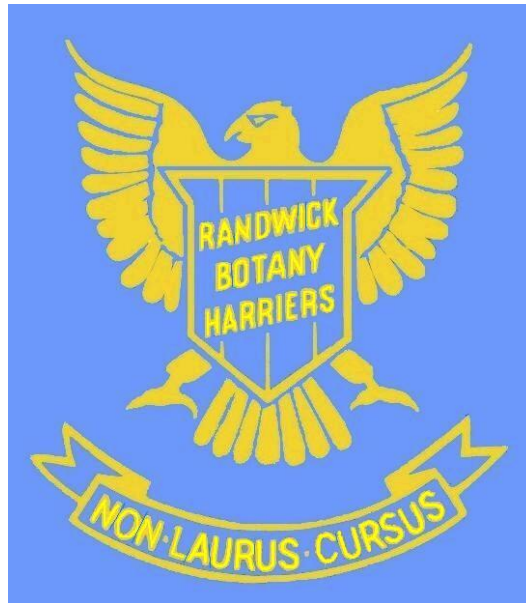


# **RANDWICK-BOTANY HARRIERS inc.**



## **25th ANNUAL REPORT AND FINANCIAL STATEMENT**

**FOR THE YEAR ENDING  
31st MARCH 2012**

**SEASON 2011-2012**

### **CLUB MOTTO**

"Non laurus cursus"  
[Not the laurel but the race]

<http://www.rbharriers.com>



RANDWICK - BOTANY HARRIERS inc.

Founded in 1959 by the amalgamation of Randwick-Kensington A.A.C.  
and the Botany Harriers [Est. 1907].

Merged with Randwick-Botany Women's A.A.C. in 1983

Incorporated as Randwick-Botany Harriers Inc, 1987



Affiliated with Athletics New South Wales

**Life Members**

R F Tuck	1915*	E F Magee	1947*	H Liu	1993*
J P Grinton	1918*	E J Winter	1948*	J Russell	1994
R Coombes	1919*	A A Henlsey	1953*	K Goldman	1994
C G Weyman	1921*	T S London	1953*	Mrs D Haar	1995*
A S Baldick	1921*	D Dickings	1954*	M Little	1995
J Siddins	1922*	J Howlin	1955*	N Ellison	1996
W F Siddins	1922*	C Devitt	1957*	M Rabbitt	1997
J J Walshe	1922*	W Dunn	1964	P Sandstrom	1997
J Chegwyn	1924*	G C Marshall	1965*	Mrs A Saville	2000
R C Corish	1926*	R E Cartwright	1971	H Stanley	2000
W Cartwright	1928*	L H Irwin	1975	A Kajan	2010
H H Hayden	1935*	A Southwood	1977*	S Williams	2010
G Hunt	1937*	P Arthur	1978	P Spehr	2010
C D Spicer	1938*	Miss T Bell	1978	Mrs J Saville	2010
C D Patterson	1938*	Mrs D Smith	1980	Mrs G McDarra	2010
H C Parker	1939*	Mrs J Norman	1982	P Piper	2010
C D Hensley AM	1940*	G Ryan	1983	B Butchart	2010
R Fazakerley	1946*	RJ Crawford OAM	1984	I Currota	2011
A G Hayes	1946*	K Morris	1993	Mrs G Spehr	2011
				K Green	2011

\*deceased

**Honorary Members**

A Lawrence, L Irwin, A Atkins, M Atkins, P Bell, T Endicott, R Wallace, R Saville,  
L Schaefer, B Burrige, R Newens, J Plummer.



## OFFICE BEARERS 2010/2011

### **President**

J Dawes

### **Vice Presidents**

A Kajan, B Arnol

### **Patrons**

Cr R Hoenig  
Cr B Notley- Smith  
M Daley MLA

### **General Secretary**

P Feain

### **General Treasurer**

M Considine

### **Registrar**

G Griffin

### **Track Coordinator**

Alija Kajan

### **Winter Coordinator**

M Carmody

### **Delegates to Athletics NSW**

R Crawford J Dawes

### **Male Captain**

J Hunt

### **Female Captain**

Tara Holt

### **Purchasing & Equipment**

R Crawford, M Rabbitt

### **Auditor**

P Spehr

### **Honorary Solicitor**

T Olabinri

### **Coaching Coordinator**

A Kajan

### **Publicity Committee**

M Rabbitt, A Kajan  
B Arnol

### **History & Statistics**

K Goldman, A Kajan

### **Medical Team**

M Kelly, Dr G Hazan  
G McDarra, M Feain

### **Web Master**

A Kajan

### **Uniform Officer**

B Arnol

### **Race Recorder & Handicapper**

M Rabbitt

### **Winter Race Registrar**

N Ellison

### **The Committee of Management**

Ron Crawford

Paul Feain

Jeffrey Hunt

Zachary Rea

James Dawes

Alija Kajan

Guy Griffin

Mark Carmody

Martin Considine

Brendan Arnol

Tess McKillop

Georges Hazan

**Committee of Management meetings are usually held on the 2<sup>nd</sup> Monday of each month and all members are welcome to attend as observers.**



## PRESIDENT'S REPORT



This year, Athletics NSW (ANSW) recognised Randwick-Botany Harriers as a “Gold Status” affiliated club, an improvement on our previous status (silver). As part of ANSW’s “Clubs on Track” review, this certification signifies status in membership, administration, competition, coaching, officiating and marketing.

We continued our proud tradition of representation at international championships, sending two athletes to the World Championships. Our junior membership has improved dramatically in size and quality: they dominated the ANSW Novice Championships, won a winter premiership and broke two state records. Our club brought interclub track and field competition to the Eastern Suburbs for the first time in years, and four of our members broke club records throughout the year.

Details are as follows:

- Jeff Hunt (marathon) and Steve Solomon (400m) competed at World Championships in Daegu, South Korea.
- Our women’s team won gold at the ANSW Novice and our men ran 4<sup>th</sup> (there are over 50 clubs in NSW).
- At the ANSW Road Relays in Wollongong, we entered 9 teams and won 6 medals - the under 14 girls setting a new course record.
- Our under 14 girls won the winter premiership, a massive 20 points ahead of second place.
- At the ANSW track relays, we won six gold medals and bettered the under 14 girls 4x1500m record, a record that had stood for 20 years.
- With ANSW, we co-hosted an interclub track meeting comprising 270 competitors at the new Hensley Athletic Track.
- New club records went to Harry Summers in the open men’s 5k (13m34.58s), Molly Blakey in the under 18 & under 16 girls 200m (25.31s), Lachlan Little in the under 18 long jump (7.06m) and Matilda Measday in the womens open, under 20, under 18 & under 16 pole vault (2.60m).

This year we began selling our uniforms via Athletic Edge, Randwick. This arrangement comes at no extra cost to the club, is easier for the committee to administer and members now have greater opportunity to fit uniforms.

Although our winter club runs began the season with healthy participation numbers, we have noticed a trend in numbers decreasing as the season progresses. In an effort to increase numbers, the committee has decided to trial morning runs, try a new course in Centennial Park and promote the runs at schools, triathlon/little athletic clubs and R4YL magazine.



To broaden our communication network, the club has opened Facebook and Twitter accounts. To help build camaraderie, the committee will organise Sunday long runs for all members.

With the calibre of juniors coming through the ranks, many ANSW records are surely at our mercy. If we can continue to retain these members in the future, a club premiership may be at our mercy also!

Thankyou all for your support and achievements this year.

Jim Dawes  
President

## SECRETARY'S REPORT



As secretary this year I took the minutes for the monthly meetings and gave as much support as possible to the president and other committee members. Thanks to Brendan Arnol who took minutes when I was unable to attend.

As secretary I wish to place on record my personal appreciation to Alija Kajan without whom this club would not function. His knowledge of athletics and his willingness to serve the RBH club are outstanding.

Jim Dawes does a lot of work behind the scenes attending meetings and keeping the club together.

Congratulations must go to Jeff Hunt for his outstanding achievements in marathon running and in his selection for the London Olympics.

Also Steve Solomon has achieved much for a young man and I congratulate him too. We are of course waiting with bated breath to see if he has also achieved selection for the Olympics.

My admiration goes out to all our high achieving athletes. The club as usual has had many fine performances.

Paul J Feain  
Club Secretary



## REGISTRAR'S REPORT



2012 has finally seen an upturn in numbers for RBH. While this is only very modest it is in the right direction and validates fostering of close ties with LA members. This is reflected in the age and great competitive talents that have emerged from both of the squads coached by club stalwarts Peter Spehr and Sean Williams.

	2012	2011	2010
Senior (12 month)	46	50	50
Winter only	13	10	11
Juniors to U20	44	53	56
Dual LAANSW	33	20	15
Officials & Coaches	12	13	14
Club Associates	14	13	13
	162	159	159

We have had a definite increase in the female to male ratio which now sits at 59 females to 103 males (previously 56 to 103). Many of the girls have come home with hardware from events and we are accruing the benefits of strong female teams.

With our prime events being the winter distance events more club members have chosen to only renew for the winter season as the most cost effective subscription type.

Randwick continues to be our prime source for members with 27 athletes using 2031 as their address. This is followed by Matraville / Little Bay (2036) with 13 and Maroubra with 12.

Many of our successes on the field can be attributed to dedicated coaches like Peter and Sean, teamed with prudent team selections from Alija Kajan. However, the energy that these guys consistently give to the club can only exist in a supportive environment so a lot of credit should also be given to Glenda Spehr, now a life member, Cindy King and Biba Kajan. Similarly Rathy deserves accolades for putting up with our president Jim.

Guy Griffin  
Club Registrar



## TREASURER'S REPORT

### As at 31 March 2012



Following the small loss of \$603 in the year to 31 March 2011, the club returned a small profit of \$1,564 in the year to 2012, growing our net assets to approximately \$63,000. Going forward the Committee will look to invest these assets so as to further the values and goals of the club and all its members, whatever their ability level might be.

The arrival of Considine # 4 has reduced my attendance at Committee meetings, and a special 'thank you' to the Committee for their understanding at this time. I look forward to contributing in person a little more often in future.

Thanks again to Spehry for auditing our financial statements in his usual no fuss manner!

