at the day of competition".</span></span></span></span></span></p> <p style="margin: 10px 0px; padding: 0px; border: 0px; outline: 0px; font-size: 14.1867px; font-family: Georgia, &quot;Times New Roman&quot;, Times, serif; line-height: 21.28px;"><span style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: medium;"><span style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: 16px;"><span style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: medium;"><span style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: 16px; font-family: verdana, geneva;">Our teams are no finalized and listed below. <br /><br />If you have any questions about teams or this competition please contact Alija Kajan, tel 0403 956477, email:<a href="mailto:alija.kajan@gmail.com" style="margin: 0px; padding: 0px; border: 0px; outline: 0px; color: #246da5;">alija.kajan@gmail.com</a></span></span></span></span></span></p> <p style="margin: 10px 0px; padding: 0px; border: 0px; outline: 0px; font-size: 14.1867px; font-family: Georgia, &quot;Times New Roman&quot;, Times, serif; line-height: 21.28px;"><table border="0"><tr><td><p><span style="font-size: medium;"><strong><span style="font-family: verdana, geneva;">Open Men 4 x 4km, 3:00pm<br /></span></strong></span><span style="font-family: verdana, geneva; font-size: medium;">Edward Vining (1812)<br />William Keir (3115)<br />Jeremy Roff (1762)<br />Kurt Fryer (1764)</span></p><p><span style="font-family: verdana, geneva; font-size: medium;">Charles McGrath (1787)<br />Drew Fryer (1763)<br /></span><span style="font-family: verdana, geneva; font-size: medium;">Sean Bowes (1773)<br /></span><span style="font-family: verdana, geneva; font-size: medium;">Martin Masford (3126)<br /></span><span style="font-family: verdana, geneva; font-size: medium;"></span></p><p><span style="font-family: verdana, geneva; font-size: medium;">Anthony Vlatko (1777)<br />Ben Revai (not registered)<br />Fraser Garland-Barnes (1765)<br /></span><span style="font-family: verdana, geneva; font-size: medium;">Richard Newell

