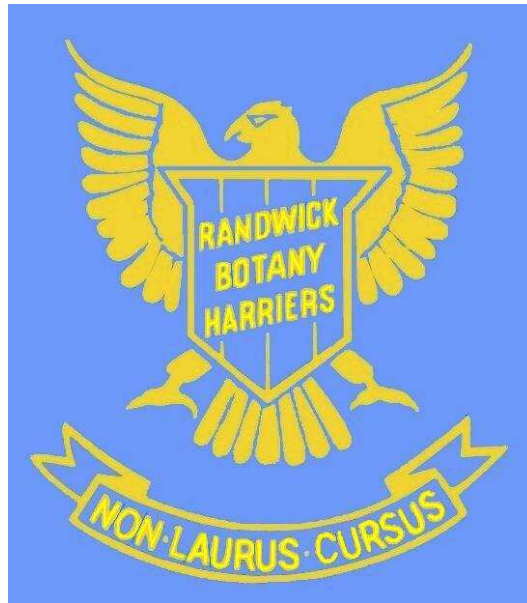


RANDWICK-BOTANY HARRIERS inc.



29th ANNUAL REPORT AND FINANCIAL STATEMENT

**FOR THE YEAR ENDING
31st MARCH 2016**

SEASON 2015-2016

CLUB MOTTO

"Non laurus cursus"
[Not the laurel but the race]

<http://www.rbharriers.com>



RANDWICK - BOTANY HARRIERS inc.

Founded in 1959 by the amalgamation of Randwick-Kensington A.A.C.
and the Botany Harriers [Est. 1907].

Merged with Randwick-Botany Women's A.A.C. in 1983
Incorporated as Randwick-Botany Harriers Inc, 1987



Affiliated with Athletics New South Wales

Life Members

R F Tuck	1915*	E F Magee	1947*	J Russell	1994
J P Grinton	1918*	E J Winter	1948*	K Goldman	1994
R Coombes	1918*	A A Henlsey	1953*	Mrs D Haar	1995*
C G Weyman	1921*	T S London	1953*	M Little	1995
A S Baldick	1921*	D Dickings	1954*	N Ellison	1996
J Siddins	1922*	J Howlin	1955*	M Rabbitt	1997
W F Siddins	1922*	C Devitt	1957*	P Sandstrom	1997
J J Walshe	1922*	W Dunn	1964*	Mrs A Saville	2000
J Chegwyn	1924*	G C Marshall	1965*	H Stanley	2000
R C Corish	1926*	R E Cartwright	1971*	A Kajan	2010
W Cartwright	1928*	L H Irwin	1975	S Williams	2010
H H Hayden	1935*	A Southwood	1977*	P Spehr	2010
G Hunt	1937*	P Arthur	1978*	Mrs J Saville	2010
C D Spicer	1938*	Miss T Bell	1978	Mrs G McDarra	2010
C D Patterson	1938*	Mrs D Smith	1980	P Piper	2010
H C Parker	1939*	Mrs J Norman	1982*	B Butchart	2010
C D Hensley AM	1940*	G Ryan	1983	I Currota	2011
R Fazakerley	1946*	RJ Crawford OAM	1984	Mrs G Spehr	2011
A G Hayes	1946*	K Morris	1993	K Green	2011
		H Liu	1993*	J McGrath	2012
				J Dwyer	2012
				T Hinds	2012
				G Griffin	2014
				Mrs B Kajan	2014

*deceased

Honorary Members

A Lawrence, L Irwin, A Atkins, M Atkins, P Bell, T Endicott, R Wallace, R Saville,
L Schaefer, B Burrridge, R Newens, J Plummer.



OFFICE BEARERS 2015/2016

President

J Dawes

Vice Presidents

A Kajan, P Feain, P O'Reilly

Patrons

Cr B Notley-Smith
M Daley MLA

General Secretary

J Crackett/P O'Reilly

General Treasurer

N Lynch

Registrar

G Griffin

Member Protection Officer

D Evans

Track Coordinator

Alija Kajan

Winter Coordinator

D Evans

Delegates to Athletics NSW

J Dawes

Male Captain

Jeremy Roff

Female Captain

Tracy Robinson

Purchasing & Equipment

R Crawford, M Rabbitt

Auditor

-

Honorary Solicitor

T Olabinri

Coaching Coordinator

A Kajan

Publicity Committee

A Kajan

History & Statistics

K Goldman, A Kajan

Medical Team

M Kelly, Dr G Hazan
G McDarra, M Feain

Web Master

A Kajan

Uniform Officer

R Santhiran

Winter Race Registrar

N Ellison

The Committee of Management

James Dawes

Alija Kajan

Paul Feain

Guy Griffin

Mark Carmody

Neil Lynch

Julianne Broberg

Patrick O'Reilly

Committee of Management meetings are usually held on the 2nd Monday of each month and all members are welcome to attend as observers.



PRESIDENT'S REPORT



Another remarkable year for the Club! In competition, we sealed a decade of domination in the Open Men's NSW Road Relay Championships, had seven members earn Australian representation and broke two Australian records and four Club records.

Administratively, we attracted two new sponsors, gained an Athletics NSW (ANSW) Life Member, introduced a new scholarship for our high performers, certified our Coaches to work with children and digitised Club photographs and records dating back to 1907!

Men's NSW Relay Championship

The Open Men's won the State Road Relays for the 10th consecutive year, denying over 70 clubs in the state from tasting gold in this event for a decade! All 18 names of those who represented these teams can be found on the website.

Australian Representatives

This year seven of our members either competed for Australia or have qualified to do so:

- Selma Kajan earned a bronze medal in the IAAF World Relay Championships in the 4x800m.
- Victoria Mitchell competed at the IAAF World Championships in the 3000m steeplechase finishing 26th overall.
- Morgan McDonald was the 1st Australian past the post in Junior Men's World Cross Country Championships finishing 40th overall.
- Our twins, Amy and Lily Harding-Delooze competed at the Youth Commonwealth Games with Amy winning both 800m and 1500m events.
- In addition, Amy has qualified for the IAAF World Junior Championships in the 1500m.
- Molly Blakey has also qualified for the World Junior Championships in the 400m.



Australian Record

Amy and Lily combined with Georgia Evans and Emily Hopper to break the U18 & U20 Australian 4x1500m relay records in a time of 18:22.47.

Club Records

Amy's great year included a number of Club records and new Member Lora Storey didn't take long to make her mark:

- Amy broke the Club's 1500m U20 record with a 4:16.18 at the Sydney Track Classic
- Amy also bettered two U18 records with her wins in the Commonwealth Juniors, running 4:18.02 in the 1500m and 2:06.84 in the 800m.
- Lora Storey smashed a 24yo record by nearly 2 seconds in the Open 400m hurdles running 57.44secs.

Sponsorships

The "Doncaster Hotel" agreed to grant us \$1,000 a year and allow us to use their meeting room and function rooms free of charge. In return the Club promoted the Hotel and we conducted meetings, farewells and our Presentation night at the Hotel. The "Donny" proved to be very helpful and professional whenever we used their great facilities and we look forward to working with them next year.

In addition, the Committee met with representatives of the accommodation company Airbnb. As many Members are already clients of "Airbnb" and the company provides cheap accommodation to travelling athletes, the Committee consider them to be an appropriate sponsor.

A sponsorship contract was signed where Airbnb will pay the Club \$5 per Member (and family and friends of Members) who sign up to the company and an additional \$12 per booking by those who have signed up. The contract is currently being reviewed by "Airbnb".

The Committee agreed there was little to no downside to signing up with Airbnb as the motivation of the company was purely to grow its membership base and the agreement can be terminated at our request at any time.

ANSW Life Member

Life membership was granted to Lyn Jacenko at the ANSW awards dinner. Lyn is our current long jump coach and was a star junior champion in high



jump, long jump, sprints and hurdles. She was selected to represent Australia in the 1972 Summer Olympics in long jump and pentathlon at age 18. Just prior to the Games in Munich, she jumped an Australian and Under 20 long jump record of 6.60 metres.

High Performance Scholarship

A Club scholarship was established offering our High-Performance Members free membership, a uniform and one return flight/accommodation to represent at a national event.

High-Performance Members were identified as those in the open-age category who have competed at International Championship events or won a national or state medal.

Digitising Club History

Club Historian Ken Goldman has proudly and carefully kept volumes of Club records and photographs from around 1907 until now. Many of these were scanned digitally and can now be found on our website.

Also in Ken's care is the original Club minute book dating 1907-1909.

Highlights from this book were also digitised and the Committee will transcribe the book in its entirety for the website.

Working with Children Certification

A few years ago, ANSW commenced its Dual-Athlete program allowing members of Little A's aged 14-17 to have free membership with ANSW. This created new risks in relation to child protection.

It is now a necessity for all ANSW Affiliated Coaches who work with Under 18s without supervision (i.e. coaching one on one with an Under 18 without other adults present) to have a "Working with Children" check.

Although generally our Coaches do not coach without supervision, the Committee decided it was in the best interests of both Coach and Athlete for our Coaches to be checked and that the Club would pay for the certification process.

This initiative has been well received by all Club Coaches and our certification process is well on the way to completion.

To conclude, as always it was a pleasure writing this report as it's a nice reminder of how many great achievements we cram into each year. I would also like to declare a conflict of interest – I am now engaged to the Uniforms Officer!

Thank you all,

Jim Dawes



SECRETARY'S REPORT



This year we farewelled Distance Coach Sean Williams and General Secretary Joanne Crackett who have both moved interstate.

Sean is a Life Member and former top ten National Open Cross Country competitor. He coached the current 10k Australian Record holder Ben St Lawrence and many internationals including Harry Summers, Lara Tamsett and Victoria Mitchell. Sean is a man who loves new adventures and we are sure he'll make a huge impact in his new city of Melbourne.

Joanne Crackett has moved to the Gold Coast and will be sorely missed. She quickly learnt her secretarial duties and helped out with coaching and volunteering at a number of fun runs, always with a big smile on her face. Good luck up north Jo.

We welcome Warren Williams (no relation!) as a replacement Coach for Sean. Warren still competes as a member and has already completed his Level 1 coaching assessment.

I have filled Jo's vacancy which left a vacant Vice Presidential position.

Into this vacancy, we welcomed Julianne Broberg. Julianne has won our City to Surf trophy twice and her input on the Committee so far has been greatly appreciated.

I would like to thank Club Captains Tracy Robinson and Jeremy Roff for their attendance at meetings this year and the same goes to Courtney Carter and Ken Green. It is most helpful to have a Member's perspective in our decision making.

I would also like to thank the Doncaster Hotel for the use of their meeting room!

Pat O'Reilly



REGISTRAR'S REPORT



Registration numbers have declined in 2015 / 2016. There appears to be two underlying factors in this. A more flexible centralised approach has been adopted by Athletics NSW. Emphasis has shifted to the parent organisation rather than clubs with it being easier to transfer between clubs. This has benefited RBH in gaining athletes but we have also seen talented competitors go to other clubs.

As in previous years the universities and schools have been a factor in some athletes moving with some of the benefits they can offer.

Conversely ANSW have now been able to offer very tangible benefits in their new Winter Membership. While including eligibility to enter all 'traditional' Athletics NSW and Athletics Australia over the winter season this now offers free entry into 12 RunNSW events and a free RunNSW/Greater Running Shirt for competitors in the Sydney10. This has given us a larger Winter numbers than we have had previously.

	2016	2015	2014	2013
Senior	48*	66*	49	50
Winter only / Run NSW	20	15	13	9
Juniors to U20	24	38	41	52
Dual LAANSW	15	25	20	22
Officials, Coaches & Associates	12*	22*	22	27
total	115	146	145	151

- Please note that 4 of our coaches not only provide official capacities but are also keen and talented competitors. Based on this they are included twice above.

The female to male athlete ratio is higher than it has been with 44 females to 63 males.

Aided by our coaches who have been actively seeking out talented athletes we have increased our numbers of club sponsored athletes over the last few years and especially in 2016. This has been reflected in great competitive results across a range of age groups.

Guy Griffin,
Club's Registrar



TREASURER'S REPORT

As at 31 March 2016



Following loss of **\$5,038** in the year to 31 March 2015, the Club returned a smaller loss in **FY2016 of \$2,215.15**, reducing our net assets to approximately \$49,500.

Our largest cost this year was Club funded registration fees for athletes meeting performance criteria set by the committee. As a result the Club paid \$3,095 of registration fees on behalf of its high performing athletes.

On the revenue side, a highlight this year was the \$1000 financial sponsorship offered by the Doncaster Hotel. Currently RBH hold committee meetings and select Club functions at the Doncaster hotel - we hope this relationship continues.