Martin Considine  
Club Treasurer



## RANDWICK BOTANY HARRIERS Inc.

STATEMENT OF FINANCIAL POSITION  
*As at 31 March 2012*

<b><u>Current Assets</u></b>	
Cash at Bank	\$12,613.64
Uniforms	\$4,522.00
<b>TOTAL</b>	<b>\$17,135.64</b>
<b><u>Non Current Assets</u></b>	
Investments	\$45,912.97
Equipment	\$0.0
<b>TOTAL</b>	<b>\$45,912.97</b>
<b><u>Net Assets</u></b>	<b><u>\$63,048.61</u></b>
<b><u>Accumulated Funds</u></b>	
Retained Surplus start of year	\$61,484.56
Surplus arising	\$1,564.05
<b><u>Members' Equity end of Year</u></b>	<b><u>\$63,048.61</u></b>

STATEMENT OF FINANCIAL PERFORMANCE  
*For the year ended 31 March 2012*

<b><u>REVENUE</u></b>	
Registration & Club Fees	\$2,559.82
Club Runs	\$1,667.70
Interest Received	\$341.30
Fun Run Assistance	\$3,478.01
Assistance to Athletes	\$2000
Increase in Value of Investments	\$1,312.00
<b>TOTAL</b>	<b>\$11,358.83</b>
<b><u>EXPENDITURE</u></b>	
Sundries	\$1,235.92
Registration Fees	\$2,541.00
ANSW affiliation, race Fees and dinner	\$2,387.65
Club Runs	\$228.00
Bank Fees	\$163.80
Plaques & Trophies	\$376.50
Assistance to Athletes	\$500.00
Write-off of Equipment	\$1986.46
Write-off of Uniforms	\$375.45
<b>TOTAL</b>	<b>\$9,794.78</b>
<b><u>SURPLUS for the Year</u></b>	<b><u>\$1564.05</u></b>

BALANCE SHEET  
*As at 31 March 2012*

<b><u>Assets</u></b>	
Cash at Bank	\$12,613.64
Uniforms	\$4,522.00
Investments	\$5,912.97
<b>TOTAL</b>	<b>\$63,048.61</b>
Liabilities	\$0.00
<b><u>Excess of Assets over Liabilities</u></b>	<b><u>\$63,048.61</u></b>





**RANDWICK BOTANY HARRIERS Inc.**  
**GENERAL TREASURER'S ACCOUNT**  
**STATEMENT OF RECEIPTS and PAYMENTS**  
**For the year ended 31 March 2012**

<b>Receipts</b>		<b>Payments</b>	
Balance @ 31 March 2011		Sundries	\$1,235.92
Registration + Club Fees	\$10,717.13	Registration Fees	\$2,541.00
Uniforms	\$2,559.82	ANSW affiliation, race fees and dinner	\$2,387.65
Club Runs	\$1,572.55	Uniforms	\$2,290.00
Interest received	\$1,667.70	Club Runs	\$228.00
Fun Run assistance	\$341.30	Bank Fees	\$163.80
Assistance to Athletes	\$3,478.01	Plaques and Trophies	\$376.50
	\$2,000.00	Assistance to Athletes	\$500.00
		Balance Current	\$12,613.64
<b>TOTAL</b>	<b>\$22,336.51</b>		<b>\$22,336.51</b>



**Independent Audit Report To The Members Of  
Randwick-Botany Harriers Inc.**

**Year Ended 31<sup>st</sup> March 2012**

This letter confirms that I have audited the Financial Statements of Randwick-Botany Harriers Inc. (the Club) in accordance with Australian Auditing Standards.

Based on my discussions with the Club Treasurer and other officials regarding financial processes and controls, and my review of the financial documentation presented to me, it is my opinion that:

- a) The Financial Statements of the Club present a true and fair view of the:
  - i. Financial position as at the 31<sup>st</sup> March 2012, and the
  - ii. Financial performance for the financial year ended 31<sup>st</sup> March 2012, and
- b) The accounts are in accordance with Statements of Accounting Concepts and Applicable Accounting Standards.

**Dated 24<sup>th</sup> May 2012**

**Peter Wayne Spehr**

**Honorary Auditor**

**B Business (Accountancy) CPA CIA**



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## TRACK AND FIELD REPORT



2012, being an Olympic year, was always going to bring excitement. As we wait for the final Olympic team announcement we can proudly say that our club has at least one Olympian. Jeffrey Hunt (coached by Ken Green) is selected to represent Australia in the marathon. As Athletics Australia lowered the qualifying time to 2:12:00 Jeff was not in a good position after his 2:13:19 performance in Japan at the beginning of February. He decided to have another crack at the end of April in Germany. Bad pacing resulted in 2:14:19 and Jeff was left in a pretty vulnerable “at the selector’s discretion” category. Finally, in May, selectors decided to have 3 Aussies in the Olympic Marathon and Jeff was one of them.

Steven Solomon (coached by Fira Dvoskina), still junior, is another Olympic prospect. After winning Australian Open Championships in 45.54 (fastest Australian this year), Steve put himself in a very good position to be selected for 4x400m relay team. Steve is already selected to represent Australia at World Junior Championships. Sadly, we will lose him next season as he took scholarship with Stanford University.

This year also saw a rise of Harry Summers (coached by Sean Williams) who made a giant leap at 5000m and 10000m distances. Harry’s first signs of breakthrough season came at “Zatopek 10” where he lowered his 10000m personal best to 28:39.04 and claim 6<sup>th</sup> place in quite strong international field. He then lowered his 5000m to 13:34.58 in Hobart and finally at the end of April he came very close to Olympic qualifier with his brilliant run at Stanford where he clocked new club record of 28:13.23.

At World Masters Athletics Championships, held in Sacramento California in August 2011, Julie Forster became World 400m champion in W50 age category. She was also member of 4x400m Aussie winning team.

The other highlights on the track includes very good showing at State Track and Field Relays especially our U14 girls 4x1500m team (Georgia Evans, Amy Harding-Delooze, Lily Harding-Delooze and Dominica Lucas) who broke State record by nearly 6 seconds clocking fine 19:56.77.

This season there was a bunch of new club records:

5000m Open Male – Harry Summers, 13:34.58

10000m Open Male – Harry Summers, 28:13.23

Long Jump U18 Male – Lachlan Little, 7.06m

200m U16 & U16 Female – Molly Blakey, 25.31

High Jump U16 Female – Annabelle Parmegiani, 1.65m

Pole Vault U16, U18, U20 and Open Female – Matilda Measday, 2.60m

In the winter season our club came 7<sup>th</sup> for the Winter Club Trophy and in the Winter Premiership our best team was U14 girls who was so dominant and claimed first place with 60 points ahead of Sydney Strides with 24 points.



Our Open Men team was second behind Sydney University.

I really appreciate help from our club coaches especially Peter Spehr, Sean Williams and Ken Green. Without their input it would be impossible to properly put together all relay teams.

Alija Kajan



**ANSW WINTER CLUB TROPHY 2011**

Club	Novice X/C	Team Walks	X/C Relays	10K Road	Long XC	Short Walks	Road Relays	Short X/C	Long Walks	NSW Half Mara	NSW Mara	Total
BAN	22	-	224	303	266	-	244	282	-	283	20	1644
KEJ	49	-	297	212	305	-	305	228	-	20	-	1416
HIL	27	-	248	194	117	-	164	184	-	56	-	990
SSR	35	-	173	326	101	-	108	175	-	-	18	936
SUT	59	-	263	114	139	-	181	86	-	19	17	878
SGD	41	-	218	144	83	-	186	72	-	20	20	784
RBH	70	-	230	91	112	-	144	124	-	-	-	769
NOW	-	-	116	-	302	-	190	17	-	-	-	625
ILL	15	-	174	77	33	-	83	102	-	18	-	502
ASW	-	20	140	70	37	39	52	59	-	-	-	419
MIN	-	-	135	67	51	-	111	34	-	-	-	398
AEA	43	-	46	66	64	-	53	65	-	20	-	357
SYU	-	-	34	34	20	-	43	67	-	37	19	254
UTN	19	-	45	67	-	20	48	44	-	-	-	243
SYP	33	39	-	19	20	39	18	33	-	-	-	201
NEP	-	60	17	10	-	40	3	-	40	-	-	170
GIR	1	-	49	42	-	-	31	23	-	-	-	146
SS	-	-	17	20	15	20	-	-	59	-	-	131
CHB	-	-	49	19	-	-	-	18	-	-	-	86
CC	-	-	43	-	20	-	-	-	-	-	-	63
WES	-	-	16	-	17	-	20	-	-	-	-	53
BMA	-	-	-	-	-	20	-	20	-	-	-	40
WYO	-	-	20	-	-	-	-	-	-	-	-	20
GOS	-	-	-	-	-	20	-	-	-	-	-	20
PAR	-	-	-	-	-	-	-	-	20	-	-	20
SCO	-	-	-	16	-	-	-	-	-	-	-	16
IBS	-	-	11	-	-	-	-	-	-	-	-	11

**2011 ANSW WINTER PREMIERSHIP**

	Open M	Points	35+ M	Points	45+ M	Points	55+ M	Points	65+ M	Points
1	SYU	61	KEJ	37	HIL	58	HIL	69	BAN	72
2	RBH	39	SUT	36	SGD	53	BAN	57	SGD	19
3	BAN	36	SGD	26	BAN	22	NOW	14	SUT	15
4	SGD	32	ASW	16	KEJ	16	MIN	12		
5	SUT	13	AEA	15	MIN	11	GIR	7		

	U12M	Points	U14M	Points	U16M	Points	U18M	Points	U20M	Points
1	KEJ	42	KEJ	60	SSR	43	KEJ	21	MIN	24
2	HIL	29	NOW	31	ILL	37	MIN	12	ILL	12
3	RBH	24	SSR	30	RBH	18	ILL	12	SUT	12
4	SSR	21	ASW	8	ASW	18	RBH	9	BAN	9
5	NOW	11			KEJ	16	HIL	6	SGD	9

	Open F	Points	35+ F	Points	45+ F	Points	55+ F	Points
1	BAN	36	HIL	57	BAN	40	BAN	60
2	KEJ	29	AEA	33	SSR	24		
3	SYP	27	SGD	18	KEJ	22		
4	SSR	21	SUT	14	HIL	21		
5	SUT	13	NOW	12	MIN	21		

	U12F	Points	U14F	Points	U16F	Points	U18F	Points	U20F	Points
1	KEJ	57	RBH	60	KEJ	57	KEJ	33	HIL	21
2	SUT	23	SSR	24	SSR	34	HIL	16	KEJ	18
3	NOW	21	KEJ	20	ILL	30	CCR	12	MIN	18
4	SSR	21	ILL	12	WES	12	RBH	12	CHB	12
5	ASW	21	SUT	10	NOW	4	WYO	12	SSR	6



## **RBH Winter 2011 Results**

### **Novice Championships 2011**

#### **Invitational 10km**

20. Patt O'Reilly	44:05
26. Peter Spehr	47:18
30. Ranaan Viner	49:10
37. John McGrath	53:17
40. Georges Hazan	57:54
43. Paul Feain	61:27

#### **Novice Female 4km**

6. Amity Delaney	14:59
7. Hayley Arden	15:01
11. Georgia Evans	15:37
19. Tamara Viner	16:07
24. Jeniffer Scott	16:13
30. Lily Harding-Delooze	16:25
31. Amy Harding-Delooze	16:25
42. Tessa Herbert-Smith	16:56
55. Vida Robinson	17:49
58. Biba Kajan	18:03
66. Victoria Psaros	18:46
80. Helen Banks	20:44

#### **Invitational 2k**

15. Drew Fryer	7:24
20. Timothy Scott	7:37
25. Matthew Gerrard	7:50

#### **Novice Male 10k**

15. Sam Strutt	35:55
28. Sam Gottlieb	37:35
34. Ben Adler	38:22
39. Matthew Murdoch	39:03
43. Joel Xuereb	39:30
59. Paul Rider	41:28
64. Tim Spehr	42:07
82. David Hazan	48:07

#### **Invitational 4k**

8. Mark Kopelowitz	13:22
11. Sean O'Neill	13:28
16. Hayden O'Neill	13:49
23. Matthew Scott	14:15
24. Kurt Fryer	14:22
30. Tom Scullion	14:39
40. Samantha King	15:05
42. Connor O'Sullivan	15:11
46. Christopher O'Brien	15:27
55. Daniel Hazan	15:47
102. Michael Delaney	19:14