(3140)</span></p> </td> <td> <p>◆</p> <p><span style="font-size: medium;"><span style="font-family: verdana, geneva;"><strong>Open Women, 4 x 4km, 1:35pm<br /></strong></span></span><span style="font-family: verdana, geneva; font-size: medium;">Lauren McKillop (1819)<br />Samantha King (1769)<br />Emily Hsu (1782)<br /></span><span style="font-family: verdana, geneva; font-size: medium;">Heidi Hunt (1822)</span></p> <p><span style="font-family: verdana, geneva; font-size: medium;"><br /><br /><br /><br /><br /><br /></span></p> <p>◆</p> <p><span style="font-size: medium;"><span style="font-family: verdana, geneva;"><br /></span></span></p> </td> </tr> <tr> <td><strong><span style="font-family: verdana, geneva;"><span style="font-size: medium;">Boys U16, 4 x 3km, 12:40pm </span><br /></span></strong><span style="color: #000000; font-family: verdana, geneva; font-size: medium;">Brodie Elbourne (1791)</span><span style="color: #000000; font-family: verdana, geneva; font-size: medium;"><br /></span><span style="color: #000000; font-family: verdana, geneva; font-size: medium;">Oliver Byrne (3137)<br /></span><span style="font-family: verdana, geneva; font-size: medium;">Max Russell (1790)</span><span style="font-family: verdana, geneva; font-size: medium;"><br /></span><span style="font-family: verdana, geneva; font-size: medium;">George Verco (3125)</span></td> <td><span style="color: #000000; font-size: medium;"><strong><span style="font-family: verdana, geneva;">Girls U16, 3km Individual, 12:40pm</span></strong></span><br style="color: #000000; font-size: 10px;" /><span style="font-size: medium;">Romi Burke (3128)<br /><br /><br /></span></td> </tr> <tr> <td> <p><span style="color: #000000; font-family: verdana, geneva; font-size: medium;"><br /></span></p> </td> <td><span style="font-size: medium;"><strong><span style="font-family: verdana, geneva;">Girls U18, 4 x 3km, 12:40pm</span></strong></span><br /><span style="font-family: verdana, geneva; font-size: medium;">Eleanor Miller (1767)</span><span style="font-family: verdana, geneva; font-size: medium;"><br /></span><span style="font-family: verdana, geneva; font-size: medium;">Paris Teir (40670)<br />Gabi Ibrahim (3134)<br />Kirsty Beatie (3139)<br /><br /></span></td> </tr> <tr> <td> <p><span style="font-size: medium;"><strong><span style="font-family: verdana, geneva;">Boys U14, 2km Individual, 12:00pm◆<br /></span></strong></span><span style="font-family: verdana, geneva; font-size: medium;">Benjamin Hickman (3141)<br /><br /><br /><br /><br /><br /><br /><br /><br /><br /></span></p> </td> <td> <p><span style="font-size: medium;"><strong><br /><span style="font-family: verdana, geneva;">Girls U14 A team, 4 x 2km, 12:00pm<br /></strong></span><span style="font-family: verdana, geneva; font-size: medium;">Grace Henry (3138)<br />Milly Boughton (40435)<br />Bronte Burke (1788)<br /></span><span style="font-family: verdana, geneva; font-size: medium;">Piper Simpson (3142)</span></p> <p><span style="font-family: verdana, geneva; font-size: medium;"><span style="color: #000000; font-family: verdana, geneva; font-size: medium; font-weight: 700;">Girls U14 B team, 4 x 2km, 12:00pm</span></span></p> <p><span style="font-family: verdana, geneva; font-size: medium;">Zara Trantalis (1817)<br /></span><span style="font-family: verdana, geneva; font-size: medium;">Manon Spinola (3132)<br /></span><span style="font-family: verdana, geneva; font-size: medium;">Helena Dogias (3144)<br /></span><span style="font-family: verdana, geneva; font-size: medium;">Zara Ibrahim (3135)</span></p> <p>◆</p> <p><span style="font-size: medium;"></span></p> </td> </tr> <tr> <td> <p><span style="font-size: medium;"><span style="font-family: verdana, geneva;"><strong><br />Boys U12, 4 x 2km, 12:00pm</strong><br /><span style="font-family: verdana, geneva;">Daniel Ibrahim◆ (3134)<br />Matthew Radvin (3127)<br />Julian Wiley

## XC Relays 2018

Written by Administrator

Wednesday, 16 May 2018 03:27

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(1780)<br /><span style="color: #222222; font-size: 12px;"><span style="font-size: medium;">Alexander Burke (1789)<br /><br /></span></span></span></span></p></td> <p><span style="color: #000000; font-size: medium;"><strong><span style="font-family: verdana, geneva;">Girls U12, 2km Individual, 12:00pm<br /></span></strong></span><span style="color: #000000; font-family: verdana, geneva; font-size: medium;">Rudi Blackley (3133)<br /><br /><br /></span><span style="font-family: verdana, geneva; font-size: medium;"><br /></span></p> </td> </tr> <tr> <td> <p><span style="font-size: medium;"><strong><span style="font-family: verdana, geneva;">Masters 45+, 4 x 4km, 3:00pm</span></strong></span><span style="font-family: verdana, geneva; font-size: medium;"><br /></span><span style="font-family: verdana, geneva; font-size: medium;">Manu Sivaraj (1797)<br /></span><span style="font-family: verdana, geneva; font-size: medium;">Jim Dawes (1800)<br />Patrick O'Reilly (3123)<br /></span><span style="font-family: verdana, geneva; font-size: medium;">Alija Kajan (1807)<br /><br />Individual/Reserve<br />Paul Feain (1801)</span></p> </td> <td><span style="font-size: medium;"> </span></td> </tr> <tr> <td> <p>◆</p> </td> <td><span style="font-size: medium;"> </span></td> </tr> <tr> <td><span style="font-size: medium;"> </span></td> <td><span style="font-size: medium;"> </span></td> </tr> </table>