The Club continues to generate enough revenue to cover the cost of ANSW affiliation fees and team entries at all State Relay competitions.

Please find more detail in the following pages.

Neil Lynch
Club Treasurer



RANDWICK BOTANY HARRIERS Inc.
STATEMENT OF FINANCIAL POSITION
As at 31 March 2016

Current Assets	31-March-2016
Cash at Bank	\$ 2,012.67
Uniforms	\$ 7,830.00
TOTAL	\$ 9,842.67
Non Current Assets	
Investments^	\$ 39,688.59
Equipment	
TOTAL	\$ 39,688.59
Net Assets	\$ 49,531.26
Accumulated Funds	
Retained Surplus start of year	\$ 51,746.79
Surplus/Loss arising	-\$ 2,215.53
TOTAL Members' Equity end of year	\$ 49,531.26

^Investments refers to an ING savings account



RANDWICK BOTANY HARRIERS Inc.
STATEMENT OF FINANCIAL PERFORMANCE
For the year ended 31 March 2016

REVENUE

Registration + Club Fees	\$ 1,145.94
Club Runs	\$ 84.00
Interest Received	\$ 0.19
Fun Run Assistance	\$ 500.00
Increase in Value of Investments	\$ 943.54
Doncaster Hotel Sponsorship	\$ 1,000.00
Committee Sponsorser Athletes	\$ 260.00

TOTAL **\$3,933.67**

EXPENDITURE

Sundries	\$ 111.50
Registration Fees	\$ 3,095.00
ANSW Affiliation Fees	\$ 1,073.71
Plaques, Trophies & Awards	\$ 409.50
State Relays Entry	\$ 851.99
Randwick Girls High Award	\$ 200.00
Athletes Assistance	\$ 300.00
Sporting Injuries Insurance	\$ 165.00
Bank Fees	\$ 2.50
Athlete Transfer Fee	\$ 35.00
Frieght On Uniforms	\$ 15.00

TOTAL **\$6,259.20**

Preliminary LOSS for the year **-\$2,325.53**

Add back "write up" on Uniforms \$ 110.00

Final LOSS for the year **-\$2,215.53**



RANDWICK BOTANY HARRIERS Inc.
BALANCE SHEET
As at 31 March 2016

<u>Assets</u>	
Cash at Bank	\$2,012.67
Uniforms	\$7,830.00
Investments	\$39,688.59
TOTAL	<u>\$49,539.26</u>
Liabilities	\$0.00
<u>Excess of Assets over Liabilities</u>	<u>\$49,539.26</u>



RANDWICK BOTANY HARRIERS Inc.
GENERAL TREASURER'S ACCOUNT
STATEMENT OF RECEIPTS and PAYMENTS
For the year ended 31 March 2016

Receipts		Payments	
Balance @ 31 March 2015	\$ 2,556.74	Sundries	\$ 111.50
Registration + Club Fees	\$ 1,145.94	Registration Fees	\$ 3,095.00
Uniforms	\$ 1,970.00	ANSW Affiliation Fees	\$ 1,073.71
Club Runs	\$ 84.00	Uniforms + Frieght	\$ 2,260.00
Interest Received	\$ 0.19	Plaques, Trophies & Awards	\$ 409.50
Fun Run Assistance	\$ 500.00	Athlete Transfer Fees	\$ 35.00
Committee Sponsorser Athletes	\$ 260.00	Sporting Injuries Insurance	\$ 165.00
Depostis from ING Savings acct	\$ 3,000.00	State Relay's Entry	\$ 851.99
Doncaster Hotel Sponserhip	\$ 1,000.00	Randwick Girls High Award	\$ 200.00
		Bank Fees	\$ 2.50
		Athletes Assistance	\$ 300.00
		Balance Current	\$ 2,012.67
TOTAL	\$ 10,516.87		\$ 10,516.87



TRACK AND FIELD REPORT



It is not easy to capture all club results during the season. There is no database where you can issue query “give me all RBH results for 2015/16 season”. So the task is somewhat daunting and I am sure there will be some omissions. But still, the motivation to capture club’s output and have some written records is to provide clear picture what we achieved.

Let start with major achievements i.e. athletes who got selected to compete for Australian teams.

At the end of this season Molly Blakey was selected to run 400m at World Junior Championships in Bydgoszcz, this is her second World Juniors team. Two years ago she was selected but withdrew due to injury. She will be accompanied by Amy Harding-Delooze who is selected to run 1500m after some remarkable achievements this season.

In September, Amy Harding-Delooze (coached by Ken Green) and her twin sister Lily competed at Commonwealth Youth Games in Samoa. They performed brilliantly, Amy won both 800m and 1500m and broke club’s U18 records in both events. Lily came very respectable 5th in 800m.

In August, Victoria Mitchell was our only representative at World Championships in Beijing. She competed in 3000m steeple and came 11th in heat 2 with time of 9:43.73 which wasn’t enough to progress to final.

In May at World Relay Championships at Bahamas, Selma Kajan won bronze medal with her Australian 4x800m team, with time of 8:13.97, girls were less than 1 sec short of Australian record.

Australian records this season:

4x1500m U18 & U20 girls – Lily Harding-Delooze, Georgia Evans, Emily Hopper and Amy Harding-Delooze, 18:22.47

New club records achieved this season:

800m U18 Female - Amy Harding-Delooze, 2:06.84

1500m U18 Female – Amy Harding-Delooze, 4:18.02

1500m U20 Female – Amy Harding-Delooze, 4:16.18

400m Hurdle Open Female – Lora Storey, 57.44

3000m steeple Open Female – Victoria Mitchell, 9:36.52

Half Marathon Open Female – Victoria Mitchell, 1:16:08

At Australian Open Track and Field Championships in Sydney we end up with 2 medals: gold won by Steven Solomon in 400m and silver by Selma Kajan in 800m. Also worth mentioning is very good 4th place for Lora Storey in very tactical 800m.



In the winter season our club came 9th for the Winter Club Trophy which is two places better than last season. In the Winter Premiership our Open Men team came 2nd behind Sydney University; last season they were 4th. Open Women's team was 3rd which is huge improvement on last season's 7th place.

One of the highlights of winter season was 10th consecutive win for our Open Men team at State Road Relays.

Our winning teams in the last ten years are listed below.

2006	2007	2008	2009	2010
Jeff Farrelly	Nic Cope	Nic Cope	Jeff Hunt	Barton McPherson
Bradley Woods	Jeff Farrelly	David Byrne	Nic Cope	- Courtney Carter
Jeff Hunt	Andrew Knox	Jeff Hunt	Cane Partridge	Harry Summers
Jeremy Roff	Jeff Hunt	Jeremy Roff	Bradley Woods	Jeff Hunt
-				
2011	2012	2013	2014	2015
Keith McPherson	David Byrne	Liam Ridings	Kurt Fryer	David Byrne
Harry Summers	Ben Moreau	Jack Stapleton	Liam Ridings	Ed Vining
Courtney Carter	Jeremy Roff	Matt Cole	Jeff Hunt	Ben Moreau
Jeff Hunt	Jeff Hunt	Ben Moreau	Ben Moreau	Jeremy Roff

One runner that stands up prominently is Jeff Hunt who ran eight times over the last ten years. What a commitment by Jeff who was a club captain most of this time.

Many thanks to our club coaches especially Anne Saville, Ken Green who helped to put together our State Relay teams.

Alija Kajan



2015 ANSW WINTER CLUB TROPHY

Place	Club	Novice XC	Sydney10	XC Relay	XC Champs	Road Relays	Short Course XC	Half Marathon	Full Marathon	TOTAL
1	BAN	256	373	303	328	348	282	88	2	1980
2	KEJ	71	252	411	383	229	239	0	0	1585
3	SSR	100	331	344	236	192	225	47	30	1505
4	SUT	214	182	422	245	67	233	56	23	1442
5	SGD	14	88	337	100	239	226	3	1	1008
6	HIL	81	162	268	83	198	93	42	1	928
7	ASW	40	69	210	88	239	109	1	0	756
8	NOW	1	4	319	283	53	46	1	0	707
9	RBH	41	64	190	173	132	73	12	0	685
10	AEA	76	93	94	78	90	87	109	0	627
11	SYU	79	86	101	58	71	94	48	29	566
12	UTN	5	61	148	42	98	36	2	0	392
13	MIN	0	7	44	7	203	5	5	0	271
14	MHA	0	3	28	15	81	12	0	0	139
15	RYD	0	0	51	8	54	8	1	0	122
16	GIR	0	3	49	6	46	11	3	1	119
17	ILL	4	8	75	7	0	5	1	0	100
18	IBS	1	1	27	3	0	4	0	0	36
19	BLM	2	8	3	9	0	5	3	0	30
20	WES	1	8	1	6	0	6	1	0	23
21	TSC	0	0	0	22	0	0	0	0	22
21	NEP	0	3	17	1	0	0	1	0	22
23	CCR	0	0	0	0	21	0	0	0	21
24	GOS	0	0	0	0	18	0	0	0	18
25	TGS	1	3	4	4	0	2	0	0	14
26	SYP	1	4	1	4	1	1	1	0	13
27	CHE	0	4	0	3	2	0	1	0	10
28	WOR	0	7	0	0	1	0	0	0	8
29	PAR	0	1	1	2	1	2	0	0	7
30	NRI	0	6	0	0	0	0	0	0	6
31	CBT	1	3	0	0	0	1	0	0	5
32	WOO	0	3	0	0	0	0	0	0	3
32	WOL	0	1	0	1	0	1	0	0	3
34	ORC	0	2	0	0	0	0	0	0	2
34	BMA	0	1	0	0	0	0	1	0	2
36	UNS	0	1	0	0	0	0	0	0	1
36	NEV	0	1	0	0	0	0	0	0	1
36	ANL	0	0	1	1	1	1	1	0	1
36	GIA	0	0	0	1	0	0	0	0	1
36	BAT	0	0	0	1	0	0	0	0	1
36	SOS	0	0	0	1	0	0	0	0	1
36	TAM	0	0	0	1	1	0	0	0	1
36	BBR	0	0	0	0	0	0	0	1	1
36	FOR	0	1	0	0	0	0	0	0	1



2015 ANSW WINTER PREMIERSHIP

Final Points Tally

Men's

	Open	Points	35+	Points	45+	Points	55+	Points	65+	Points
1	SYU A	155	SUT	105	HIL	152	HIL A	150	BAN A	170
2	RBH	113	BAN	93	BAN	109	BAN A	116	BAN B	111
3	AEA	98	RBH	63	SUT	108	BAN B	81	BAN C	85
4	SUT	83	ASW	58	KEJ	65	BAN C	57	SGD	54
5	UTN	75	HIL A	47	RBH	54	SUT	51	HIL	45
6	BAN	74	SUT B	34	SGD A	50	NOW	38	NOW	18
7	SYU B	50	KEJ	31	NOW	45	HIL B	38	SUT	18
8	SSR	48	NOW	30	SSR A	36	SGD	30		
9	HIL	32	SSR	30	ASW	32	MIN A	30		
10	KEJ	29	UTN	16	SGD B	21	UTN	15		
11	MIN	27	ASW B	13	SUT	18	GIR	14		
12	SGD	26	GIR	12	SSR B	16	MIN B	12		
13	ASW	16	MIN	12	UTN	16				
14	RBH B	15	SUT C	11	GIR	14				
15	ILL	14	HIL B	11	ILL	13				
16	GIR	11			AEA	12				
17	SYU C	10			IBS	9				
18	BAN B	10			NOW B	7				
19	UTN B	9								
20	SUT B	8								
21	NEP	6								

Men's Junior

	U12	Points	U14	Points	U16	Points	U18	Points	U20	Points
1	SSR	117	KEJ A	150	KEJ	120	KEJ A	145	SSR	99
2	SUT	100	SSR A	110	SSR	103	SSR A	125	NOW	75
3	SGD A	80	KEJ B	73	NOW	54	NOW	50	SGD	53
4	KEJ A	40	SUT	71	MHA	20	ASW A	47	BAN A	45
5	NOW	31	ASW	70	KEJ B	17	BAN	41	KEJ	38
6	BAN	18	SGD A	33	CCR	17	SUT A	30	HIL	32
7	ASW	18	KEJ C	32	ASW	16	SSR B	30	BAN B	17
8	MIN	17	HIL	27	BAN	15	RBH	18	ILL	16
9	ILL	16	NOW	26			HIL	17		
10	KEJ B	15	SSR B	14			KEJ B	17		
11	SGD B	13	ASW B	13			SUT B	15		
12	SUT B	12	BAN	10			TSC	14		
13	SSR B	11					SGD A	13		
14	SGD C	10								