## NSW Road Championships 2011

### 10km - Male

3. Harry Summers	30:18
20. Nick Cope	31:53
22. Frank Torok	32:07
67. James Dawes	34:29
76. Sam Strutt	34:52
78. Manu Sivaraj	34:55
177. Joel Xuereb	37:52
223. Matthew Murdoch	39:20
275. Patrick O'Reilly	40:48
297. Warren Williams	41:31
307. Guy Griffin	41:46

### 10km Open Female

8. Michelle McAdam	35:52
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### 5k Fun Run

3. Selma Kajan	18:08
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### 5km U18 Male

3. Marc Copelowitz	16:57
6. Jordan Williams	17:36

### 5km U18 Female

7. Amity Delaney	19:17
14. Vida Robinson	22:07

### 5km U16 Male

6. Hayden O'Neill	17:17
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### 5km U20 Female

6. Rachel Howard	20:08
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### 2.5k U12 Male

8. Luke Gosper	10:41
----------------	-------

### 2.5km- U12 Female

1. Georgia Evans	8:45
2. Amy Harding-Delooze	8:55
3. Gabby Mastroianni	8:56
4. Lily Harding-Delooze	9:11



*U12 teams after winning the gold:  
Sebastien Moir, Ellen Kriedman, Greg Klugman and Drew Fryer*

### **Cross Country Relays, Miranda, 28 May 2011**

#### **U14 Female 1st**

1 Samantha King	07:03	07:03
2 Georgia Evans	07:16	14:19
3 Amy Harding-Delooze	07:15	21:34
4 Lily Harding-Delooze	07:27	29:01

#### **U12 Male 1st**

1 Gregory Klugman	07:25	07:25
2 Drew Fryer	07:25	14:50
3 Ellen Kriedman	07:38	22:28
4 Sebastien Moir	07:16	29:44

#### **35+ Male 12th**

1 James Dawes	12:30	12:30
2 Patrick O'Reilly	16:40	29:10
3 Michael Delaney	18:18	47:28
4 John McGrath	19:56	67:24

#### **Open Male 'B' 14th**

1 Francis Torok	12:05	12:05
2 Daniel Keating	14:48	26:53
3 Joel Xuereb	14:20	41:13
4 Matthew Murdoch	14:36	55:49

#### **U16 Female 4th**

1 Tamara Viner	11:50	11:50
2 Gabrielle Vanderham	12:21	24:11
3 Gabby Mastroianni	11:27	35:38
4 Victora Psarros	13:04	48:42

#### **Open Female 2nd**

1 Selma Kajan	15:02	15:02
2 Michelle McAdam	14:36	29:38
3 Amity Delaney	15:25	45:03
4 Audrey Amiya-Hall	15:09	60:12

#### **Open Male 'A' 1st**

1 Anthony Craig	11:43	11:43
2 Liam Ridings	12:22	24:05
3 Jeffrey Hunt	11:21	35:26
4 Jeremy Roff	11:10	46:36

#### **Individual Open Male**

Barton McPherson	12:18
------------------	-------





### Long Course Cross Country, Nowra, 25 June 2011

#### U12 Female

3. Ellen Kriedmann 7:50

#### U14 Male

6. Kurt Fryer 10:33  
20. Finn Mergler 11:07  
26. Daniel Hazan 11:54

#### U14 Female, 1st

2. Dominica Lucas 10:45  
3. Samantha King 10:50  
8. Amy Harding-Delooze 11:17  
10. Lily Harding-Delooze 11:31  
13. Manon Wilson 11:45

#### U16 Female

12. Tamara Viner 17:23  
14. Hayley Arden 17:25

#### U16 Male, 1st

1. McDonald, Morgan 13:35  
9. Tim Spehr 14:38  
14. Hayden O'Neill 14:53  
19. Conor O'Sullivan 15:22  
29. Sam Gottlieb 16:13  
30. Christopher O'Brien 16:15  
33. Hugh Gottlieb 16:30

#### U18 Female

5. Amity Delaney 16:23

#### U18 Male, 1st

8. Nathan Derriman 20:35  
9. Kriedmann, Mark 20:51  
11. James King 21:07  
14. Kopelowitz, Marc 21:38  
18. Jordan Williams 22:13

#### U20 Female

7. Audrey Amiya-Hall 24:48  
8. Rachel Howard 24:55

#### U20 Male

5. Zachary Rea 30:43

#### Open Male

1. Carter, Courtney 38:26

#### 40+ Male

6. James Dawes 47:38

#### 45+ Male

2. Manu Sivaraj 48:14  
11. Patrick O'Reilly 55:15

#### 55+ Male

12. John McGrath 46:14

#### 60+ Male

17. Paul Feain 51:56



### **NSW Road Relays, Wollongong, 9 July 2011**

U12 Male 4x2k, 1st	29:37
Sebastien Moir	06:53
Harrison Stockdale	07:39
Drew Fryer	07:23
Gregory Klugman	07:42

U14 Female 4x2k 1st	28:39
Georgia Evans	06:59
Amy Harding-Delooze	07:03
Lily Harding-Delooze	07:22
Dominica Lucas	07:15

U16 Male 4x3k 3rd	42:01
Tim Spehr	09:46
Chris O'Brien	11:09
Fin Mergler	10:46
Kurt Fryer	10:20

U18 Female 4x3k 1 <sup>st</sup>	44:31
Gabbi Mastroianni	11:15
Gabbi Vanderham	11:38
Amity Delaney	11:09
Megan Isbester	10:29

Open Male A team 4x4k 1 <sup>st</sup>	46:58
Keith McPherson	12:19
Harry Summers	11:10
Courtney Carter	11:58
Jeffrey Hunt	11:31



Open Male B team 4x4k 8 <sup>th</sup>	50:44	35+ Male B team 4x4k 9 <sup>th</sup>	1:01:43
Liam Ridings	12:14	Manu Sivaraj	13:25
Bart McPherson	12:41	Peter Spehr	16:01
Francis Torok	12:37	Michael Delaney	18:30
Sam Strutt	13:12	Dani Anders	13:47
Open Male C team 4x4k 20 <sup>th</sup>	1:06:35	45+ Male 4x4k 8 <sup>th</sup>	1:10:17
Matthew Murdoch	14:01	Peter Spehr	16:28
Rachel Howard	15:35	Alija Kajan	16:17
Biba Kajan	18:40	Guy Griffin	17:38
Michael Delaney	18:19	John McGrath	19:54
35+ Male A team 4x4k 2 <sup>nd</sup>	55:12	Fun Run 3k	
Sean O'Neill	13:14	4. Murray King	11:55
Manu Sivaraj	13:44		
James Dawes	13:32		
Roger Moresi	14:42		

### NSW Short Course Cross Country, UpJohn Park, 30 July 2011

#### U12 Male 1.5k

1. Sebastien Moir	5:06
5. Drew Fryer	5:30
7. Max Freer	5:34

#### U14 Female 2.5k

2. Georgia Evans	9:08
3. Amy Harding-Delooze	9:24
5. Lily Harding-Delooze	9:30
6. Gabby Mastroianni	9:35
7. Manon Wilson	9:52

#### U14 Male 2.5k

4. Kurt Fryer	8:47
7. Finn Mergler	8:59

#### U16 Female 2.5k

19. Vanderham, Gabrielle	10:29
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#### U18 Female 2.5k

3. Amity Delaney	9:14
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#### U16 Male 2.5k

6. O'Sullivan, Conor	8:21
25. Chris O'Brien	9:38

#### Open Female 5k

13. Selma Kajan	20:21
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#### U18 Male 5k

11. Williams, Jordan	19:17
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#### U20 Male 5k

11. Matthew Murdoch	19:37
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#### U20 Female 5k

5. Audrey Amiya-Hall	19:43
9. Rachel Howard	21:59

#### Open Male 7.5k

2. Carter, Courtney	23:43
6. McPherson, Barton	24:20

#### 40+ Male 7.5k

2. James Dawes	27:54
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#### 45+ Male 7.5k

2. Sivaraj, Manu	28:11
10. Patrick O'Reilly	32:16
12. Paul Rider	32:18
20. Peter Spehr	36:47

#### 50+ Male 7.5k

14. Warren Williams	32:00
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#### 55+ Male 5k

17. John McGrath	26:33
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*Steven Solomon winning 400m semi at Australian Open Championships in Melbourne*

**Randwick Botany Harriers Track and Field Performance - Men  
2011/2012 Season**

<i>Event</i>	<i>Wind</i>	<i>Name</i>	<i>Age</i>	<i>Place</i>	<i>Date</i>	<i>Venue</i>
<b>60m</b>						
7.20	0.8	Lachlan Little	17	1st/H5	3/03/2012	SOPAC
7.29	NWI	David Buckland	16	1st/H2	29/10/2011	Illawong
7.32	0.5	David Buckland	17	1st/U20	14/01/2012	SOPAC
7.33	-1.9	Lachlan Little	17	1st	7/03/2012	Blacktown
7.37	NWI	Lachlan Little	16	2nd/H2	29/10/2011	Illawong
7.45	0.4	Lachlan Little	17	3rd/U20	14/01/2012	SOPAC
8.03	0.0	Drew Walker	28	4th	29/10/2011	Mingara
8.35	NWI	Dean Taylor	48	2nd/35+	29/10/2011	Illawong
8.76	0.4	Michael Delaney	43	14th/35+	14/01/2012	SOPAC
wind assisted						
7.18	3.3	David Buckland	17	1st/H2	3/03/2012	SOPAC
8.25	4.4	Dean Taylor	49	9th/H4	3/03/2012	SOPAC



## 2011–2012 Annual Report

### 100m

11.25	0.2	David Buckland	16	1st	13/10/2011	SOPAC
11.27	0.0	David Buckland	16	7th	3/12/2012	Brisbane
11.30	0.0	David Buckland	16	8th	3/12/2012	Brisbane
11.34	1.1	David Buckland	17	2nd/H1	13/02/2012	SOPAC
11.38	0	David Buckland	16	3rd/H1	13/10/2011	SOPAC
11.39	-0.5	Lachlan Little	17	3rd	13/02/2012	SOPAC
11.45	0.0	David Buckland	17	2nd	24/01/2012	Cambelltown
11.46	-0.5	David Buckland	17	4th	13/02/2012	SOPAC
11.46	-0.5	Lachlan Little	17	1st/H2	13/02/2012	SOPAC
11.47	0.5	David Buckland	17	5th/U20	19/01/2012	SOPAC
11.48	-1.5	Lachlan Little	17	1st/H1	7/03/2012	Blacktown
11.55	0.2	Lachlan Little	16	6th	13/10/2011	SOPAC
11.57	-0.2	Lachlan Little	16	3rd/H2	13/10/2011	SOPAC
11.61	0.0	Lachlan Little	17	3rd	24/01/2012	Cambelltown
13.08	-1.3	Drew Walker	28	6th/H3	22/10/2011	Narrabeen
13.29	1.1	Michael Delaney	43	3rd/H3	6/01/2012	Illawong
13.31	-0.3	Dean Taylor	49	20th	22/03/2012	SOPAC
13.34	NWI	Dean Taylor	49	7th/H4	23/02/2012	SOPAC
13.52	0.4	Michael Delaney	42	13th/Div1	30/12/2011	Illawong
13.62	1.1	Michael Delaney	43	5th/H2	4/02/2012	SOPAC
13.72	NWI	Michael Delaney	42	13th/35+	17/12/2011	SOPAC
13.73	-1.6	Dean Taylor	49	7th/H4	10/03/2012	SOPAC
13.75	1.1	Louis Dennison	13	2nd/H2	26/05/2012	Illawong
16.93	0.0	Daniel Jennings	15	7th/H8	10/03/2012	SOPAC
17.22	1.1	Daniel Jennings	15	7th/H3	6/01/2012	Illawong

### wind assisted

11.09	5.2	David Buckland	16	1st/U17	5/11/2011	Hensley
11.10	5.4	Lachlan Little	16	2nd/H1	26/11/2011	Cambelltown
11.29	2.7	David Buckland	17	7th/H1	4/02/2012	SOPAC
17.14	4.3	Daniel Jennings	14	35th/U17	5/11/2011	Hensley
17.77	2.9	Ken Goldman	71	9th/50+	5/11/2011	Hensley

### 200m

22.16	2.0	David Buckland	16	2nd	14/10/2011	SOPAC
22.19	0.9	David Buckland	17	6th	15/03/2012	SOPAC
22.32	-0.2	David Buckland	17	1st/H1	15/03/2012	SOPAC
22.36	0.2	David Buckland	17	3rd	3/03/2012	SOPAC
22.42	1.2	Lachlan Little	17	4th	14/02/2012	SOPAC
22.44	1.3	David Buckland	16	6th	4/12/2012	Brisbane
22.50	0.9	David Buckland	16	1st/H2	14/10/2011	SOPAC
22.67	2.0	Lachlan Little	16	5th	14/10/2011	SOPAC
22.69	-0.9	David Buckland	17	5th/H1	4/02/2012	SOPAC
22.71	0.0	David Buckland	17	3rd	24/01/2012	Campbelltown
22.72	-1.8	David Buckland	17	1st/H2	14/02/2012	SOPAC



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22.82	0.2	David Buckland	17	1st/U20	14/01/2012	SOPAC
22.92	0.9	Lachlan Little	16	3rd/H2	14/10/2011	SOPAC
23.36	-1.4	David Buckland	16	1st/H1	29/10/2011	Illawong
23.80	0.1	Lachlan Little	17	8th/U20	14/01/2012	SOPAC
27.54	0.0	Dean Taylor	49	41st	3/03/2012	SOPAC
28.18	0.0	Michael Delaney	42	10th/Div1	30/12/2011	Illawong
28.23	NWI	Michael Delaney	43	16th/35+	14/01/2012	SOPAC
28.36	0.5	Michael Delaney	43	5th/H2	4/02/2012	SOPAC
wind assisted						
22.73	2.3	Lachlan Little	17	1st/H3	14/02/2012	SOPAC
<b>400m</b>						
45.54		Steven Solomon	19	1st	15/04/2012	Melbourne
45.80		Steven Solomon	19	1st	8/06/2012	Brisbane
45.99		Steven Solomon	19	1st	16/03/2012	SOPAC
46.19		Steven Solomon	19	1st/H1	15/03/2012	SOPAC
46.26		Steven Solomon	19	2nd	11/02/2012	Perth
46.29		Steven Solomon	19	1st/H1	2/03/2012	Melbourne
46.37		Steven Solomon	19	3rd	3/03/2012	Melbourne
46.58		Steven Solomon	19	1st/S2	14/04/2012	Melbourne
46.67		Steven Solomon	19	7th	18/02/2012	SOPAC
48.38		Steven Solomon	19	2nd/H2	13/04/2012	Melbourne
49.35		Jack Hiscox	17	1st/H2	16/03/2012	SOPAC
49.38		James Roff	25	8th	10/12/2011	Bankstown
49.95		Jack Hiscox	17	2nd	14/02/2012	SOPAC
50.30		Jack Hiscox	17	1st/H2	13/02/2012	SOPAC
50.82		Lachlan Little	16	1st/H1	26/11/2011	Cambelltown
50.91		Jack Hiscox	16	3rd	15/10/2011	SOPAC
50.99		Jack Hiscox	16	8th	17/03/2012	SOPAC
51.21		Jack Hiscox	16	3rd/H1	14/10/2011	SOPAC
51.59		Jack Hiscox	17	1st/H1	7/03/2012	Cambelltown
56.63		Tim Spehr	15	9th/U17	5/11/2011	Hensley
63.04		Drew Walker	28	7th/H2	22/10/2011	Narrabeen
68.25		Michael Delaney	42	10th/Div1	30/12/2011	Illawong



*Young Jack Stapleton had a brilliant track season*

**800m**

1.54.77	Jack Hiscox	17	1st	17/03/2012	SOPAC
1.55.22	Jack Hiscox	17	1st/H1	16/03/2012	SOPAC
1.55.30	Jack Hiscox	16	6th	3/12/2012	Brisbane
1.55.40	Jack Stapleton	17	7th	4/02/2012	SOPAC
1.55.85	Jack Hiscox	17	1st	13/02/2012	SOPAC
1.55.61	Jack Hiscox	17	1st	24/01/2012	Cambelltown
1.55.76	Jack Hiscox	16	1st	14/10/2011	SOPAC
1.56.89	Jack Hiscox	17	11th	4/02/2012	SOPAC
1.57.34	Jack Stapleton	17	7th	14/01/2012	SOPAC
1.57.65	Jack Hiscox	17	1st/H2	15/03/2012	SOPAC
1.58.32	Jack Stapleton	16	12th	17/12/2011	SOPAC
1.59.08	Gary Howard	38	18th	31/03/2012	SOPAC
1.59.75	Gary Howard	38	2nd	22/03/2012	SOPAC
1.59.85	Liam Ridings	22	3rd	22/03/2012	SOPAC
2.00.15	Gary Howard	38	20th	3/03/2012	SOPAC
2.00.72	Jack Hiscox	17	3rd	12/02/2012	SOPAC
2.02.57	Morgan McDonald	15	1st	8/10/2011	SOPAC
2.03.45	Jack Hiscox	16	3rd	13/10/2011	SOPAC
2.04.01	Sam Gottlieb	16	28th	3/03/2012	SOPAC
2.04.02	Connor O'Sullivan	16	2nd/U17	14/01/2012	SOPAC
2.04.19	Patrick Elliot	16	3rd/U17	17/12/2011	SOPAC
2.04.93	Sam Gottlieb	16	14th	12/02/2012	SOPAC
2.05.21	Gary Howard	37	2nd/35+	17/12/2011	SOPAC
2.05.57	Sam Gottlieb	16	8th/H4	15/03/2012	SOPAC
2.05.81	Joel Xuereb	33	25th	4/02/2012	SOPAC
2.06.02	Connor O'Sullivan	15	6th	14/10/2011	SOPAC
2.06.69	Connor O'Sullivan	16	16th	12/02/2012	SOPAC



## 2011 –2012 Annual Report

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2.07.68	Neil Lynch	29	31st	3/03/2012	SOPAC
2.07.82	Stefan Music	14	4th/H2	17/03/2012	SOPAC
2.07.89	Connor O'Sullivan	15	2nd/H1	3/12/2011	Blacktown
2.08.40	Connor O'Sullivan	16	33rd	3/03/2012	SOPAC
2.09.21	Matthew Scott	14	9th	8/10/2011	SOPAC
2.09.76	Neil Lynch	29	28th	31/03/2012	SOPAC
2.10.32	Tim Spehr	15	10th	8/10/2011	SOPAC
2.10.95	Hayden O'Neill	15	31st	4/02/2012	SOPAC
2.11.10	Hayden O'Neill	15	11th	13/02/2012	SOPAC
2.11.66	Sean O'Neill	44	32nd	4/02/2012	SOPAC
2.12.50	Tim Spehr	16	36th	3/03/2012	SOPAC
2.12.53	Connor O'Sullivan	15	12th	8/10/2011	SOPAC
2.12.64	Sean O'Neill	43	3rd/35+	17/12/2011	SOPAC
2.12.84	Connor O'Sullivan	15	7th	15/10/2011	SOPAC
2.12.91	Neil Lynch	29	33rd	4/02/2012	SOPAC
2.13.56	Stefan Music	13	5th	14/10/2011	SOPAC
2.13.58	Stefan Music	13	7th	15/10/2011	SOPAC
2.13.76	Stefan Music	14	13th	13/02/2012	SOPAC
2.13.85	Hayden O'Neill	15	8th/U17	14/01/2012	SOPAC
2.15.24	Neil Lynch	29	23rd	14/01/2012	SOPAC
2.15.93	Stefan Music	14	10th/U17	14/01/2012	SOPAC
2.16.00	Stefan Music	13	18th	8/10/2011	SOPAC
2.18.23	Jethro James	16	21st	8/10/2011	SOPAC
2.21.19	Alexander Leal Smith	15	18th	13/02/2012	SOPAC
2.23.65	Kurt Fryer	13	24th	8/10/2011	SOPAC
2.28.23	Mark Carmody	52	42nd	4/02/2012	SOPAC
2.33.40	Sebastien Moir	12	10th	13/02/2012	SOPAC
2.38.45	Hugh Gottlieb	14	29th	8/10/2011	SOPAC
2.41.28	Drew Fryer	11	2nd/U14	14/01/2012	SOPAC
2.43.89	Peter Spehr	47	8th/35+	29/10/2011	Illawong
2.49.90	Daniel Hazan	14	16th/U17	14/01/2012	SOPAC





*Jeremy Roff winning NSW 1500m Open title*

**1500m**

3.39.47	Jeremy Roff	29	1st	9/06/2012	Watford
3.40.37	Jeremy Roff	29	8th/H3	19/05/2012	Eagle Rock, US
3.40.73	Jeremy Roff	29	13th/H1	29/04/2012	Stanford, US
3.42.82	Jeremy Roff	29	6 <sup>th</sup> /B	11/06/2012	Prague, CZE
3.44.91	Jeremy Roff	29	1st	31/03/2012	SOPAC
3.47.38	Jeremy Roff	29	1st/H1	14/04/2012	Melbourne
3.49.40	Jeremy Roff	29	3rd	15/04/2012	Melbourne
3.52.40	Jack Stapleton	17	4th	23/02/2012	SOPAC
3.52.57	Jack Stapleton	17	4th	18/03/2012	SOPAC
3.52.68	Jack Stapleton	17	7th	31/03/2012	SOPAC
3.53.54	Joshua Johnson	19	3rd	5/11/2011	Hensley
3.54.69	Jack Stapleton	17	10th	30/03/2012	SOPAC
3.55.28	Jeremy Roff	29	2nd	30/03/2012	SOPAC
3.56.80	Jack Stapleton	17	2nd	19/01/2012	SOPAC
3.57.47	Josh Davies	18	13th	30/03/2012	SOPAC
3.58.45	Jack Stapleton	17	1st	13/02/2012	SOPAC
4.00.41	Liam Ridings	22	3rd	19/01/2012	SOPAC
4.00.90	Josh Davies	18	8th/H1	15/03/2012	SOPAC
4.01.98	Liam Ridings	21	1st	22/10/2011	Narrabeen
4.02.08	Joshua Johnson	20	17th	30/03/2012	SOPAC
4.03.08	Liam Ridings	21	6th	5/11/2011	Hensley
4.03.68	Francis Torok	19	8th	5/11/2011	Hensley
4.03.78	Jack Stapleton	17	2nd/H1	17/03/2012	SOPAC
4.03.97	Liam Ridings	22	19th	30/03/2012	SOPAC
4.05.16	Darcy Long	25	9th	19/01/2012	SOPAC
4.07.18	Morgan McDonnald	15	10th	5/11/2011	Hensley
4.07.49	Sam Strutt	20	11th	5/11/2011	Hensley