Women's

	Open	Points	35+	Points	45+	Points	55+	Points	65+	Points
1	SYU	182	SUT	65	AEA	140	BAN A	115	BAN	50
2	AEA A	135	BAN	60	BAN	107	SSR	50		
3	RBH A	88	SGD	50	NOW A	58	NOW	37		
4	BAN A	85	RBH	25	HIL	55	BAN B	18		
5	AEA B	77	MIN A	20	SUT	50	SGD	18		
6	SUT A	69	HIL	18	NOW B	15				
7	UTN	30	MIN B	18						
8	SUT B	25	NOW	17						
9	HIL	25								
10	MIN	23								
11	BAN B	16								
12	GIR	16								
13	RBH B	13								
14	SYU B	11								
15	SGD	9								
16	RBH C	7								
17	IBS	6								
18	NEP	3								
19										

Women's Junior

	U12	Points	U14	Points	U16	Points	U18	Points	U20	Points
1	SGD A	125	ASW A	115	KEJ A	100	KEJ A	108	KEJ	88
2	SSR A	94	SSR A	99	SSR	98	SUT A	82	RYD	50
3	KEJ	51	KEJ A	89	ASW A	75	RBH	68	HIL	20
4	SGD B	51	MHA	45	SUT	63	UTN	37	SSR	18
5	ASW	33	ASW B	42	KEJ B	51	KEJ B	32		
6	SUT A	30	SGD	22	RYD	38	SSR	32		
7	MHA	20	NOW	18	SGD A	28	ASW A	32		
8	RBH	17	BAN A	17	HIL	17	HIL	31		
9	SSR B	13	MIN A	17	MIN	17	NOW	12		
10			SSR B	16	UTN	16				
11			UTN A	16	ASW B	14				
12			BAN B	15	NOW	13				
13			SUT A	15	SUT	11				
14			UTN B	14	SGD B	10				
15			GOS	14						
16			KEJ B	13						
17			MIN B	12						
18			SUT B	10						
19			UTN C	9						
20			SSR B	8						
21			BAN	6						



2015/16 NSW SUMMER PREMIERSHIP - OPEN MEN

Athletics NSW Club	2015 State Relays			2016 Club Championships			2016 Open Championships			Total	Ranking
	Track	Field	Overall	Track	Field	Overall	Track	Field	Overall		
UTS Northern Suburbs	30	30	30	24	24	24	24	20	30	236	1st
Sydney University	24	20	24	30	30	30	20	24	24	226	2nd
Asics Wests	7	24	20	2	20	15	16	30	20	154	3rd
Cherrybrook	16	17	17	17	14	17	13	4	9	124	4th
Bankstown Sports	14		13	14	14	13	17	11	16	112	=5th
Sydney Pacific	10		8	20	15	20	15	10	14	112	=5th
Westfields	12		10	15	17	16	10	15	12	107	6th
Illawong and Districts	17		15	11		10	9	16	13	91	8th
Sutherland District Athletics	20		16	12		11	12		7	78	9th
Mingara				16		14	15	12	15	72	10th
Randwick Botany Harriers	7		3	7		5	30	1	17	70	11th
Macquarie Hunter		14	6	10		8	7	14	10	69	12th
Ryde		16	12		16	9		9		62	13th
Mounties	15		14	4		2	6	6	8	55	14th
St George District		15	7	7		5		13	5	52	15th
Hills District	11		9				3	17	11	51	16th
Nepean District	13		11				5		2	31	17th
Westlakes				10		8	1	5	3	27	18th
Nowra Athletics				13		12	1			26	19th
University of NSW	5		1				12		7	25	20th
Scots College	9		6							15	=21st
Armidale	9		6							15	=21st
Blacktown		13	2							15	=21st
The Scots College				8		6				14	24th
Kembla Joggers				4		2	5		2	13	25th
Girraween							8		4	12	26th
Parramatta City								8		8	=27th
Athletics East				5		3				8	=27th
Edgeworth and Districts								7		7	29th
Athletics Wollongong				2				2		4	=30th
Blue Mountains	4									4	=30th
St Joseph's College								4		4	=30th
Campbelltown Collegians							2			2	33rd
South Sydney								1		1	34th





2015/16 NSW SUMMER PREMIERSHIP - OPEN WOMEN

Athletics NSW Club	2015 State Relays			2016 Club Championships			2016 Open Championships			Total	Ranking
	Track	Field	Overall	Track	Field	Overall	Track	Field	Overall		
Sydney University	30	30	30	30	30	30	30	20	30	260	1st
UTS Northern Suburbs	24	20	24	20	14	20	24	14	24	184	2nd
Illawong and Districts	20	24	20	24	24	24	17	9	17	179	3rd
Asics Wests	15		11	14	17	17	16	12	14	116	4th
Hills District	9	13	14	11	16	13	4	17	15	112	5th
St George District	4	17	16	7	15	11	14	10	11	105	6th
Bankstown Sports	13		10	15	14	15	15	6	12	100	7th
Randwick Botany Harriers	16		12	16		12	20		16	92	8th
Sydney Pacific	17		15	13		10	7	13	10	85	9th
Westfields	15	15	17					24	13	84	10th
Cherrybrook		13	4				10	30	20	77	11th
Sutherland District Athletics	11		8	17		14	13		5	68	12th
Mounties	12	10	9	10		8	3			52	13th
Forster Athletics					24	16		9		49	14th
Athletics Wollongong				5		2		16	9	32	15th
Athletics East	7		3	12		9				31	16th
Wallsend RSL		16	14							30	17th
Maquarie Hunter	0	0	0				7	11	9	27	18th
Kembla Joggers	5			10		8	1			24	19th
University of New South Wales							7	9	7	23	20th
South Sydney								15	6	21	21st
Cambelltown Collegians		14	6							20	22nd
Mingara	9		6				3			18	=23rd
Sydney Striders	0	0	0				13		5	18	=23rd
Blue Mountains							13		5	18	=23rd
Trinity Athletics Club					12			5		17	=26th
Illawarra Blue Stars				8		5		3	1	17	=26th
Girraween					11	4				15	=28th
Nepean District	9		6							15	=28th
Camden		11	1							12	30th
Nowra Athletics Club				6		3		1		10	=31st
Ryde								5	5	10	=31st
Edgeworth and Districts							9			9	=33rd
Parramatta City							9			9	=33rd
Blacktown City	6		2							8	35th
Armidale	4									4	36th
Adamstown New Lambton								2		2	37th



Athletics
New South Wales





2015/16 NSW SUMMER PREMIERSHIP - JUNIOR BOYS

Athletics NSW Club	2015 State Relays			2016 Club Championships			2016 Junior Championships			Total	Ranking
	Track	Field	Overall	Track	Field	Overall	Track	Field	Overall		
Trinity	30	15	24	30	30	30	24	24	24	231	1st
UTS Northern Suburbs	20	20	20	24	20	20	30	30	30	214	2nd
Cherrybrook	12	24	17	20	24	24	16	20	20	177	3rd
Hills District	24	30	30	16	8	13	14	17	16	168	4th
St George District	16	13	16	17	15	17	11	13	15	133	5th
Asics Wests	5	16	14	10	14	14	10	14	14	111	6th
Mounties	14	11	11	14	17	16		11	7	101	7th
Parramatta City		17	8	6	12	10		16	13	82	8th
Sydney Striders	17		15	15	10	10	15		8	80	9th
Bankstown Sports	3	10	5	13	16	15		9	6	77	10th
Nepean District	10	9	9	5	5	5	5	10	9	67	11th
Illawong and Districts	11	14	12	12		8	2	1	3	63	12th
Westfields	7	7	6	10	10	12	3	3	4	62	=13th
Sydney Pacific	9		5	2	13	11		12	10	62	=13th
Kembla Joggers	15		14				20		12	61	15th
Macquarie Hunter							17	15	17	49	16th
Mingara					8	3	12	5	11	39	17th
Nowra	13		10	8		2	4			37	18th
The Scots College	7	8	7			2	6			30	19th
Sutherland Districts	4		5				13		5	27	20th
Ryde Athletics		12	1	3				7	2	25	21st
Sydney University				11	3	7		3		24	22nd
Armidale	9		5				7			21	23rd
Randwick Botany Harriers	1			5	2		10		1	19	24th
South Sydney					11	1		6		18	25th
Gosford				7	4	6				17	26th
Wyong				2	8	4				14	27th
Girraween					9					9	28th
Illawarra Blue Stars	2		2					4		8	=29th
Forster								8		8	=29th
Newington School							8			8	=29th
Campbelltown Collegians					2					2	32nd



Athletics
New South Wales



2015/16 NSW SUMMER PREMIERSHIP - JUNIOR GIRLS

Athletics NSW Club	2015 State Relays			2016 Club Championships			2016 Junior Championships			Total	Ranking
	Track	Field	Overall	Track	Field	Overall	Track	Field	Overall		
UTS Northern Suburbs	30	14	30	30	24	30	30	16	30	234	1st
Cherrybrook	17	15	20	24	30	24	20	24	24	198	2nd
Asics Wests	14	20	17	20	17	20	13	30	20	171	3rd
Hills District	20	30	24	16	15	15	8	17	16	161	4th
Illawong and Districts	15	12	15	13	20	17	16	13	15	136	5th
St George District	6	16	12	14	14	13	5	15	13	108	6th
Ryde	24	11	16		5		11	14	17	98	7th
Bankstown Sports	12	7	10	17	12	16	14		5	93	8th
Westfields	10	24	15	4	13	11		11	4	92	9th
Sutherland District Athletics	13		9	15		10	17		7	71	10th
Campbelltown Collegians	4	17	11					20	12	64	11th
South Sydney				12	11	12	9	10	9	63	=12th
Kembla Joggers	16		13				24		10	63	=12th
Sydney Pacific	4	13	7	5		2	10	8	11	60	14th
Macquarie Hunter	9		6				15	12	14	56	15th
Mingara				11	16	14	2	4	1	48	16th
Athletics Wollongong				11	8	8	7	7	8	41	17th
Mounties	11		8	6	5	7				37	=18th
Nepean District		11			10	4		9	3	37	=18th
Nowra	2	9	4	7		3	1	5	2	33	20th
Forster				8	5	9				22	21st
Randwick Botany Harriers				2			12	1	6	21	22nd
Armidale	8		5				6			19	23rd
Blue Mountains				9		7				16	=24th
Sydney Striders	7		4	1			4			16	=24th
Gosford				3	6	5				14	=26th
Wyong					8			6		14	=26th
Girraween					9	2				11	=28th
Athletics East	6		2					3		11	=28th
Illawarra Blue Stars		8	1							9	30th
Trinity					7					7	31st
Balmain	0	0	0				3	1		4	32nd
Wallsend					2			1		3	33rd
Eastlakes								2		2	34th
Sydney University	1									1	=35th
Maitland					1					1	=35th



Athletics
New South Wales





2015/16 NSW SUMMER PREMIERSHIP - MASTERS MEN

Athletics NSW Club	2015 State Relays			2016 Club Championships			2016 Masters Championships			Total	Ranking
	Track	Field	Overall	Track	Field	Overall	Track	Field	Overall		
Mingara	24	20	30	24	30	30	16	17	17	208	1st
UTS Northern Suburbs	20	17	20	30	16	24	30	24	24	205	2nd
Sydney Pacific	30		24	20	12	15	20	16	20	157	3rd
NSW Masters				11	24	16	24	30	30	135	4th
Hills District	17		17	17		13	17	6	16	103	5th
Asics Wests	7	14	6	12	14	11	7	13	11	95	6th
Mounties	16		16	16		12	15		12	87	7th
Illawong and Districts		24	8	5	15	14	3	9	8	86	8th
Balmain	8	16	11		14	6		15	10	80	9th
Ryde		30	9		11			14	9	73	10th
Camden	13		13				12	12	14	64	11th
Blue Mountains				8	8	7	5	20	15	63	12th
Cherrybrook				15	20	20		5		60	13th
Girraween	10	15	12		9	2		8	2	58	14th
Illawarra Blue Stars	15		15	3		2	14		7	56	15th
Athletics East	14		14	13		10	2			53	16th
Epping				14	17	17				48	17th
Sydney University	10		5	11		9	9		1	45	18th
Sydney Striders	7		4				13	7	13	44	19th
St George District	4		2	11		9	8	4	5	43	20th
Randwick Botany Harriers	11		8	7		6	4	2	3	41	21st
Sutherland District	12		11	7		6				36	22nd
Woolgoolga				4		3		11	4	22	23rd
Campbelltown Collegians							11	4	6	21	24th
Athletics Wollongong	5		3					11	1	20	25th
Nepean District		13	1	1			1			16	26th
Trinity Athletics Club					11					11	27th
Armidale							10			10	28th
Bankstown Sports							6			6	29th
University of NSW				2						2	30th
Blacktown City	0	0	0					1		1	31st