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4.07.65	Sam Strutt	21	9th	10/03/2012	Hensley
4.07.87	Francis Torok	19	1st	14/10/2011	SOPAC
4.08.47	Morgan McDonnald	16	8th	18/03/2012	SOPAC
4.08.93	Connor O'Sullivan	16	4th	13/02/2012	SOPAC
4.09.89	Morgan McDonnald	16	5th	13/02/2012	SOPAC
4.10.47	Morgan McDonnald	15	1st	15/10/2011	SOPAC
4.11.89	Tim Spehr	15	3rd	15/10/2011	SOPAC
4.12.37	Morgan McDonnald	16	2nd/H1	17/03/2012	SOPAC
4.12.88	Tim Spehr	16	6th	13/02/2012	SOPAC
4.13.98	Connor O'Sullivan	16	1st/U17	19/01/2012	SOPAC
4.16.19	Josh Davies	18	12th	16/03/2012	SOPAC
4.17.68	Tim Spehr	15	3rd	1/10/2011	SOPAC
4.21.02	Matthew Scott	14	4th	14/10/2011	SOPAC
4.21.64	Sam Gottlieb	16	11th	13/02/2012	SOPAC
4.24.38	Tim Spehr	16	22nd	23/02/2012	SOPAC
4.24.68	Sean O'Neill	43	21st	5/11/2011	Hensley
4.25.17	Patrick Elliot	16	2nd	26/11/2011	Cambelltown
4.28.26	Matthew Scott	14	7th	1/10/2011	SOPAC
4.28.45	Connor O'Sullivan	15	23rd	5/11/2011	Hensley
4.29.03	Connor O'Sullivan	16	13th	10/03/2012	SOPAC
4.30.17	Stefan Music	14	8th	14/02/2012	SOPAC
4.31.80	Stefan Music	14	9th	16/03/2012	SOPAC
4.33.23	Neil Lynch	29	15th	10/03/2012	SOPAC
4.34.05	Kurt Fryer	14	10th	14/02/2012	SOPAC
4.34.38	Kurt Fryer	14	10th	16/03/2012	SOPAC
4.34.40	Jethro James	16	14th	14/10/2011	SOPAC
4.35.44	Stefan Music	13	7th/U17	5/11/2011	Hensley
4.35.91	Stefan Music	14	7th/U17	19/01/2012	SOPAC
4.36.40	Billy Ryan	13	3rd	18/03/2012	SOPAC
4.36.83	Billy Ryan	13	1st	14/02/2012	SOPAC
4.37.13	Stefan Music	13	4th	15/10/2011	SOPAC
4.41.57	Stefan Music	13	4th	22/10/2011	Campbelltown
4.42.05	Connor O'Sullivan	15	13th	1/10/2011	SOPAC
4.43.70	Jethro James	16	16th	1/10/2011	SOPAC
4.45.12	Jack Freer	13	3rd	14/02/2012	SOPAC
4.45.92	Jethro James	17	29th	23/02/2012	SOPAC
4.47.58	Hayden O'Neill	15	13th	14/02/2012	SOPAC
4.50.69	Jack Freer	13	6th	18/03/2012	SOPAC
4.53.85	Hayden O'Neill	14	12th/U17	5/11/2011	Hensley
4.54.32	Alexander Leal Smith	15	15th	14/02/2012	SOPAC
5.18.80	Hugh Gottlieb	15	17th	14/02/2012	SOPAC
5.21.49	Hugh Gottlieb	14	19th	14/10/2011	SOPAC
5.26.23	Daniel Hazan	13	15th	15/10/2011	SOPAC
5.26.94	Daniel Hazan	14	18th	14/02/2012	SOPAC



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### mile

4.22.44	Liam Ridings	21	3rd	13/12/2011	Bankstown
4.43.50	Tim Spehr	15	1st/U16	13/12/2011	Bankstown
4.50.54	Connor O'Sullivan	15	3rd/U16	13/12/2011	Bankstown
4.54.80	Sean O'Neill	43	14th	13/12/2011	Bankstown
4.55.97	Stefan Music	13	1st/U14	13/12/2011	Bankstown
5.23.89	Neil Lynch	28	15th	13/12/2011	Bankstown
5.55.69	Peter Spehr	49	2nd/35+	13/12/2011	Bankstown

### 3000m

8.14.71	Joshua Johnson	19	2nd	10/12/2011	Melbourne
8.25.53	Liam Ridings	22	11th/A	13/11/2011	SOPAC
8.26.86	Francis Torok	19	14th/A	13/11/2011	SOPAC
8.33.26	Francis Torok	19	8th	10/12/2011	Melbourne
8.42.34	Morgan McDonnald	15	9th/B	13/11/2011	SOPAC
8.43.78	Morgan McDonnald	16	1st	15/03/2012	SOPAC
8.44.47	Sam Strutt	20	11th/B	13/11/2011	SOPAC
8.45.16	Jack Stapleton	17	2nd	15/03/2012	SOPAC
8.45.24	Jack Stapleton	17	1st	12/02/2012	SOPAC
8.47.38	Liam Ridings	23	5th	4/02/2012	SOPAC
8.51.92	Josh Davies	17	15th	10/12/2011	Melbourne
8.54.61	Tim Spehr	16	2nd	12/02/2012	SOPAC
8.56.45	Morgan McDonnald	16	3rd	12/02/2012	SOPAC
8.56.63	Nicholas Cope	43	7th	4/02/2012	SOPAC
9.06.69	Morgan McDonnald	16	10th/B	10/12/2011	Melbourne
9.09.26	Sam Gottlieb	16	9th	15/03/2012	SOPAC
9.09.62	Tim Spehr	15	5th	3/12/2011	Brisbane
9.18.60	Tim Spehr	15	2nd	13/10/2011	SOPAC
9.25.27	Tim Spehr	16	13th	15/03/2012	SOPAC
9.25.67	James Dawes	41	9th/D	13/11/2011	SOPAC
9.30.42	Matthew Scott	14	4th	14/10/2011	SOPAC
9.34.99	Kurt Fryer	14	7th	15/03/2012	SOPAC
9.47.79	Tim Spehr	15	16th/C	13/11/2011	SOPAC
9.48.09	Kurt Fryer	14	11th	12/02/2012	SOPAC
9.48.59	Sean O'Neill	44	18th	4/02/2012	SOPAC
9.54.18	Jethro James	16	9th	13/10/2011	SOPAC
9.57.67	Kurt Fryer	13	16th/E	13/11/2011	SOPAC
10.01.46	Jethro James	16	17th/E	13/11/2011	SOPAC
10.01.77	Stefan Music	14	14th	12/02/2012	SOPAC
10.16.97	Ben Adler	20	22nd	4/02/2012	SOPAC
11.23.65	Drew Fryer	10	14th/G	13/11/2011	SOPAC
11.03.73	Paul Rider	49	24th	4/02/2012	SOPAC



Harry Summers winning Australian Open 5000m title in Melbourne

**5000m**

13.34.58	Harry Summers	22	4th	4/02/2012	Hobart
13.42.78	Harry Summers	22	8th	3/03/2012	Melbourne
14.03.84	Harry Summers	22	1st	14/04/2012	Melbourne
14.46.05	Liam Ridings	23	2nd/A	14/01/2012	SOPAC
14.51.00	Francis Torok	20	3rd/A	14/01/2012	SOPAC
14.56.52	Liam Ridings	21	2nd	17/12/2011	SOPAC
14.57.58	Keith McPherson	21	8th/A	14/01/2012	SOPAC
15.04.83	Keith McPherson	21	5th	3/03/2012	SOPAC
15.18.69	Nicholas Cope	43	2nd	22/03/2012	SOPAC
15.22.67	Sam Strutt	21	3rd	22/03/2012	SOPAC
15.23.01	Liam Ridings	21	7th	3/03/2012	SOPAC
15.25.28	Sam Strutt	21	14th/A	14/01/2012	SOPAC
15.28.68	Nicholas Cope	43	8th	3/03/2012	SOPAC
16.27.15	James Dawes	41	2nd/C	14/01/2012	SOPAC
17.09.89	Francis Torok	19	1st	13/10/2011	SOPAC
17.28.50	Kurt Fryer	14	13th/C	14/01/2012	SOPAC
17.40.33	Ben Adler	20	17th/C	14/01/2012	SOPAC
19.01.45	Paul Rider	49	8th/D	14/01/2012	SOPAC

**10000m**

28.13.23	Harry Summers	23	21st/H1	29/04/2012	Stanford, US
28.39.04	Harry Summers	22	6th	10/12/2011	Melbourne
29.28.62	Jeff Hunt	29	9th	10/12/2011	Melbourne
31.52.89	Nicholas Cope	43	5th	31/03/2012	SOPAC
35.08.22	Sean O'Neill	44	14th	31/03/2012	SOPAC
37.45.00	Joel Xuereb	33	18th	31/03/2012	SOPAC
39.14.05	Paul Rider	49	20th	31/03/2012	SOPAC



*Jeff Hunt running Beppu Oita-Mainichi Marathon in Japan*

**Half Marathon**

1.04.04	Jeff Hunt	29	1st	3/07/2011	Gold Coast
1.04.26	Harry Summers	23	13th	20/05/2012	Gifu, Japan
1.08.33	Jeff Hunt	30	2nd	18/03/2012	Weston Creek
1.09.35	Liam Ridings	21	8th	3/07/2011	Gold Coast

**Marathon**

2.13.19	Jeff Hunt	30	9th	5/02/2012	Beppu-Oita, Japan
2.14.19	Jeff Hunt	30	13th	29/04/2012	Hamburg, Germany



*James Roff won a silver medal in 400m hurdles at Australian Open Championships in Melbourne*

**400m Hurdles**

52.05	James Roff	26	7th	18/02/2012	SOPAC
52.37	James Roff	26	3rd	21/01/2012	Newcastle



52.62	James Roff	26	2nd	1/04/2012	SOPAC
52.94	James Roff	26	3rd	4/02/2012	SOPAC
53.22	James Roff	26	2nd	11/02/2012	Perth
53.42	James Roff	25	2nd	3/12/2011	Blacktown
53.50	James Roff	26	5th	14/04/2012	Melbourne
53.82	James Roff	26	2nd/H2	13/04/2012	Melbourne

**2000m steeple**

6.19.94	Nathan Derriman	17	1st	13/10/2011	SOPAC
6.50.15	Connor O'Sullivan	15	1st	3/12/2011	Blacktown
6.56.64	Mark Kriedman	17	4th	13/10/2011	SOPAC
7.12.10	Jordan Williams	17	6th	13/10/2011	SOPAC

**3000m steeple**

10.01.97	Nathan Derriman	18	5th	17/03/2012	SOPAC
10.15.48	Nathan Derriman	18	1st	12/02/2012	SOPAC
10.42.92	Mark Kriedman	18	5th	12/02/2012	SOPAC



*Tim Spehr, Hayden O'Neill, Conor O'Sullivan and Morgan McDonald*

**4x800m**

8.27.06	Tim Spehr, Connor O'Sullivan, Hayden O'Neill, Morgan McDonald	U16	1st	21/11/2011	SOPAC
9.07.02	Kurt Fryer, Billy Ryan, Finn Mergler, Stefan Music	U14	1st	21/11/2011	SOPAC
9.10.50	James Roff, Patrick Elliot, Michael Delaney, Sean O'Neill	Open	10th	20/11/2011	SOPAC



## 4x1500m

17.17.45		Tim Spehr, Connor O'Sullivan, Matthew Scott, Morgan McDonald	U16	1st	20/11/2011	SOPAC
19.08.50		Kurt Fryer, Finn Mergler, Stefan Music, Jack Freer	U14	1st	20/11/2011	SOPAC
20.22.76		Jethro James, Chris O'Brien, Hugh Gottlieb, Hayden O'Neill	U18	4th	20/11/2011	SOPAC

## Long Jump

7.21	2.6	Lachlan Little	16	1st	14/10/2011	SOPAC
7.06	2.2	Lachlan Little	17	3rd	15/03/2012	SOPAC
6.59	-0.9	Lachlan Little	16	2nd	3/12/2012	Brisbane
6.21	0.0	Lachlan Little	17	5th	24/01/2012	Campbelltown
5.02	NWI	Drew Walker	28	1st	29/10/2011	Mingara
4.63	0.0	Louis Dennison	13	7th	14/02/2012	SOPAC
4.38	0.1	Michael Delaney	43	16th	4/02/2012	SOPAC

## Triple Jump

13.84	0.0	Lachlan Little	16	1st	15/10/2011	SOPAC
13.73	0.6	Lachlan Little	16	3rd	4/12/2012	Brisbane
9.82	2.8	Louis Dennison	13	6th	26/05/2012	Illawong

## High Jump

1.65		Alexander Murell	18	3rd/U17	17/12/2011	SOPAC
1.60		Alexander Murell	19	10th	13/02/2012	SOPAC
1.50		Drew Walker	28	4th	29/10/2011	Mingara
1.50		Michael Blair	44	2nd	3/12/2011	Blacktown
1.40		Louis Dennison	13	5th	13/02/2012	SOPAC
1.40		Louis Dennison	13	6th	26/05/2012	Illawong

## Shot Put

8.81		Drew Walker	28	9th	22/10/2011	Narrabeen
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## Shot Put (3kg)

8.65		Fancis Torok	84	1st	6/11/2011	Greystanes
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## Discus (2kg)

23.47		Drew Walker	28	1st	29/10/2011	Mingara
18.55		James Dawes	41	18th	4/02/2012	SOPAC
14.07		Michael Delaney	43	20th	4/02/2012	SOPAC

## Discus (1.75kg)



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53.18	Evan Jennis	19	4th	15/03/2012	SOPAC
50.67	Evan Jennis	19	1st	8/01/2012	Greystanes
49.84	Evan Jennis	19	3rd	13/02/2012	SOPAC
48.45	Evan Jennis	19	1st	3/03/2012	SOPAC

### Discus (1.5kg)

43.60	Evan Jennis	18	2nd	17/12/2011	SOPAC
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### Discus (1kg)

18.67	Fancis Torok	84	1st	6/11/2011	Greystanes
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### Javelin

43.4	Drew Walker	28	2nd	22/10/2011	Narrabeen
23.03	Dean Taylor	49	1st	23/02/2012	SOPAC

### Hammer (3kg)

22.68	Fancis Torok	84	1st	6/11/2011	Greystanes
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### Randwick Botany Harriers Track and Field Performance - Women 2011/2012 Season

<i>Event</i>	<i>Wind</i>	<i>Name</i>	<i>Age</i>	<i>Place</i>	<i>Date</i>	<i>Venue</i>
<b>60m</b>						
8.15	1.5	Courtney Young	15	1st/U17	14/01/2012	SOPAC
9.06	-0.1	Clementine Landels	12	4th/U14	29/10/2011	Illawong
<b>100m</b>						
13.13	0.0	Courtney Young	14	3rd/H1	30/12/2011	Illawong
13.65	-0.6	Matilda Measday	14	6th/H3	13/10/2011	SOPAC
<i>wind assisted</i>						
14.21	3.3	Tullia Votano	12	2nd/U14	5/11/2011	Hensley
<b>200m</b>						
25.12	2.0	Molly Blakey	14	2nd	13/10/2011	SOPAC
25.31	-0.3	Molly Blakey	15	H3/1st	17/03/2012	SOPAC
25.35	0.7	Molly Blakey	14	H1/1st	13/10/2011	SOPAC
25.43	-1.6	Molly Blakey	15	2nd	17/03/2012	SOPAC
25.44	-0.6	Molly Blakey	15	1st	11/02/2012	SOPAC
25.71	-0.1	Molly Blakey	15	H2/1st	11/02/2012	SOPAC
26.92	0.7	Selma Kajan	21	7th/H1	4/02/2012	SOPAC
28.37	1.8	Clementine Landels	12	5th/H2	13/10/2011	SOPAC
29.06	1.8	Clementine Landels	12	10th	13/10/2011	SOPAC
29.17	1.4	Manon Wilson	13	7th/H2	13/10/2011	SOPAC





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29.55	1.0	Samantha King	14	5th/H2	4/02/2012	SOPAC
29.67	-0.7	Lily Harding-Delooze	14	6th/H3	4/02/2012	SOPAC
29.73	-1.3	Clementine Landels	12	7th	13/10/2011	SOPAC
30.72	0.0	Georgina Pembroke	22	20th	3/12/2011	Blacktown
<b>400m</b>						
56.37		Molly Blakey	15	2nd	16/03/2012	SOPAC
57.46		Molly Blakey	15	1st	12/02/2012	SOPAC
57.63		Selma Kajan	20	2nd/H2	23/02/2012	SOPAC
57.80		Selma Kajan	20	3rd	10/03/2012	SOPAC
57.95		Molly Blakey	14	1st	15/10/2011	SOPAC
58.07		Hayley Arden	15	H1/1st	13/10/2011	SOPAC
58.09		Molly Blakey	15	1st/H1	15/03/2012	SOPAC
58.12		Molly Blakey	14	5th/H1	3/12/2011	Brisbane
58.16		Molly Blakey	14	5th	4/12/2011	Brisbane
58.25		Hayley Arden	15	1st	14/10/2011	SOPAC
58.50		Selma Kajan	21	3rd/H1	30/03/2012	SOPAC
58.67		Hayley Arden	15	9th	3/12/2011	Brisbane
59.04		Selma Kajan	20	4th/H1	26/11/2011	Cambelltown
59.25		Molly Blakey	15	H1/1st	12/02/2012	SOPAC
59.62		Hayley Arden	16	3rd/H2	16/03/2012	SOPAC
59.88		Hayley Arden	16	5th/H3	13/02/2012	SOPAC
60.48		Hayley Arden	16	1st	6/01/2012	Illawong
60.87		Molly Blakey	14	H1/1st	14/10/2011	SOPAC
61.09		Julie Forster	50	1st	16/07/2011	Sacramento
61.32		Selma Kajan	20	7th/H1	27/09/2011	Gold Coast
63.62		Julie Forster	50	3 <sup>rd</sup> /H3	13/07/2011	Sacramento
64.41		Manon Wilson	13	2nd/U14	5/11/2011	Hensley
<b>800m</b>						
2.08.41		Selma Kajan	21	3rd	1/04/2012	SOPAC
2.11.07		Selma Kajan	21	5th	31/03/2012	SOPAC
2.11.1		Selma Kajan	21	3rd	16/02/2012	Melbourne
2.11.88		Selma Kajan	21	2nd	22/03/2012	SOPAC
2.13.55		Hayley Arden	15	1st	4/12/2011	Brisbane
2.14.43		Hayley Arden	15	1st	15/10/2011	SOPAC
2.14.74		Georgia Evans	13	1st	16/03/2012	SOPAC
2.15.26		Selma Kajan	21	5th	4/02/2012	SOPAC
2.15.56		Selma Kajan	21	9th/H1	13/04/2012	Melbourne
2.15.70		Georgia Evans	13	7th	3/03/2012	SOPAC
2.16.39		Lily Harding-Delooze	14	3rd	18/03/2012	SOPAC
2.16.45		Emma Scott	14	1st/H1	17/03/2012	SOPAC
2.17.53		Hayley Arden	16	6th/H2	15/03/2012	SOPAC
2.17.64		Samantha King	14	3rd/H1	17/03/2012	SOPAC
2.17.92		Emma Scott	14	2nd/U20	13/02/2012	SOPAC



## 2011 –2012 Annual Report

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2.18.10	Hayley Arden	15	1st/U17	17/12/2011	SOPAC
2.18.12	Samantha King	14	7th	18/03/2012	SOPAC
2.18.19	Hayley Arden	15	H1/1st	14/10/2011	SOPAC
2.18.39	Lily Harding-Delooze	14	4th/H2	17/03/2012	SOPAC
2.18.71	Samantha King	14	3rd	13/02/2012	SOPAC
2.19.06	Amy Harding-Delooze	14	6th/H1	17/03/2012	SOPAC
2.19.68	Samantha King	14	3rd/U17	14/01/2012	SOPAC
2.20.08	Emma Scott	14	5th	12/02/2012	SOPAC
2.20.37	Samantha King	14	4th	12/02/2012	SOPAC
2.20.49	Georgia Evans	13	2nd/H2	15/03/2012	SOPAC
2.20.57	Amy Harding-Delooze	14	7th	12/02/2012	SOPAC
2.20.70	Lily Harding-Delooze	14	6th	12/02/2012	SOPAC
2.20.80	Amy Harding-Delooze	14	9th	4/02/2012	SOPAC
2.20.97	Tiarna Mason	13	1st	13/02/2012	SOPAC
2.20.99	Emma Scott	15	7th	18/03/2012	SOPAC
2.21.10	Amy Harding-Delooze	13	3rd	15/10/2011	SOPAC
2.21.58	Georgia Evans	13	2nd	13/02/2012	SOPAC
2.22.66	Georgia Evans	13	11th	4/02/2012	SOPAC
2.22.78	Tiarna Mason	13	1st/H1	15/03/2012	SOPAC
2.22.87	Samantha King	14	12th	4/02/2012	SOPAC
2.22.93	Amy Harding-Delooze	14	5th	13/02/2012	SOPAC
2.23.09	Amy Harding-Delooze	13	4th	14/10/2011	SOPAC
2.23.41	Gabrielle Vanderham	15	H2/4th	14/10/2011	SOPAC
2.23.53	Lily Harding-Delooze	14	13th	4/02/2012	SOPAC
2.23.88	Lily Harding-Delooze	13	5th	14/10/2011	SOPAC
2.24.08	Lily Harding-Delooze	14	6th	13/02/2012	SOPAC
2.24.16	Amity Delaney	17	2nd/U20	14/01/2012	SOPAC
2.24.17	Manon Wilson	14	13th	3/03/2012	SOPAC
2.24.40	Amity Delaney	17	15th	3/03/2012	SOPAC
2.24.46	Amy Harding-Delooze	13	7th	8/10/2011	SOPAC
2.25.30	Lily Harding-Delooze	14	6th/U17	14/01/2012	SOPAC
2.25.33	Amy Harding-Delooze	14	7th/U17	14/01/2012	SOPAC
2.26.02	Amity Delaney	16	10th/U17	17/12/2011	SOPAC
2.26.13	Gabby Mastroianni	13	5th	13/02/2012	SOPAC
2.26.92	Dominica Lucas	13	10th	14/10/2011	SOPAC
2.28.10	Gabrielle Vanderham	15	8th	15/10/2011	SOPAC
2.28.13	Amy Harding-Delooze	13	10th	8/10/2011	SOPAC
2.28.42	Manon Wilson	14	14th	12/02/2012	SOPAC
2.28.68	Lily Harding-Delooze	13	9th	15/10/2011	SOPAC
2.29.77	Gabrielle Vanderham	16	9th/U17	14/01/2012	SOPAC
2.32.82	Manon Wilson	14	11th/U17	14/10/2011	SOPAC
2.34.05	Manon Wilson	13	17th	14/10/2011	SOPAC
2.54.56	Georgina Pembroke	22	8th	3/12/2011	Blacktown