NSW Treloar Shield Pointscore

Place	Club	Points								Treloar Shield Rank								TOTAL
		Round 1	Round 2	Round 3	Round 4	Round 5	Round 6	Round 7	Round 8	Round 8	Round 7	Round 6	Round 5	Round 4	Round 3	Round 2	Round 1	
1st	UTS Northern Suburbs	3121.5	4017	4047	2897	3014	2504	3579	2689	1	1	1	1	1	1	1	1	8
2nd	Asics Wests	1472	1682	1625	1441	1430	1488	1023	1994	2	5	2	4	2	2	4	3	24
3rd	Sydney University	1658.5	1955	1185	1413	1670	1253	1564	1993	3	3	4	3	3	4	3	2	25
4th	Cherrybrook	1159.5	1073.5	1134.5	888	2206	1316.5	776	1586	4	9	3	2	7	7	6	4	42
5th	Sydney Pacific	914	3790	717	995	985	888	1080	595	13	4	6	7	4	9	2	6	51
6th	Trinity Athletics	926	1227	1124.5	915	887	544.5	329	1193.5	5	18	13	9	5	8	5	5	68
7th	Bankstown	908.5	680	1319	463	692	726	1676	346	17	2	8	13	9	3	9	8	69
8th	Hills	663	736.5	492	353	1250	808	522	1170	6	14	7	6	12	13	7	10	75
9th	Westfields	909	704	1169	336	703	604	785	311.5	19	8	11	12	13	5	8	7	83
10th	St. George	618.5	667	657	803	538	589.5	528	997	8	13	12	15	8	11	10	11	88
11th	Illawong	695	163	1136	317	726.5	229	621	986	9	12	22	11	15	6	23	9	107
12th	Mounties	612	16	704	427	1266	487	682	545	15	11	14	5	11	10	37	12	115
13th	Randwick Botany Harriers	190	475	298	894	328	420	894	801.5	10	6	16	21	6	21	11	26	117
14th	Sutherland Districts	252	382	510	57	891	985	789	575	14	7	5	8	34	12	15	23	118
15th	Athletics East	593	431	157	323	307	646	225	701	11	24	10	24	14	28	13	13	137
-16th	Mingara	303	290	278	180	653	228	506	1094	7	16	23	14	23	22	18	20	143
-16th	Balmain Athletics	339	325	318	445	450	267.5	53	600.5	12	31	19	16	10	19	17	19	143
18th	Ryde	266	146	331	223	732	300.5	326	284	20	19	17	10	20	18	24	21	149
19th	Kembla Joggers	253	90	471	234	359	438	218	157	26	25	15	20	18	15	27	22	168
20th	The Scots College	383.5	413	415	305	313	116	164	88	33	28	28	23	16	16	14	16	174
21st	Campbelltown	140	210	482	51	444	657.5	168	136	27	27	9	17	35	14	21	31	181
22nd	Athletics Wollongong	496	71	124	218	191	146	724	246	22	10	26	28	22	32	31	15	186
23rd	University of NSW	502	96	240	294	126	30	132	530	16	29	35	30	17	24	25	14	190
24th	Sydney Striders	72	450	275	223	299	146	191	235	23	26	26	26	20	23	12	36	192
25th	Nepean	173	371	234	128	307	238	30	110	30	35	21	24	25	25	16	28	204
26th	NSW Masters	157	183	92	114	401	222	269	97	32	23	24	18	26	35	22	29	209
27th	Illawarra Blue Stars	184	29	299	37	89	268	280	314	18	22	18	32	38	20	35	27	210
28th	Epping	364	257	188	228	86	78	306	0	44	20	31	35	19	26	19	17	211
29th	Nowra	198	0	390	60	151	261	0	257	21	38	20	29	32	17	39	25	221
30th	Blue Mountains	141	78	118	90	327	213	298	63.5	34	21	25	22	28	33	30	30	223
31st	Forster	353	0	72	50	364	78.5	516	0	44	15	30	19	36	37	39	18	238
32nd	South Sydney Athletics	98	30	170	104	68	17	50	168	25	33	39	36	27	27	32	34	253
33rd	Macquarie Hunter Athletics	0	30	130	60	20	30	72	197	24	30	35	38	32	31	32	42	264
34th	Newington College	216.5	86	135	45	87	0	44	31	37	34	42	33	37	30	29	24	266
35th	Old Barker College	120	90	80	80	0	68	52	48	35	32	32	42	30	36	27	33	267
36th	Parramatta Track and Field	82	91	40	82	40.5	30	0	134	28	38	35	37	29	41	26	35	269
37th	Girraween	38	0	118	0	213	27	361	23	41	17	38	27	42	33	39	37	274
38th	Camden	24	0	57	69	93	108	0	110	30	38	29	31	31	39	39	39	276
39th	Blacktown City	0	240	66	180	20	0	0	12	42	38	42	38	23	38	20	42	283
40th	Glenbrook Athletics Centre	125.5	0	141	0	87	0	0	44	38	42	33	42	29	39	32	299	
41st	Douglas Park	20	30	57	0	17	49	0	0	44	38	33	40	42	39	32	40	308
42nd	Bathurst	30	0	0	37	0	0	0	34	36	38	42	42	38	43	39	38	316
43rd	Woolgoolga	0	0	0	0	0	0	0	120	29	38	42	42	42	43	39	42	317
44th	St Joseph's College	0	0	0	0	0	45.5	0	24	38	38	34	42	42	43	39	42	318
-45th	Westlakes	0	0	0	0	0	0	0	24	38	38	42	42	42	43	39	42	326
-45th	Maitland	0	0	0	0	0	0	0	24	38	38	42	42	42	43	39	42	326
47th	Woodstock Runners	0	0	0	0	0	16	28	0	44	36	40	42	42	43	39	42	328
48th	Wyong Athletics	0	37	0	0	0	0	0	0	44	38	42	42	42	43	36	42	329
-49th	Adamstown	0	0	0	20	0	0	0	0	44	38	42	42	40	43	39	42	330
-49th	Edgeworth	0	0	0	20	0	0	0	0	44	38	42	42	40	43	39	42	330



RBH Winter Results

Novice Championships 2015

Novice Female 7km

5. Tracey Robinson	28:20
8. Louise Arnott	28:42

Novice Male 10k

12. Damien Simpson	36:33
19. Thomas Scullion	37:25
25. Jim Dawes	39:12

Invitational Female 10k

2. Audrey Amiya-Hall	37:39
7 th /35+ Biba Kajan	48:42

Invitational Male 10k

2 nd /35+ Joel Xuereb	42:28
3 rd /45+ Alija Kajan	42:14
4 th /45+ Mark Carmody	42:28

2k Fun Run

3. Harry Armstrong	7:14
4. Roberto Spina	7:18
13. Jade Cameron	8:12
24. Hannah Parker	9:46
28. Kate Arnol	10:31

Invitational 4k

5 th /U18 Harry Armstrong	14:15
8 th /55+ John McGrath	22:53

Male 10k team

1st/35+ Randwick Botany Harriers 1,2,3,4



Our best placed runner at Novice, Tracey Robinson 5th place



NSW Road Championships 2015

10km Open Men

10. Jeff Hunt	30:15
25. Matt Cole	32:04
41. Patrick Elliot	33:07
44. David Spence	33:16
99. Martin Considine	35:38
126. Damien Simpson	36:21
152. Joel Xuereb	37:15
164. Sam Scott	37:43
296. Roberto Spina	41:19
310. Mark Carmody	41:45
336. Peter Spehr	42:39

10km Men 35-39

15. Damien Simpson	36:21
21. Joel Xuereb	37:15

10km Men 40-44

10. Martin Considine	35:38
41. Roberto Spina	41:19

10km Men 45-49

16. Sam Scott	37:43
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10km Men 50-54

8. Mark Carmody	41:45
10. Peter Spehr	42:39

5km U16 Boys

6. Drew Fryer	18:00
7. Greg Klugman	18:29

5km U18 Boys

2. Kurt Fryer	16:15
11. Daniel Hazan	17:01

10km Open Women

10. Jo Crackett	35:44
15. Audrey Amiya-Hall	37:00
19. Nicolette Lesberg	37:55
26. Emma Jenkins	38:34
34. Louise Arnott	39:29
79. Heidi Hunt	44:11
90. Kajan Biba	45:58

10km Women 35-39

2. Jo Crackett	35:44
6. Emma Jenkins	38:34
17. Heidi Hunt	44:11

10km Women 45-49

1. Louise Arnott	39:29
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10km Women 55-59

5. Kajan Biba	45:58
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2.5k U12 Girls

15. Alexandra Field	11:58
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2.5k U14 Girls

19. Jade Cameron	10:05
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Sydney 10k fastest RBH runner, Jeff Hunt



Cross Country Relays, Miranda, 30 May 2015

U12 Boys 2k Individual run

Rory Wylie 7:52

U14 Girls, 2k Individual run

Jade Cameron 8:10

Open Men 4k Individual run

Neil Lynch 16:35

Open Men A, 4 x 4k, 1st

1. Courtney Carter 12:42
2. Jeff Hunt 12:51
3. Ben Moreau 12:46
4. Jeremy Roff 12:40

Open Man B, 4 x 4k, 5th

1. Zac Facioni 13:30
2. Ryan Beetson 14:23
3. Patrick Elliot 13:46
4. Harry Summers 13:02

35+ Men, 4 x 4k, 2nd

1. Nic Cope 13:36
2. Martin Considine 14:43
3. Joel Xuereb 15:50
4. Gary Howard 15:10

45+ Men, 4 x 4k, 5th

1. Manu Sivaraj 15:47
2. Peter Spehr 17:43
3. Mark Carmody 17:36
4. Patrick O'Reilly 17:15

U12 Girls, 4 x 2k, 4th

1. Tabitha Palmer 8:51
2. Gabby Ibrahim 9:09
3. Alexandra Smeallie 10:07
4. Alexandra Field 8:45

U18 Girls, 4 x 3k, 3rd

1. Olivia Lee 14:47
2. Georgia Evans 11:57
3. Lily Harding-Delooze 12:02
4. Amy Harding-Delooze 11:31

Open Women A, 4 x 4k, 3rd

1. Anna Fitzgerald 15:41
2. Tracey Robinson 17:03
3. Cecily Parson/Butler 17:11
4. Julie Broberg 16:18

Open Women B, 4 x 4k, 8th

1. Nicole Pearson 16:44
2. Nicola Harris 17:44
3. Heidi Hunt 17:59
4. Adrienne Torda 19:00

Open Women C, 4 x 4k, 14th

1. Biba Kajan 20:03
2. Hannah Parker 21:52
3. Narelle Grayson 19:58
4. Linda Strutt 23:48



Annabelle with winning team (L to R): Jeremy Roff, Jeff Hunt, Ben Moreau and Courtney Carter



Long Course Cross Country, Nowra, 20 June 2015

U12 Female, 2k

10. Alexandra Field 8:07

U12 Male, 2k

2. Bailey Habler 7:22

6. Rory Wilie 7:28

U16 Male, 4k

4. Drew Fryer 13:50

10. Gregory Klugman 14:30

U18 Female, 4k, 1st as team

2. Amy Harding-Delooze 14:52

4. Georgia Evans 15:08

5. Lily Harding-Delooze 15:18

13. Manon Wilson 16:42

U18 Male, 6k, 3rd as team

5. Kurt Fryer 20:34

6. Zachary Facioni 20:49

14. Daniel Hazan 21:33

17. Ryan Beeton 21:54

38. William Keir 23:23

45. Harry Armstrong 24:23

46. Stefan Music 24:30

U20 Male, 8k

21. Fraser Garland-Barnes 31:22

Open Female, 8k, 2nd as team

4. Audrey Amiya-Hall 31:43

7. Nikki Lesberg 33:37

8. Julianne Broberg 33:42

17. Nicola Harris 37:48

35+ Female, 8k, 1st as team

2. Cecily Butler 34:12

3. Gemma Jenkins 34:39

8. Heidi Hunt 38:15

11. Narelle Grayson 41:19

45+ Female, 8k

7. Adrienne Torda 39:18

17. Glenda Spehr 50:18

Open Male, 12k, 1st as team

1. Ben Moreau 39:20

4. Jeremy Roff 40:31

9. Eddie Vining 42:53

15. Patrick Elliott 46:18

30. Neil Lynch 52:54

35+ Male, 12k

13. Joel Xuereb 52:35

45+ Male, 12k, 3rd as team

1. Nic Cope 42:39

6. Manu Sivaraj 50:08

12. Patrick O'Reilly 54:38

25. Peter Spehr 59:27

50+ Male, 12k

1. Manu Sivaraj 50:08

11. Peter Spehr 59:27



Ben Moreau, 2015 NSW Cross Country Champion



NSW Road Relays, Ourimbah, 11 July 2015

U12 Female 2k individual

4. Tabita Palmer 08:00

U18 Female 4x2k 1st

1. Jade Cameron 07:56
2. Georgia Evans 06:30
3. Lily Harding-Delooze 06:38
4. Amy Harding-Delooze 06:21

U20 Male 4x4k 2nd

1. Alexander Langdon 13:16
2. Sam Gottlieb 13:26
3. Sam Byrne 13:24
4. Patrick Elliott 13:11

Open Male A team 4x4k 1st 46:30

1. David Byrne 11:37
2. Edward Vining 11:52
3. Ben Moreau 11:23
4. Jeremy Roff 11:37

Open Male B team 4x4k 5th 53:32

1. Ryan Beetson 13:15
2. Fraser Garland-Barnes 13:19
3. Stefan Music 13:20
4. Jack Brooks 13:37

45+ Male 4x4k 2nd

1. Nic Cope 12:31
2. Peter Spehr 15:55
3. Patrick O'Reilly 15:36
4. Manu Sivaraj 14:44

Open Female 4x4k 1st

1. Audrey Amiya-Hall 14:33
2. Lexy Gilmour 14:19
3. Katelyn Simpson 13:30
4. Kate Spencer 13:54

Open Female 4k individual

12. Heidi Hunt 16:44



Open Men team after winning 10th consecutive State title



NSW Short Course Cross Country, UpJohn Park, 1 August 2015

U12 Female 1.5k

9. Alexandra Field	5:45
15. Gabby Ibrahim	6:12

U12 Male 1.5k

4. Rory Wylie	5:17
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U16 Male 2.5k

8. Drew Fryer	8:31
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U18 Female 2.5k

1. Amy Harding-Delooze	8:24
2. Lily Harding-Delooze	8:47
3. Georgia Evans	8:49

Open Female 5k, 1st as team

2. Kate Spencer	17:50
3. Katelyn Simpson	18:23
9. Lexie Gilmour	18:46
14. Audrey Amiya-Hall	19:18
16. Nicolette Lesberg	19:33
20. Emma Jenkins	20:01
29. Julianne Broberg	20:56
33. Cecily Butler	21:04

35+ Female

2. Emma Jenkins	20:01
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40+ Female

4. Cecily Butler	21:04
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Open Male 7.5k, 3rd as team

6. Jeff Hunt	24:17
9. Edward Vining	25:12
25. Patrick Elliott	27:30
52. James Dawes	30:39
56. Patrick O'Reilly	31:57
59. Neil Lynch	32:46

35+ Male 7.5k

8. Jim Dawes	30:39
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50+ Male 7.5k

4. Patrick O'Reilly	31:57
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Australian Cross Country Championships, Melbourne, 29 August 2015

Girls 10 years 2k

8. Alexandra Field 8:30

U16 Female 4k

45. Ruby Swadling 17:29

U18 Female 4k

17. Georgia Evans 16:25

22. Emily Hopper 16:37

Open Female 8k

3. Kate Spencer 28:15

14. Lexy Gilmour 30:09

15. Audrey Amiya-Hall 30:10

27. Nicolette Lesberg 31:53

U16 Male 4k

29. Drew Fryer 15:01

U18 Male 6k

3. Zachary Facioni 18:18

43. Kurt Fryer 19:32

U20 Male 8k

32. Sam Byrne 27:25

Open Male 12k

8. Jeremy Roff 36:32



Kate Spencer and Zac Facioni both earned bronze medal at Australian Cross Country Championships



**Randwick Botany Harriers Track and Field Performance - Men
2015/2016 Season**

<i>Event</i>	<i>Wind</i>	<i>Name</i>	<i>Age</i>	<i>Place</i>	<i>Date</i>	<i>Venue</i>
60m						
10.39	0.1	Graham Ryan	65	3rd/70+	21/02/2016	SOPAC
100m						
11.34	0.8	Alexander Fitzpatrick	18	1st/H1	28/01/2016	Campbelltown
11.37	1.5	Timothy Vrachnas	23	2nd/H3	5/03/2016	SOPAC
11.67	1.2	Declan Stupak-Horgan	17	2nd/H6	5/03/2016	SOPAC
11.73	-0.4	Timothy Vrachnas	22	7th/H2	31/10/2015	Bankstown
11.77	0.3	Timothy Vrachnas	22	2nd/H3	17/10/2015	SOPAC
12.53	NWI	Xavier Zuccon	15	5th/H4	12/03/2016	SOPAC
15.56	1.0	Daniel Jennings	19	1st/PARA	6th/02/2016	SOPAC
15.64	1.7	Daniel Jennings	19	4th/PARA	27/02/2016	SOPAC
16.62	-1.6	Graham Ryan	65	3rd/70+	21/02/2016	SOPAC



Athlete with so much potential – Lachlan Little

200m						
22.59	-0.7	Lachlan Little	20	2nd	7/11/2015	ES Marks
23.28	-0.8	Declan Stupak-Horgan	16	4th/H1	10/10/2015	SOPAC
23.28	1.8	Declan Stupak-Horgan	17	5th	7/02/2016	SOPAC
23.39	-0.7	James Roff	29	6th/H1	7/11/2015	ES Marks
23.41	-1.8	Declan Stupak-Horgan	17	3rd/H2	7/02/2016	SOPAC
23.48	0.1	Declan Stupak-Horgan	17	5th/H2	5/03/2016	SOPAC
23.61	-3.5	Declan Stupak-Horgan	16	1st/U18	7/11/2015	ES Marks
24.15	0.0	Timothy Vrachnas	22	2nd/H4	7/11/2015	ES Marks
30.31	1.1	Patrick O'Reilly	50	4th/H2	12/12/2015	Bankstown



33.97	-0.2	Graham Ryan	74	1st/60+	9/01/2016	Bankstown
35.29	-1.5	Graham Ryan	74	3rd/70+	22/02/2016	SOPAC



Steven Solomon – 2016 National 400m Champion

400m

45.50		Steven Solomon	23	1st	2/04/2016	SOPAC
45.98		Steven Solomon	23	1st	16/04/2016	Canberra
46.22		Steven Solomon	23	1st/SF2	1/04/2016	SOPAC
46.55		Steven Solomon	23	H2/1st	31/03/2016	SOPAC
49.21		Lachlan Little	20	6th	28/11/2015	Blactown
51.48		Declan Stupak-Horgan	16	3rd/H2	9/10/2015	SOPAC
51.87		Declan Stupak-Horgan	16	7th	10/10/2015	SOPAC
52.48		Declan Stupak-Horgan	17	3rd/H2	6/02/2016	SOPAC
54.95		Gary Howard	42	3rd/H3	18/02/2016	Bankstown
55.30		Gary Howard	41	1st/40+	12/12/2015	Bankstown
85.14		Graham Ryan	65	2nd/70+	21/02/2016	SOPAC

800m

1.50.61		Edward Vining	26	4th/H1	31/03/2016	SOPAC
1.51.01		Joshua Wright	25	5th	28/02/2016	SOPAC
1.51.29		Joshua Wright	25	2nd	13/02/2016	SOPAC
1.51.70		Edward Vining	26	7th	19/03/2016	SOPAC
1.52.58		Joshua Wright	25	2nd/H5	27/02/2016	SOPAC
1.52.67		Fraser Garland-Barnes	19	3rd/H2	13/02/2016	SOPAC
1.52.91		Edward Vining	26	2nd/H2	27/02/2016	SOPAC
1.53.48		Edward Vining	26	5th/H1	13/02/2016	SOPAC
1.53.62		Fraser Garland-Barnes	19	3rd/H2	27/02/2016	SOPAC
1.54.13		Edward Vining	26	3rd/H1	5/03/2016	SOPAC
1.54.86		Fraser Garland-Barnes	19	4th	7/02/2016	SOPAC
1.55.20		Stefan Music	18	7th/H1	24/03/2016	SOPAC
1.55.23		Fraser Garland-Barnes	19	4th/H1	5/03/2016	SOPAC
1.55.73		Fraser Garland-Barnes	19	4th/H1	6/02/2016	SOPAC
1.56.06		Sam Strutt	25	4th/H2	24/03/2016	SOPAC



2015 –2016 Annual Report

1.56.30	Stefan Music	18	1st	28/01/2016	Campbelltown
1.56.59	Fraser Garland-Barnes	18	1st	10/10/2015	SOPAC
1.56.86	Fraser Garland-Barnes	18	5th/H1	7/11/2015	ES Marks
1.57.70	Stefan Music	18	5th/H1	6/02/2016	SOPAC
1.58.18	James Roff	29	9th/H1	7/11/2015	ES Marks
1.58.75	Sam Strutt	24	9th/H2	19/12/2015	ES Marks
1.58.95	Stefan Music	17	7th	5/12/2015	Campbelltown
1.59.03	Stefan Music	18	6th/H3	10/03/2016	Perth
1.59.46	Sam Strutt	25	6th/H1	5/03/2016	SOPAC
1.59.47	Stefan Music	18	8th/H1	9/01/2016	Bankstown
1.59.87	Gary Howard	42	1st/H3	24/03/2016	SOPAC
2.00.39	Sam Strutt	24	2nd	24/10/2015	Narrabeen
2.01.27	Gary Howard	41	5th/H2	27/02/2016	SOPAC
2.01.57	Stefan Music	18	6th/H2	27/02/2016	SOPAC
2.02.06	Gary Howard	42	3rd/H2	13/02/2016	SOPAC
2.03.65	Gary Howard	42	1st	16/01/2016	Wollongong
2.04.48	Jack Brooks	26	4th/H2	7/11/2015	ES Marks
2.05.28	Ryan Beetson	16	8th/H3	19/12/2015	ES Marks
2.05.88	Ian Donovan	33	9th/H3	19/12/2015	ES Marks
2.07.01	Conor McGrath	16	7th/H4	19/12/2015	ES Marks
2.07.41	Gary Howard	41	1st/40+	19/12/2015	ES Marks
2.09.87	Conor McGrath	16	13th/H1	7/11/2015	ES Marks
2.11.96	Charles McGrath	14	3rd/U14	7/11/2015	ES Marks
2.12.14	Charles McGrath	14	5th/U16	19/12/2015	ES Marks
2.13.42	Alex Talbot	13	3rd	11/10/2015	SOPAC
2.13.54	Alex Talbot	13	1st/U14	19/12/2015	ES Marks
2.17.39	Alex Talbot	14	6th	7/02/2016	SOPAC
2.22.31	Alex Talbot	14	8th/U16	10/01/2016	Bankstown



Joshua Wright and Jeremy Roff running 1500m final at Australian Championships in Sydney

1500m

3.41.23	Joshua Wright	25	6th	5/03/2016	Melbourne
3.42.68	Joshua Wright	25	5th	19/03/2016	SOPAC
3.43.49	Joshua Wright	25	1st	16/04/2016	Canberra