**1500m**



## 2011–2012 Annual Report

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4.40.88	Selma Kajan	20	2nd	28/09/2011	Gold Coast
4.41.42	Samantha King	14	4th	16/03/2012	SOPAC
4.42.44	Daina Surka	26	2nd	5/11/2011	Hensley
4.42.49	Megan Isbester	16	6th	13/02/2012	SOPAC
4.44.34	Samantha King	14	3rd	10/03/2012	SOPAC
4.44.55	Amy Harding-Delooze	14	6th	16/03/2012	SOPAC
4.44.66	Lily Harding-Delooze	14	7th	16/03/2012	SOPAC
4.44.91	Georgia Evans	13	2nd	18/03/2012	SOPAC
4.46.46	Hayley Arden	15	1st	14/10/2011	SOPAC
4.49.10	Samantha King	14	3rd	14/02/2012	SOPAC
4.49.50	Amity Delaney	17	8th	13/02/2012	SOPAC
4.49.70	Georgia Evans	12	1st	1/10/2011	SOPAC
4.50.71	Dominica Lucas	13	3rd	13/10/2011	SOPAC
4.50.80	Hayley Arden	15	6th	3/12/2011	Brisbane
4.51.88	Amy Harding-Delooze	13	4th	5/11/2011	Hensley
4.51.89	Georgia Evans	13	2nd	14/02/2012	SOPAC
4.51.90	Amy Harding-Delooze	13	5th	13/10/2011	SOPAC
4.52.85	Manon Wilson	14	9th	31/03/2012	SOPAC
4.53.25	Gabby Mastroianni	13	3rd	14/02/2012	SOPAC
4.53.48	Lily Harding-Delooze	13	7th	13/10/2011	SOPAC
4.53.63	Amity Delaney	17	1st	6/01/2012	Illawong
4.54.20	Amy Harding-Delooze	14	5th	14/02/2012	SOPAC
4.54.74	Amy Harding-Delooze	14	2nd/U17	19/01/2012	SOPAC
4.54.85	Lily Harding-Delooze	14	6th	14/02/2012	SOPAC
4.55.93	Dominica Lucas	13	5th	5/11/2011	Hensley
4.56.03	Manon Wilson	14	5th	10/03/2012	SOPAC
4.56.92	Lily Harding-Delooze	13	6th	5/11/2011	Hensley
4.58.54	Gabrielle Vanderham	15	7th	5/11/2011	Hensley
4.58.78	Hayley Arden	16	3rd	6/01/2012	Illawong
5.00.09	Amy Harding-Delooze	13	4th	1/10/2011	SOPAC
5.00.93	Gabrielle Vanderham	15	4th	14/10/2011	SOPAC
5.02.75	Gabrielle Vanderham	16	12th	13/02/2012	SOPAC
5.05.28	Lily Harding-Delooze	14	4th/U17	19/01/2012	SOPAC
5.05.52	Selma Kajan	20	8th	5/11/2011	Hensley
5.05.81	Samantha King	14	3rd	7/01/2012	Blacktown
5.08.34	Manon Wilson	13	13th	13/10/2011	SOPAC
5.09.13	Tiarna Mason	13	7th	14/02/2012	SOPAC
5.10.93	Manon Wilson	14	10th	14/02/2012	SOPAC
5.11.10	Manon Wilson	13	10th	5/11/2011	Hensley
<b>mile</b>					
5.19.48	Amity Delaney	16	3rd	13/12/2011	Bankstown



*Megan Isbester (hip number 6) at Australian Juniors*

**3000m**

9.51.00	Megan Isbester	16	2nd	12/02/2012	SOPAC
9.59.72	Megan Isbester	15	1st	13/10/2011	SOPAC
10.02.99	Megan Isbester	16	2nd	15/03/2012	SOPAC
10.28.36	Amity Delaney	17	4th	12/02/2012	SOPAC
10.33.79	Gabby Mastroianni	13	3rd	12/02/2012	SOPAC
10.36.53	Gabby Mastroianni	13	4th	14/03/2012	SOPAC
10.43.71	Michelle McAdam	31	13th/A	13/11/2011	SOPAC
10.47.00	Gabrielle Vanderham	16	6th	12/02/2012	SOPAC
10.48.29	Amity Delaney	17	10th	15/03/2012	SOPAC
10.54.62	Gabrielle Vanderham	15	12th/B	13/11/2011	SOPAC
10.55.30	Amity Delaney	16	5th	13/10/2011	SOPAC
11.13.95	Gabrielle Vanderham	16	10th	15/03/2012	SOPAC
11.15.41	Audrey Amiya-Hall	19	10th	3/03/2012	SOPAC

**5000m**

19.11.79	Audrey Amiya-Hall	19	8th	14/03/2012	SOPAC
19.56.72	Audrey Amiya-Hall	19	2nd	12/02/2012	SOPAC
20.14.0	Audrey Amiya-Hall	18	2nd	30/12/2011	Illawong
20.29.40	Audrey Amiya-Hall	18	4th	17/12/2011	SOPAC

**80m hurdles**

13.01	0.0	Clementine Landels	13	1st	16/03/2012	SOPAC
13.08	1.7	Clementine Landels	12	1st	13/10/2011	SOPAC
13.16	NWI	Clementine Landels	12	1st	1/10/2011	SOPAC
13.46	0.0	Clementine Landels	13	1st	13/02/2012	SOPAC
13.71	0.0	Clementine Landels	12	1st/U14	29/10/2011	Illawong
13.97	1.3	Clementine Landels	12	1st	10/12/2011	Bankstown
14.09	3.0	Clementine Landels	12	1st	26/11/2011	Cambelltown



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14.38	0.9	Clementine Landels	12	2nd/H1	13/10/2011	SOPAC
13.97	0.5	Clementine Landels	13	1st/U14	14/01/2012	SOPAC
13.71	0.8	Clementine Landels	13	2nd	4/02/2012	SOPAC

### 90m hurdles

13.05	1.5	Courtney Young	15	2nd/H1	16/03/2012	SOPAC
13.23	-0.4	Courtney Young	15	2nd	16/03/2012	SOPAC
13.45	0.5	Courtney Young	15	2nd	13/02/2012	SOPAC
13.54	1.0	Courtney Young	14	1st	30/12/2011	Illawong
13.67	-0.2	Courtney Young	15	1st/H2	13/02/2012	SOPAC
13.71	0.0	Courtney Young	15	1st/U17	14/01/2012	SOPAC
14.47	2.0	Matilda Measday	14	1st	10/12/2011	Bankstown
14.51	0.5	Matilda Measday	15	8th	13/02/2012	SOPAC
14.60	-0.2	Matilda Measday	15	4th/H2	13/02/2012	SOPAC
14.92	1.8	Matilda Measday	14	5th/H1	14/10/2011	SOPAC
15.08	0.5	Matilda Measday	14	10th	14/10/2011	SOPAC

### 3000m Steeple

12.16.60		Audrey Amiya-Hall	19	6th	17/03/2012	SOPAC
12.53.90		Audrey Amiya-Hall	19	1st	19/01/2012	SOPAC
12.47.04		Audrey Amiya-Hall	19	3rd	13/02/2012	SOPAC

### 5000m walk

27.39.99		Hannah Denney	17	4th	14/03/2012	SOPAC
29.18.97		Hannah Denney	16	2nd	14/10/2011	SOPAC
29.18.23		Hannah Denney	17	4th	13/02/2012	SOPAC

### 4x400m

4.10.09		Hayley Arden, Amity Delany, Georgina Pembroke, Selma Kajan	Open	4th/H2	21/11/2011	SOPAC
4.29.85		Hayley Arden, Amity Delany, Georgina Pembroke, Selma Kajan	Open	9th	21/11/2011	SOPAC



*Georgina Pembroke, Amity Delaney, Hayley Arden and Selma Kajan*

**4x800m**

	Hayley Arden, Amity Delaney, Georgina Pembroke, Selma Kajan	Open	3rd	20/11/2011	SOPAC
9.53.43					



*Georgian Evans, Amy Harding-Delooze, Lily Harding-Delooze and Dominica Lucas*

**4x1500m**

	Georgia Evans, Amy Harding-Delooze, Lily Harding-Delooze, Dominica Lucas	U14	1st	20/11/2011	SOPAC
19.56.77					
	Hayley Arden, Selma Kajan, Gabrielle Vanderham, Amity Delany	Open	1st	21/11/2011	SOPAC
20.13.84					

**Pole Vault**

2.60	Matilda Measday	15	5th	1/04/2012	SOPAC
2.50	Matilda Measday	15	4th	10/03/2012	SOPAC



2.40	Matilda Measday	15	3rd/U17	14/02/2012	SOPAC
2.30	Matilda Measday	15	4th	15/03/2012	SOPAC
2.20	Matilda Measday	14	1st	10/12/2011	Bankstown
2.20	Matilda Measday	15	3rd/U17	14/01/2012	SOPAC
2.20	Matilda Measday	15	6th	4/02/2012	SOPAC

**High Jump**

1.65	Annabelle Parmegiani	15	2nd	16/03/2012	SOPAC
1.60	Annabelle Parmegiani	15	2nd	3/03/2012	SOPAC
1.55	Annabelle Parmegiani	15	2nd	13/02/2012	SOPAC