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3.44.34	Jeremy Roff	33	10th	5/03/2016	Melbourne
3.44.36	Jeremy Roff	33	11th	3/04/2016	SOPAC
3.44.67	Joshua Wright	25	1st/H1	1/04/2016	SOPAC
3.44.68	Joshua Wright	25	12th	3/04/2016	SOPAC
3.45.04	Jeremy Roff	33	2nd/A	18/02/2016	Bankstown
3.45.88	Jeremy Roff	33	5th/H4	1/04/2016	SOPAC
3.46.81	Joshua Wright	25	4th/A	18/02/2016	Bankstown
3.47.05	Jeremy Roff	33	2nd	27/02/2016	SOPAC
3.49.77	Zachary Facioni	17	4th	27/02/2016	SOPAC
3.50.73	Jeremy Roff	33	5th	16/04/2016	Canberra
3.51.05	Jeremy Roff	33	15th	19/03/2016	SOPAC
3.51.25	Zachary Facioni	17	12th/A	18/02/2016	Bankstown
3.52.89	Fraser Garland-Barnes	19	13th/A	18/02/2016	Bankstown
3.52.92	Zachary Facioni	16	1st	9/10/2015	SOPAC
3.53.19	Zachary Facioni	17	1st	6/02/2016	SOPAC
3.54.50	Jeremy Roff	33	1st/H2	26/02/2016	SOPAC
3.54.51	Zachary Facioni	17	1st	5/12/2015	Melbourne
3.55.89	Matthew Hudson	31	8th	27/02/2016	SOPAC
3.56.51	Zachary Facioni	17	6th/H2	26/02/2016	SOPAC
3.57.87	Zachary Facioni	16	11th/H1	1/04/2016	SOPAC
3.59.75	Liam Ridings	27	17th/A	18/02/2016	Bankstown
4.01.42	Stefan Music	18	4th	6/02/2016	SOPAC
4.01.71	Matthew Hudson	31	2nd/H1	26/02/2016	SOPAC
4.02.95	Sam Strutt	25	9th/H2	26/02/2016	SOPAC
4.03.02	Sam Strutt	25	12th/H1	12/03/2016	SOPAC
4.03.29	Stefan Music	18	2nd/B	18/02/2016	Bankstown
4.03.92	Patrick Elliott	20	1st	17/10/2015	SOPAC
4.04.23	Patrick Elliott	20	4th	28/11/2015	Blacktown
4.04.85	Patrick Elliott	20	3rd	12/12/2015	Bankstown
4.05.17	Stefan Music	18	4th	12/12/2015	Bankstown
4.05.24	Sam Strutt	25	3rd/B	18/02/2016	Bankstown
4.10.84	Patrick Elliott	20	2nd/H2	31/10/2015	Bankstown
4.12.56	Ryan Beetson	17	4th	6/02/2016	SOPAC
4.12.89	Stefan Music	18	10th	9/01/2016	Bankstown
4.14.66	Gary Howard	42	1st/40+	9/01/2016	Bankstown
4.18.59	Conor McGrath	16	1st/H2	12/12/2015	Bankstown
4.23.24	Ryan Beetson	16	3rd/H2	12/12/2015	Bankstown
4.24.44	Conor McGrath	17	9th	6/02/2016	SOPAC
4.25.79	Ryan Beetson	16	8th	26/09/2015	SOPAC
4.25.90	Harry Armstrong	16	12th	9/10/2015	SOPAC
4.30.83	Charles McGrath	14	1st/U16	12/12/2015	Bankstown
4.31.14	Alex Talbot	14	3rd	6/02/2016	SOPAC
4.33.28	Alex Talbot	13	3rd	10/10/2015	SOPAC
4.38.32	Alex Talbot	14	4th/U16	9/01/2016	Bankstown
4.59.22	Rory Wylie	12	5th	6/01/2016	SOPAC
5.21.24	Peter Spehr	54	5th/50+	17/10/2015	SOPAC
5.25.23	Patrick O'Reilly	51	2nd/50+	9/01/2016	Bankstown



2015 –2016 Annual Report

9.21.69	Graham Ryan	74	3rd/60+	10/01/2016	Bankstown
mile					
4.06.13	Jeremy Roff	32	5th	17/12/2015	Bankstown
4.12.45	Matthew Hudson	31	1st	16/01/2016	Wollongong
3000m					
8.10.79	Jeremy Roff	33	14th	30/01/2016	Glendale
8.11.67	Matthew Hudson	31	3rd/B	30/01/2016	Glendale
8.13.71	Zachary Facioni	16	5th/A	7/11/2015	ES Marks
8.14.58	Zachary Facioni	17	15th	30/01/2016	Glendale
8.15.74	Jeremy Roff	32	7th/A	7/11/2015	ES Marks
8.32.50	Joshua Wright	24	15th/A	7/11/2015	ES Marks
8.34.44	Zachary Facioni	16	1st	9/10/2015	SOPAC
8.36.68	Jeffrey Hunt	33	17th/A	7/11/2015	ES Marks
8.40.38	Zachary Facioni	16	2nd	4/12/2015	Melbourne
8.54.44	Patrick Elliott	20	19th/A	7/11/2015	ES Marks
9.22.60	Ryan Beetson	16	2nd/E	7/11/2015	ES Marks
9.24.27	Ryan Beetson	17	6th	5/02/2016	SOPAC
9.33.25	Drew Fryer	14	3rd/F	7/11/2015	ES Marks
9.35.95	William Keir	17	8th	5/02/2016	SOPAC
9.47.22	James Dawes	44	15th/E	7/11/2015	ES Marks
9.50.27	Harry Armstrong	16	3rd	27/06/2015	SOPAC
9.53.15	Alex Talbot	14	3rd	5/02/2016	SOPAC
9.54.22	Alex Talbot	14	1st/U16	9/01/2016	Bankstown
10.03.97	Drew Fryer	15	6th	5/02/2016	SOPAC
10.12.74	Martin Considine	44	18th/F	7/11/2015	ES Marks
10.15.76	Drew Fryer	14	7th	8/10/2015	SOPAC
10.34.08	Patrick Xia	14	10th	5/02/2016	SOPAC
11.24.30	Alija Kajan	56	2nd/50+	5/12/2015	Campbelltown
11.27.22	Patrick O'Reilly	50	6th/H	7/11/2015	ES Marks
11.29.71	Alija Kajan	56	8th/H	7/11/2015	ES Marks
11.33.62	Roberto Spina	43	19th/G	7/11/2015	ES Marks



RBH boys Matthew Hudson (winner), Zac Facioni and Jeff Hunt (3rd) at NSW 5000m Championships



2015 –2016 Annual Report

5000m

14.16.38	Matthew Hudson	31	12th	31/03/2016	SOPAC
14.21.83	Matthew Hudson	31	1st	13/02/2016	SOPAC
14.26.04	Jeff Hunt	33	3rd	13/02/2016	SOPAC
14.32.07	Zac Facioni	17	7th	13/02/2016	SOPAC
14.37.49	Courtney Carter	28	9th	13/02/2016	SOPAC
14.46.87	Dave Byrne	34	2nd	19/12/2015	ES Marks
15.14.75	Liam Ridings	26	15th	13/02/2016	SOPAC
15.35.30	Patrick Elliott	20	7th	19/12/2015	ES Marks
15.39.38	Hamish McDonald	34	8th/B	13/02/2016	SOPAC
15.57.21	Liam Ridings	26	11th	19/12/2015	ES Marks
16.13.95	Kurt Fryer	17	14th/B	13/02/2016	SOPAC
16.45.34	William Keir	17	12th/C	13/02/2016	SOPAC
16.46.63	Martin Karm	37	13th/C	13/02/2016	SOPAC
17.34.76	James Dawes	44	2nd/40+	19/12/2015	ES Marks
18.15.44	James Dawes	44	22nd/C	13/02/2016	SOPAC
18.56.34	Andrew Vagi	34	16th/D	13/02/2016	SOPAC
19.38.27	Alija Kajan	56	1st/50+	19/12/2015	ES Marks

10000m

28.42.97	Harry Summers	25	4th	5/12/2015	Melbourne
29.49.04	Matthew Hudson	31	11th	5/12/2015	Melbourne
29.57.25	Ben Moreau	35	2nd	26/02/2016	SOPAC
30.35.45	Jeffrey Hunt	34	4th	26/02/2016	SOPAC
31.59.17	Liam Ridings	27	5th	26/02/2016	SOPAC
33.15.12	Hamish MacDonald	35	8th	26/02/2016	SOPAC

Half Marathon

1:04:32	Ben Moreau	35	3rd	5/07/2015	Gold Coast
1:06:59	Matthew Hudson	31	6th	18/10/2015	Melbourne
1:07:35	Jeffrey Hunt	33	2nd	17/05/2015	Sydney
1:08:04	David Byrne	34	1st	26/07/2015	Sydney

Marathon

300m H

62.04	Graham Ryan	65	1st/70+	21/02/2016	SOPAC
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400m H

53.3	James Roff	30	4th/H2	1/04/2016	SOPAC
53.09	James Roff	30	4th	27/02/2016	SOPAC
53.06	James Roff	30	3rd/H1	26/02/2016	SOPAC
54.18	James Roff	30	1st/30+	21/02/2016	SOPAC
55.48	James Roff	29	3rd	12/12/2015	Bankstown

3000m steeple

9.37.77	Matthew Hudson	31	4th	18/02/2016	Bankstown
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2015 –2016 Annual Report

4x400m

3.24.18		Lachlan Little, James Roff, Declan Stupak, Lora Storey	Open	1st/H1	15/11/2015	Blacktown
3.28.56		Lachlan Little, James Roff, Lora Storey, Patrick Elliott	Open	5th	15/11/2015	Blacktown

4x1500m

16.45.46		Conor McGrath, Ryan Beatson, Fraser Garland-Barnes, Zac Facioni	U20	1st	16/11/2015	Blacktown
19.59.72		Martin Considine, Patrick O'Reilly, Roger Moresi, James Dawes	160+	2nd	15/11/2015	Blacktown
20.46.03		Manu Sivaraj, Patrick O'Reilly, Alija Kajan, Roger Moresi	200+	2nd	16/11/2015	Blacktown

Long Jump

5.17	1.5	Lanley Crowder	49	2nd/45+	21/02/2016	SOPAC
3.30	-2.8	Graham Ryan	74	1st/70+	21/02/2016	SOPAC
3.15	NWI	Graham Ryan	74	1st/70+	9/01/2016	Bankstown

Triple Jump

7.09	0.0	Graham Ryan	65	1st/70+	22/02/2016	SOPAC
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High Jump

1.75		Nicholas Kollias	15	2nd	6/02/2016	SOPAC
1.70		Nicholas Kollias	14	11th	19/12/2015	ES Marks
1.50		Nicholas Kollias	14	10th	7/11/2015	ES Marks

Shot Put (6kg)

9.85		Daniel Jennings	19	1st/PARA	27/02/2016	SOPAC
9.62		Daniel Jennings	18	2nd	28/11/2015	Blacktown
9.53		Daniel Jennings	19	2nd/U20	9/01/2016	Bankstown
9.47		Daniel Jennings	18	1st/PARA	24/10/2015	Narrabeen

Shot Put (4kg)

9.52		Daniel Jennings	18	4th	12/12/2015	Bankstown
9.10		Daniel Jennings	19	1st/PARA	2/08/2015	Greystanes

Discus



2015 –2016 Annual Report

(1kg)

16.22	Graham Ryan	74	3rd/70+	9/01/2016	Bankstown
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Javelin (600g)

14.17	Graham Ryan	74	4th/70+	10/01/2016	Bankstown
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Pole Vault

3.85	Alexander Murrell	20	5th	26/02/2016	SOPAC
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Pentathlon

443.00	Graham Ryan	74	3d/70+	9- 10/01/2016	Bankstown
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Randwick Botany Harriers Track and Field Performance - Women 2015/2016 Season

<i>Event</i>	<i>Wind</i>	<i>Name</i>	<i>Age</i>	<i>Place</i>	<i>Date</i>	<i>Venue</i>
100m						
12.18	1.8	Molly Blakey	18	2nd/H1	5/12/2015	Campbelltown
12.87	1.1	Lisa Wolski	28	7th/H3	27/02/2016	SOPAC
12.89	-0.3	Lisa Wolski	28	4th/H2	5/03/2016	SOPAC
12.91	-0.8	Lisa Wolski	28	7th/H2	27/02/2016	SOPAC
13.04	-1.4	Lisa Wolski	28	9th/H1	16/01/2016	SOPAC
13.11	1.8	Charlotte McGill	13	2nd/H1	31/10/2015	Bankstown
13.25	0.5	Charlotte McGill	13	4th/H3	9/10/2015	SOPAC
13.42	0.1	Charlotte McGill	14	5th/H1	7/02/2016	SOPAC
13.43	-0.1	Mia Economou	15	7th/H2	6/02/2016	SOPAC
13.57	-0.4	Charlotte McGill	14	10th	7/02/2016	SOPAC
13.58	0.0	Charlotte McGill	13	1st/U16	12/12/2015	Bankstown
13.68	1.2	Mia Economou	14	8th/H1	9/10/2015	SOPAC
13.69	1.0	Mia Economou	14	2nd/H3	17/10/2015	SOPAC
14.06	0.3	Mia Economou	14	3rd/H2	27/06/2015	SOPAC
<i>wind assisted</i>						
13.39	2.7	Mia Economou	14	3rd/H2	19/12/2015	ES Marks
14.12	2.7	Sharna-Lea Chandler	15	9th/H2	19/12/2015	ES Marks
200m						
24.36	1.8	Molly Blakey	18	2nd/H2	31/10/2015	Bankstown
24.47	1.4	Molly Blakey	19	4th/H1	10/01/2016	Bankstown
24.94	0.1	Molly Blakey	19	2nd	7/02/2016	SOPAC
25.04	-0.1	Molly Blakey	19	1st/H2	7/02/2016	SOPAC
25.27	-2.0	Molly Blakey	18	3rd/H1	7/11/2015	ES Marks
26.39	1.2	Charlotte McGill	13	1st/U16	12/12/2015	Bankstown
26.95	-1.1	Charlotte McGill	14	3rd/H2	6/02/2016	SOPAC
26.98	0.6	Charlotte McGill	13	2nd/H2	8/10/2015	SOPAC