**Triple Jump**

9.71	Annabelle Parmegiani	15	7th	14/02/2012	SOPAC
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## Male Records

*Note: All records as at 30 April 2012*

<b>100 m</b>			
<b>Senior</b>	David Dworjanyn	10.47	1989
<b>U20</b>	Peter Gandy	10.3 h	1979
<b>U18</b>	Peter Gandy	10.3 h	1979
<b>U16</b>	Peter Gandy	11.0 h	1977
<b>200 m</b>			
<b>Senior</b>	Peter Gandy	20.66	1981
<b>U20</b>	David Dworjanyn	21.4 h	1987
<b>U18</b>	Stuart Miller, Brad Rees	21.5 h	1979, 1979
<b>U16</b>	Peter Singleton	22.6 h	1972
<b>400 m</b>			
<b>Senior</b>	Darren Clark	44.38	1988
<b>U20</b>	Darren Clark	44.75	1984
<b>U18</b>	Steven Solomon	46.44	2010
<b>U16</b>	Peter Gandy	50.5 h	1977
<b>800 m</b>			
<b>Senior</b>	Paul Gilbert	1:45.59	1984
<b>U20</b>	Joshua Johnson	1:50.82	2009
<b>U18</b>	Joshua Johnson	1:50.82	2009
<b>U16</b>	Joshua Johnson	1:58.59	2007
<b>1500 m</b>			
<b>Senior</b>	Jeremy Roff	3:34.39	2009
<b>U20</b>	Greg Dunford	3:51.4	1976
<b>U18</b>	Joshua Johnson	3:51.55	2009
<b>U16</b>	Joshua Johnson	4:02.28	2007
<b>mile</b>			
<b>Senior</b>	Jeremy Roff	3:55.05	2009
<b>U20</b>	Tim McGrath	4:18.5	2002
<b>3000 m</b>			
<b>Senior</b>	Youcef Abdi	7:54.31	2003
<b>U20</b>	Jeremy Roff	8:14.53	2002
<b>U18</b>	Joshua Johnson	8:18.78	2008
<b>U16</b>	Joshua Johnson	8:41.00	2007
<b>5000 m</b>			
<b>Senior</b>	Harry Summers	13.34.58	2012
<b>U20</b>	Harry Summers	14.15.69	2009



<b>10000 m</b>			
<b>Senior</b>	Harry Summers	28:13.23	2012
<b>U20</b>	Greg Dunford	30:01.2	1976
<b>Half Marathon</b>			
<b>Senior</b>	Jeffrey Hunt	62:44	2009
<b>Marathon</b>			
<b>Senior</b>	Jeffrey Hunt	2:11:00	2010
<b>110m Hurdles</b>			
<b>Senior</b>	Warren Parr	13.88	1976
<b>U20</b>	Ken Elphick	14.3h	1969
<b>U18</b>	S. McIntyre	14.53	1988
<b>U16 (100 m)</b>	Ben Kirkby	13.43	1999
<b>400m Hurdles</b>			
<b>Senior</b>	Gary Knoke	49.3 h	1972
<b>U20</b>	Glenn McLaughlin	51.69	1981
<b>U18 (84 cm)</b>	Steven Solomon	53.70	2009
<b>U16 (200 m)</b>	Clinton Sills	26.14	2005
<b>3000m Steeple</b>			
<b>Senior</b>	Youcef Abdi	8:21.98	2006
<b>U20 (2000m, 91cm)</b>	Greg Dunford	5:38.6	1977
<b>U18 (2000m, 91cm)</b>	Nathan Derriman	6:09.73	2011
<b>U16 (2000m, 76cm)</b>	Nathan Derriman	6:18.25	2009
<b>Long Jump</b>			
<b>Senior</b>	Murray Tolbert	7.91 m	1972
<b>U20</b>	Jim McCann	7.53 m	1958
<b>U18</b>	Lachlan Little	7.06 m	2012
<b>U16</b>	Lachlan Little	6.67 m	2010
<b>Triple Jump</b>			
<b>Senior</b>	Mick McGrath	16.56 m	1975
<b>U20</b>	Stuart Parr	14.54 m	1976
<b>U18</b>	Lachlan Little	14.06 m	2010
<b>U16</b>	Lachlan Little	14.06 m	2010
<b>High Jump</b>			
<b>Senior</b>	Larry Sayers	2.15 m	1976
<b>U20</b>	Larry Sayers	2.15 m	1976
<b>U18</b>	Larry Sayers	2.05 m	1974
<b>U16</b>	C. Hardy	1.95	1989
<b>Pole Vault</b>			
<b>Senior</b>	Frank Chapman	4.05 m	1977
<b>U20</b>	Frank Chapman	3.80 m	1973
<b>U18</b>			
<b>U16</b>			
<b>Shot Put</b>			
<b>Senior</b>	Warwick Selvey	17.35 m	1962
<b>U20</b>	Greg Farmer	14.70 m	1974
<b>U18</b>			
<b>U16</b>	R. Salem	16.98 m	1992
<b>Discus</b>			
<b>Senior</b>	Wayne Martin	65.06 m	1979
<b>U20</b>	Evan Jennis	51.50 m	2011
<b>U18</b>	Evan Jennis	53.18 m	2010
<b>U16</b>	Greg Farmer	49.04 m	1970
<b>Hammer</b>			
<b>Senior</b>	Peter Farmer	75.90 m	1979
<b>U20</b>	Peter Farmer	65.96 m	1971
<b>U18</b>	Peter Farmer	55.16 m	1969
<b>U16</b>			
<b>Javelin</b>			
<b>Senior</b>	A. Tzannes	60.36 m	1991
<b>U20</b>	A. Tzannes	60.36 m	1991





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<b>U18</b> (700 g)	A. Tzannes	54.44 m	1990
<b>U16</b> (700 g)	Ben Kirkby	53.30	1999
<b>3000m Walk</b>			
<b>Senior</b>	D. Cox	12:50.4	1975
<b>U20</b>			
<b>U18</b>			
<b>U16</b>			
<b>5000m Walk</b>			
<b>Senior</b>	B. Richardson	22:58.04	1991
<b>U20</b>			
<b>U18</b>			
<b>U16</b>			
<b>10k Walk</b>			
<b>Senior</b>	Ron Crawford	47:19.8	1957
<b>U20</b>			
<b>U18</b>			
<b>U16</b>			
<b>20k Walk</b>			
<b>Senior</b>	Ron Crawford	1:34:08	1964
<b>U20</b>			
<b>50k Walk</b>			
<b>Senior</b>	Ron Crawford	4:24:20	1964
<b>U20</b>			
<b>Decathlon</b>			
<b>Senior</b>	Geoff Jones	7165 pts.	1984
<b>U20</b>			
<b>U18</b>			



## Female Records

*Note: All records as at 30 April 2012*

<b>100 m</b>			
Senior	Michelle Dalrymple	11.94	2001
U20	Cathy Jeon	12.35	1987
U18	Tara Holt	12.52	2004
U16	Lisa Roberts	12.66	1997
<b>200 m</b>			
Senior	Michelle Dalrymple	24.02	2002
U20	Michelle Dalrymple	24.24	1997
U18	Molly Blakey	25.31	2012
U16	Molly Blakey	25.31	2012
<b>400 m</b>			
Senior	Kaylene Coster	52.94	1984
U20	Rebecca Irwin	53.83	2002
U18	Rebecca Irwin	54.53	2000
U16	Rebecca Irwin	55.04	1998
<b>800 m</b>			
Senior	Kaylene Coster	2:00.2	1984
U20	Selma Kajan	2:05.19	2009
U18	Selma Kajan	2:07.27	2008
U16	Selma Kajan	2:09.75	2006
<b>1500 m</b>			
Senior	Elizabeth Rose (Miller)	4:17.1	1989
U20	Lara Tamsett	4:22.87	2006
U18	Claire Doyle	4:24.78	2007
U16	Claire Doyle	4:27.52	2006
<b>mile</b>			
Senior	Elizabeth Rose (Miller)	4:49.64	1989
U20			
<b>3000 m</b>			
Senior	Emily Bricachek	9:06.41	2006
U20	Emily Bricachek	9:06.41	2006
U18	Emily Bricachek	9:06.41	2006
U16	Claire Doyle	9:48.33	2006
<b>5000 m</b>			
Senior	Tiffany Levette	15:56.29	2005
U20	Lauren McKillop	16:55.69	2009
<b>10000 m</b>			
Senior	Rebecca Lowe	32:24.70	2009
U20			
<b>Half Marathon</b>			
Senior	Janelle Burgmann	1:18:07	2002
<b>Marathon</b>			
Senior	Janelle Burgmann	2:43:46	2002
<b>100m Hurdles</b>			
Senior	Tara Holt	13.91	2010
U20	Bianca Debartolo, Tara Holt	14.24	2003, 2006
U18 (76 cm)	Tara Holt	13.56	2005
U16 (90 m)	Tara Holt	12.78	2003
<b>400m Hurdles</b>			
Senior	E. Aisbett	62.26	1991
U20	E. Aisbett	62.26	1991
U18	E. Aisbett	62.26	1991
U16 (200 m)	Tara Holt	29.74	2003
<b>2000m Steeple</b>			



U20 (91cm)	Alexis McKillop	6:53.08	2006
U18 (91cm)	Alexis McKillop	6:53.08	2006
U16 (91cm)	Georgina Pembroke	7:48.9	2004
<b>3000m Steeple</b>			
Senior	Rebecca Lowe	10:49.17	2006
U20	Rebecca Lowe	10:48.17	2006
U18	Alexis McKillop	11:29.64	2006
<b>Long Jump</b>			
Senior	Cathy Jeon	6.01 m	1988
U20	Cathy Jeon	6.01 m	1988
U18	Cathy Jeon	6.01 m	1988
U16	Bianca Debartolo	5.63 m	2000
<b>Triple Jump</b>			
Senior	K. Wilson	11.97 m	1990
U20	K. Wilson	11.97 m	1990
U18	K. Wilson	11.97 m	1990
U16	Bianca Debartolo	11.62 m	2000
<b>High Jump</b>			
Senior	J. Sweetnam	1.78 m	1978, 79, 80, 81
U20	L. Rutter	1.75 m	1983
U18	L. Rutter	1.75 m	1983
U16	Annabelle Parmegiani	1.65 m	2012
<b>Pole Vault</b>			
Senior	Matilda Measday	2.60 m	2012
U20	Matilda Measday	2.60 m	2012
U18	Matilda Measday	2.60 m	2012
U16	Matilda Measday	2.60 m	2012
<b>Shot Put</b>			
Senior	Bianca Debartolo	17.35 m	1962
U20	Bianca Debartolo	14.70 m	1974
U18	Bianca Debartolo		
U16	Rhiannon Rae	16.98 m	1992
<b>Discus</b>			
Senior	Rhiannon Rae	42.39 m	1998
U20	Rhiannon Rae	42.39 m	1998
U18	Rhiannon Rae	42.39 m	1998
U16	Rhiannon Rae	42.39 m	1998
<b>Hammer</b>			
Senior			
U20			
U18			
U16			
<b>Javelin</b>			
Senior	Bianca Debartolo	38.59 m	2002
U20	Bianca Debartolo	38.59 m	2002
U18 (700 g)	Bianca Debartolo	38.59 m	2002
U16 (700 g)	Bianca Debartolo	38.47 m	2000
<b>3000m Walk</b>			
Senior	Jane Saville	12:27.74	1993
U20	Jane Saville	12:27.74	1993
U18	Natalie Saville	12:36.21	1995
U16			
<b>5000m Walk</b>			
Senior	Jane Saville	21:32.26	1997
U20	Natalie Saville	21:44.60	1996
U18	Natalie Saville	22:11.33	1995
U16			
<b>10k Walk</b>			
Senior	Jane Saville	41:15	1999
U20			



U18			
U16			
<b>20k Walk</b>			
Senior	Jane Saville	1:27:44	2004
U20			
U18			
<b>Heptathlon</b>			
Senior	Cathy Jeon	5258 pts.	1987
U20	Cathy Jeon	5258 pts.	1987
U18	Cathy Jeon	5258 pts.	1987
U16	Bianca Debartolo	4664 pts.	2000

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