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27.11	0.8	Charlotte McGill	13	8th	8/10/2015	SOPAC
27.37	-1.5	Charlotte McGill	14	8th	6/02/2016	SOPAC
27.44	NWI	Hayley Arden	19	4th	2/02/2016	Campbelltown
28.25	-2.8	Charlotte McGill	13	6th/H1	7/11/2015	ES Marks
28.47	1.9	Mia Economou	14	6th/H4	9/10/2015	SOPAC
28.64	0.2	Mia Economou	15	8th/H3	7/02/2016	SOPAC
29.17	1.8	Sharna-Lea Chandler	15	3rd/H1	27/06/2015	SOPAC
29.86	1.8	Mia Economou	14	4th/H1	27/06/2015	SOPAC

wind assisted

24.64	2.7	Molly Blakey	18	2nd/H1	5/12/2015	Campbelltown
25.08	2.7	Lora Storey	26	3rd/H1	5/12/2015	Campbelltown
25.43	2.2	Lora Storey	26	3rd/H2	31/10/2015	Bankstown
27.70	3.1	Mia Economou	14	6th/H2	19/12/2015	ES Marks
29.09	2.8	Sharna-Lea Chandler	15	3rd/H3	19/12/2015	ES Marks



Molly Blakey was selected to run 400m at World Junior Championships in Poland

400m

54.36	Molly Blakey	18	3rd	30/01/2016	Glendale
54.57	Lora Storey	27	1st/H2	6/02/2016	Canberra
54.80	Molly Blakey	18	1st	16/01/2016	Wollongong
54.82	Molly Blakey	18	2nd	28/11/2015	Blacktown
55.23	Lora Storey	26	3rd	28/11/2015	Blacktown
55.42	Molly Blakey	18	2nd	7/01/2016	Canberra
55.53	Molly Blakey	18	1st/H1	12/12/2015	Bankstown
55.77	Molly Blakey	19	2nd	6/02/2016	SOPAC
56.31	Molly Blakey	18	6th	13/03/2016	Perth
56.36	Molly Blakey	18	1st/H2	12/03/2016	Perth
60.02	Lily Harding-Delooze	17	5th/H1	26/09/2015	SOPAC
64.94	Sharna-Lea Chandler	17	5th	24/03/2016	SOPAC
67.43	Sharna-Lea Chandler	15	3rd	27/06/2015	SOPAC
69.52	Hannah Parker	13	6th/H1	9/10/2016	SOPAC



With 3 wins at AA tour Selma Kajan was pretty dominant during domestic season

800m

2.02.26	Selma Kajan	24	1st	12/03/2016	Perth
2.02.68	Lora Storey	26	2nd	12/03/2016	Perth
2.02.90	Selma Kajan	24	2nd	30/01/2016	Glendale
2.03.22	Lora Storey	26	3rd	30/01/2016	Glendale
2.04.09	Lora Storey	26	3rd	20/02/2016	Adelaide
2.04.65	Selma Kajan	24	2nd	3/04/2016	SOPAC
2.04.95	Selma Kajan	24	1st	13/02/2016	Hobart
2.05.08	Selma Kajan	24	1st/H1	1/04/2016	SOPAC
2.05.11	Lora Storey	26	4th	3/04/2016	SOPAC
2.05.31	Selma Kajan	24	1st	19/03/2016	Brisbane
2.05.84	Lora Storey	26	1st/H1	19/12/2015	ES Marks
2.06.43	Lora Storey	26	2nd/H3	1/04/2016	SOPAC
2.06.84	Amy Harding-Delooze	17	1st	9/09/2015	Apia, Samoa
2.07.27	Amy Harding-Delooze	18	2nd	10/03/2016	Perth
2.07.36	Lily Harding-Delooze	18	3rd	10/03/2016	Perth
2.07.44	Amy Harding-Delooze	18	2nd	28/02/2016	SOPAC
2.07.59	Lily Harding-Delooze	18	4th/H3	1/04/2016	SOPAC
2.08.04	Lily Harding-Delooze	18	4th	28/02/2016	SOPAC
2.08.25	Lily Harding-Delooze	18	1st	7/02/2016	SOPAC
2.08.96	Lily Harding-Delooze	17	2nd/H1	19/12/2015	ES Marks
2.09.17	Lily Harding-Delooze	18	7th	30/01/2016	Glendale
2.09.30	Amy Harding-Delooze	18	2nd	7/02/2016	SOPAC
2.09.44	Lora Storey	26	1st	7/11/2015	ES Marks
2.09.53	Lily Harding-Delooze	18	2nd/H1	27/02/2016	SOPAC
2.09.68	Katelyn Simpson	21	4th/H1	13/02/2016	SOPAC
2.10.04	Lily Harding-Delooze	18	5th/H1	13/02/2016	SOPAC
2.10.15	Lily Harding-Delooze	17	1st	6/12/2015	Melbourne
2.10.28	Amy Harding-Delooze	17	2nd	6/12/2015	Melbourne
2.10.75	Lily Harding-Delooze	17	2nd/H1	7/11/2015	ES Marks
2.10.91	Amy Harding-Delooze	18	1st/H2	27/02/2016	SOPAC



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2.11.58	Lily Harding-Delooze	17	2nd	27/09/2015	SOPAC
2.11.73	Lily Harding-Delooze	17	5th	9/09/2015	Apia, Samoa
2.11.85	Amy Harding-Delooze	17	1st	10/10/2015	SOPAC
2.11.92	Lily Harding-Delooze	18	2nd/H1	9/03/2016	Perth
2.12.16	Lily Harding-Delooze	17	2nd	10/10/2015	SOPAC
2.12.20	Amy Harding-Delooze	18	2nd/H2	9/03/2016	Perth
2.12.84	Georgia Evans	16	6th/H1	19/12/2015	ES Marks
2.13.58	Georgia Evans	17	5th	10/03/2016	Perth
2.14.19	Georgia Evans	17	10th	30/01/2016	Glendale
2.14.55	Georgia Evans	16	1st	10/10/2015	SOPAC
2.14.82	Georgia Evans	16	6th/H1	7/11/2015	ES Marks
2.15.14	Georgia Evans	17	7th/H1	13/02/2016	SOPAC
2.15.60	Georgia Evans	17	3rd/H1	9/03/2016	Perth
2.16.41	Davina Smith	24	8th?h1	7/11/2015	ES Marks
2.16.47	Georgia Evans	16	4th	24/10/2015	Narrabeen
2.16.63	Emily Hopper	17	3rd	27/09/2015	SOPAC
2.16.90	Davina Smith	24	7th/H1	19/12/2015	ES Marks
2.17.22	Davina Smith	24	5th/H1	24/10/2015	Narrabeen
2.17.43	Emily Hopper	17	5th	10/10/2015	SOPAC
2.17.63	Emily Hopper	17	3rd/H2	13/02/2016	SOPAC
2.17.94	Emily Hopper	18	9th	7/02/2016	SOPAC
2.19.30	Emily Hopper	18	9th/H1	27/02/2016	SOPAC
2.20.31	Emily Hopper	17	8th/H1	19/12/2015	ES Marks
2.23.09	Mikayla Hopper	16	2nd/H2	6/02/2016	SOPAC
2.23.15	Mikayla Hopper	16	6th	7/02/2016	SOPAC
2.23.31	Nikita Spalvins	17	8th	7/02/2016	SOPAC
2.24.03	Georgia Evans	16	1st/H1	10/10/2015	SOPAC
2.24.90	Nikita Spalvins	17	4th/U18	9/01/2016	Bankstown
2.25.34	Nikita Spalvins	16	3rd/H1	10/10/2015	SOPAC
2.25.61	Nikita Spalvins	16	8th	10/10/2015	SOPAC
2.25.79	Nikita Spalvins	16	2nd	24/10/2015	Narrabeen
2.30.55	Nikita Spalvins	17	8th	7/02/2016	SOPAC
2.36.96	Jade Cameron	12	9th	7/11/2015	ES Marks
2.37.55	Jade Cameron	12	7th/H2	19/12/2015	ES Marks
2.44.05	Alexandra Field	10	10th/H2	19/12/2015	ES Marks
2.48.24	Sharna-Lea Chandler	15	8th	7/11/2015	ES Marks



Upcoming junior Jade Cameron showed big improvement this season



Katelyn Simpson mixing it up with best Aussie 1500m girls at Melbourne Track Classic

1500m

4.14.49	Katelyn Simpson	22	7th	19/03/2016	SOPAC
4.16.18	Amy Harding-Delooze	18	10th	19/03/2016	SOPAC
4.16.29	Katelyn Simpson	22	6th	2/04/2016	SOPAC
4.17.36	Katelyn Simpson	22	1st	28/02/2016	SOPAC
4.17.66	Katelyn Simpson	22	5th	5/03/2016	Melbourne
4.18.02	Amy Harding-Delooze	17	1st	7/09/2015	Apia, Samoa
4.18.92	Katelyn Simpson	22	4th/H2	31/03/2016	SOPAC
4.19.91	Amy Harding-Delooze	18	4th/H1	31/03/2016	SOPAC
4.20.01	Katelyn Simpson	22	1st	18/02/2016	Bankstown
4.20.25	Amy Harding-Delooze	18	8th	30/01/2016	Glendale
4.20.51	Amy Harding-Delooze	18	1st	6/02/2016	SOPAC
4.20.90	Amy Harding-Delooze	18	9th	2/04/2016	SOPAC
4.21.32	Victoria Mithcell	33	6th	19/07/2015	Lapinlahti
4.22.46	Amy Harding-Delooze	18	2nd	18/02/2016	Bankstown
4.23.68	Amy Harding-Delooze	17	1st	5/12/2015	Melbourne



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4.23.69	Amy Harding-Delooze	18	1st	12/03/2016	Perth
4.24.56	Lily Harding-Delooze	18	13th	19/03/2016	SOPAC
4.29.13	Lily Harding-Delooze	17	2nd	5/12/2015	Melbourne
4.29.69	Amy Harding-Delooze	17	1st	8/10/2015	SOPAC
4.30.07	Katelyn Simpson	22	2nd/H1	26/02/2016	SOPAC
4.30.12	Lily Harding-Delooze	17	2nd	8/10/2015	SOPAC
4.30.23	Georgia Evans	16	3rd	5/12/2015	Melbourne
4.31.43	Georgia Evans	17	6th	28/02/2016	SOPAC
4.34.02	Georgia Evans	17	5th	18/02/2016	Bankstown
4.34.70	Georgia Evans	17	3rd	12/03/2016	Perth
4.35.60	Georgia Evans	17	3rd/H2	26/02/2016	SOPAC
4.38.00	Emily Hopper	18	6th/H2	26/02/2016	SOPAC
4.38.37	Georgia Evans	17	6th	6/02/2016	SOPAC
4.39.30	Georgia Evans	17	13th/H2	31/03/2016	SOPAC
4.39.79	Davina Smith	24	2nd	12/12/2015	Bankstown
4.41.54	Georgia Evans	17	4th/H2	8/03/2016	Perth
4.42.07	Georgia Evans	16	1st	9/10/2015	SOPAC
4.45.95	Emily Hopper	18	8th	6/02/2016	SOPAC
4.54.05	Audrey Amiya-Hall	22	5th	12/12/2015	Bankstown
5.01.03	Nikita Spalvins	17	3rd/U18	10/01/2016	Bankstown
5.06.38	Audrey Amiya-Hall	22	6th	31/10/2015	Bankstown
5.08.33	Nikita Spalvins	16	12th	9/10/2015	SOPAC
5.11.92	Nikita Spalvins	17	8th	6/02/2016	SOPAC
5.19.44	Jade Cameron	12	9th	17/10/2015	SOPAC
5.24.14	Jade Cameron	12	5th	9/10/2015	SOPAC

mile

5.20.42	Audrey Amiya-Hall	22	15th	17/12/2015	Bankstown
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Amy and Lily Harding-Delooze winning at Australian Allschools

3000m

9.32.16	Amy Harding-Delooze	17	6th/A	7/11/2015	ES Marks
9.43.69	Lexy Gilmour	26	11th/A	7/11/2015	ES Marks
10.05.07	Lexy Gilmour	27	1st	16/01/2016	Wollongong
10.06.69	Lexy Gilmour	26	4th	24/10/2015	Narrabeen
10.11.48	Audrey Amiya-Hall	23	2nd	16/01/2016	Wollongong



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11.13.76	Nikita Spalvins	17	3rd	5/02/2016	SOPAC
10.25.73	Audrey Amiya-Hall	22	5th/B	7/11/2015	ES Marks
10.26.36	Nicolette Lesberg	30	4th	16/01/2016	Wollongong
10.37.41	Audrey Amiya-Hall	22	2nd	5/12/2015	Campbelltown
10.42.54	Audrey Amiya-Hall	22	7th	24/10/2015	Narrabeen
10.53.34	Anna Fitzgerald	38	6th	7/11/2015	ES Marks
10.59.89	Nikita Spalvins	16	19th/B	7/11/2015	ES Marks
11.12.52	Jade Cameron	13	8th	5/02/2016	SOPAC

5000m

16.15.86	Kate Spencer	21	5th	1/04/2016	SOPAC
17.52.45	Audrey Amiya-Hall	23	1st	10/01/2016	Bankstown
18.09.48	Anna Fitzgerald	38	8th	13/02/2016	SOPAC
18.12.38	Audrey Amiya-Hall	22	2nd	19/12/2015	ES Marks
18.15.61	Anna Fitzgerald	38	1st/35+	21/02/2016	SOPAC
18.15.86	Nicolette Lesberg	29	9th	13/02/2016	SOPAC

10000m



Victoria Mitchell was Australian 3000m steeple representative at World Championships

Half Marathon

1:16:08	Victoria Mithcell	33	4th	17/05/2015	Sydney
1:21:27	Anna Fitzgerald	37	10th	17/05/2015	Sydney

90m hurdles

14.03	1.3	Mia Economou	15	5th	5/03/2016	SOPAC
14.17	1.5	Mia Economou	14	4th/U16	19/12/2015	ES Marks
14.36	-0.8	Mia Economou	15	4th	6/02/2016	SOPAC
15.48	-0.3	Mia Economou	14	5th	17/10/2015	SOPAC
15.55	-3.5	Mia Economou	14	8th	7/11/2015	ES Marks
15.87	-0.4	Mia Economou	14	2nd/H2	26/09/2015	SOPAC

wind assisted

14.46	2.4	Mia Economou	15	4th/U16	9/01/2016	Bankstown
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100m hurdles (76.2)



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16.90	1.3	Olivia Payne	16	8th/U17	6/02/2015	SOPAC
17.35	1.3	Tullia Votano	16	10th/U17	6/02/2015	SOPAC
17.73	-1.3	Tullia Votano	16	3rd/U17	10/01/2015	SOPAC



Lora Storey had fantastic season in both 400m H and 800m events

400m hurdles

57.44	Lora Storey	27	1st	27/02/2016	SOPAC
57.72	Lora Storey	27	H2/1st	26/02/2016	SOPAC
57.79	Lora Storey	27	2nd	5/03/2016	Melbourne
58.48	Lora Storey	27	3rd	5/02/2016	Canberra
58.56	Lora Storey	26	1st	12/12/2015	Bankstown
58.88	Lora Storey	27	1st/H1	9/01/2016	Bankstown

2000m steeple

3000m steeple

9.36.52	Victoria Mithcell	33	3rd	1/08/2015	Ninove, BEL
9.43.73	Victoria Mithcell	33	11th/H	24/08/2015	Beijing, CHN
9.49.44	Victoria Mithcell	33	2nd	23/07/2015	Joensu, FIN

1500m walk

8.15.10	Olivia Thomson	11	2nd	7/11/2015	ES Marks
8.30.27	Olivia Thomson	11	1st	24/10/2015	Narrabeen

3000m walk

16.43	Hannah Parker	14	1st	5/02/2016	SOPAC
17.22.65	Hannah Parker	13	5th	8/10/2015	SOPAC
17.29.16	Hannah Parker	13	2nd	24/10/2015	Narrabeen
17.33.59	Olivia Thomson	12	8th/U14	5/02/2016	SOPAC
19.44.12	Olivia Thomson	12	6th/U14	9/01/2016	Bankstown

4x800m

9.04.85	Emily Hoper, Georgia Evans, Lily Harding-Delooze, Amy Harding-Delooze	Open	2nd	14/11/2015	Blacktown
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*New Australian U18 and U20 girls 4 x 1500m record
Lily Harding-Delooze, Georgia Evans, Emily Hopper and Amy Harding-Delooze*

4x1500m

18.22.47		Lily Harding-Delooze, Georgia Evans, Emily Hoper, Amy Harding-Delooze	Open	2nd	15/11/2015	Blacktown
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Pole Vault

3.10		Isabella Murrell	17	8th	11/03/2015	SOPAC
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Long Jump

5.17	0	Charlotte McGill	14	1st	7/02/2016	SOPAC
5.09	NWI	Charlotte McGill	13	1st	31/10/2015	Bankstown
5.08	NWI	Charlotte McGill	13	3rd	12/12/2015	Bankstown
5.02	-1.3	Charlotte McGill	13	1st	8/10/2015	SOPAC

High Jump

1.65		Samantha Kiss	16	3rd	7/02/2016	SOPAC
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Triple Jump

10.96	-0.3	Charlotte McGill	14	1st	7/02/2016	SOPAC
10.86	1.9	Charlotte McGill	13	3rd	7/11/2015	ES Marks
10.73	1.1	Charlotte McGill	13	1st	8/10/2015	SOPAC



Male Records

100 m			
Senior	David Dworjanyn	10.47	1989
U20	Peter Gandy	10.3 h	1979
U18	Peter Gandy	10.3 h	1979
U16	Peter Gandy	11.0 h	1977
200 m			
Senior	Peter Gandy	20.66	1981
U20	David Dworjanyn	21.4 h	1987
U18	Stuart Miller, Brad Rees	21.5 h	1979, 1979
U16	Peter Singleton	22.6 h	1972
400 m			
Senior	Darren Clark	44.38	1988
U20	Darren Clark	44.75	1984
U18	Steven Solomon	46.44	2010
U16	Peter Gandy	50.5 h	1977
800 m			
Senior	Paul Gilbert	01:45.6	1984
U20	Joshua Johnson	01:50.8	2009
U18	Joshua Johnson	01:50.8	2009
U16	Joshua Johnson	01:58.6	2007
1500 m			
Senior	Jeremy Roff	03:34.4	2009
U20	Jack Stapleton	03:44.0	2014
U18	Morgan McDonald	03:50.7	2013
U16	Joshua Johnson	04:02.3	2007
mile			
Senior	Jeremy Roff	03:55.0	2009
U20	Jack Stapleton	04:01.3	2014
3000 m			
Senior	Youcef Abdi	07:54.3	2003
U20	Jack Stapleton	08:08.9	2014
U18	Jack Stapleton	8.11.49	2012
U16	Joshua Johnson	8.41.00	2007
5000 m			
Senior	Harry Summers	13.34.58	2012
U20	Morgan McDonald	14.07.11	2014
10000 m			
Senior	Harry Summers	28:13.2	2012
U20	Greg Dunford	30:01.2	1976
Half Marathon			
Senior	Jeffrey Hunt	62:44:00	2009
Marathon			
Senior	Jeffrey Hunt	2:11:00	2010
110m Hurdles			



Senior	Warren Parr	13.88	1976
U20	Ken Elphick	14.3h	1969
U18	S. McIntyre	14.53	1988
U16 (100 m)	Ben Kirkby	13.43	1999
400m Hurdles			
Senior	Gary Knoke	49.3 h	1972
U20	Glenn McLaughlin	51.69	1981
U18 (84 cm)	Steven Solomon	53.7	2009
U16 (200 m)	Clinton Sills	26.14	2005
3000m Steeple			
Senior	Youcef Abdi	08:22.0	2006
U20 (2000m, 91 cm)	Greg Dunford	05:38.6	1977
U18 (2000m, 91 cm)	Nathan Derriman	06:09.7	2011
U16 (2000m, 76 cm)	Nathan Derriman	06:18.2	2009
Long Jump			
Senior	Murray Tolbert	7.91 m	1972
U20	Lachlan Little	7.59 m	2014
U18	Lachlan Little	7.08 m	2012
U16	Lachlan Little	6.67 m	2010
Triple Jump			
Senior	Mick McGrath	16.56 m	1975
U20	Stuart Parr	14.54 m	1976
U18	Lachlan Little	14.06 m	2010
U16	Lachlan Little	14.06 m	2010
High Jump			
Senior	Larry Sayers	2.15 m	1976
U20	Larry Sayers	2.15 m	1976
U18	Larry Sayers	2.05 m	1974
U16	C. Hardy	1.95 m	1989
Pole Vault			
Senior	Frank Chapman	4.05 m	1981
U20	Frank Chapman	4.00 m	1974
Shot Put			
Senior	Warwick Selvey	17.35 m	1962
U20	Greg Farmer	14.70 m	1974
U18			
U16	R. Salem	16.98 m	1992
Discus			
Senior	Wayne Martin	65.06 m	1979
U20	Evan Jennis	51.50 m	2011
U18	Evan Jennis	53.18 m	2010
U16	Greg Farmer	49.04 m	1970
Hammer			
Senior	Peter Farmer	75.90 m	1979
U20	Peter Farmer	65.96 m	1971
U18	Peter Farmer	55.16 m	1969

Javelin



Senior	A. Tzannes	60.36 m	1991
U20	A. Tzannes	60.36 m	1991
U18 (700 g)	A. Tzannes	54.44 m	1990
U16 (700 g)	Ben Kirkby	53.3	1999
3000m Walk			
Senior	D. Cox	12:50.4	1975
5000m Walk			
Senior	B. Richardson	22:58.0	1991
10k Walk			
Senior	Ron Crawford	47:19.8	1957
20k Walk			
Senior	Ron Crawford	1:34:08	1964
50k Walk			
Senior	Ron Crawford	4:24:20	1964
Decathlon			
Senior	Geoff Jones	7165 pts.	1984

Female Records

100 m			
Senior	Michelle Dalrymple	11.94	2001
U20	Molly Blakey	12.05	2013
U18	Molly Blakey	12.05	2013
U16	Molly Blakey	12.13	2012
200 m			
Senior	Michelle Dalrymple	24.02	2002
U20	Molly Blakey	24.12	2013
U18	Molly Blakey	24.12	2013
U16	Molly Blakey	24.45	2012
400 m			
Senior	Kaylene Coster	52.94	1984
U20	Rebecca Irwin	53.83	2002
U18	Molly Blakey	53.88	2014
U16	Molly Blakey	54.94	2012
800 m			
Senior	Kaylene Coster	02:00.59	1984
U20	Selma Kajan	02:05.19	2009
U18	Amy Harding-Delooze	02:06.84	2015
U16	Selma Kajan	02:09.75	2005
1500 m			
Senior	Katelyn Simpson	04:12.09	2015
U20	Amy Harding-Delooze	04:16.18	2016
U18	Amy Harding-Delooze	04:18.02	2015
U16	Claire Doyle	04:27.52	2006
mile			
Senior	Elizabeth Rose (Miller)	04:49.6	1989

**U20**

		3000 m	
Senior	Emily Bricachek	09:06.4	2006
U20	Emily Bricachek	09:06.4	2006
U18	Emily Bricachek	09:06.4	2006
U16	Claire Doyle	09:48.3	2006

5000 m

Senior	Tiffany Levette	15:56.3	2005
U20	Lauren McKillop	16:55.7	2009

10000 m

Senior	Rebecca Lowe	32:24.7	2009
U20			

Half Marathon

Senior	Victoria Mitchell	1:16:08	2015
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Marathon

Senior	Janelle Burgmann	2:43:46	2002
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100m Hurdles

Senior	Tara Holt	13.91	2010
U20	Bianca Debartolo, Tara Holt	14.24	2003, 2006
U18 (76 cm)	Tara Holt	13.56	2005
U16 (90 m)	Tara Holt	12.78	2003

400m Hurdles

Senior	Lora Storey	57.44	2016
U20	E. Aisbett	62.26	1991
U18	E. Aisbett	62.26	1991
U16 (200 m)	Tara Holt	29.74	2003

2000m Steeple

U20 (76 cm)	Alexis McKillop	06:53.1	2006
U18 (76 cm)	Alexis McKillop	06:53.1	2006
U16 (76 cm)	Ellen Kriedemann	07:33.8	2014

3000m Steeple

Senior	Victoria Mitchell	09:36.52	2015
U20	Rebecca Lowe	10:48.2	2006
U18	Alexis McKillop	11:29.6	2006

Long Jump

Senior	Cathy Jeon	6.01 m	1988
U20	Cathy Jeon	6.01 m	1988
U18	Cathy Jeon	6.01 m	1988
U16	Bianca Debartolo	5.63 m	2000

Triple Jump

Senior	K. Wilson	11.97 m	1990
U20	K. Wilson	11.97 m	1990
U18	K. Wilson	11.97 m	1990
U16	Bianca Debartolo	11.62 m	2000

High Jump

Senior	J. Sweetnam	1.78 m	1978, 79, 80, 81
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U20	L. Rutter	1.75 m	1983
U18	L. Rutter	1.75 m	1983
U16	Annabelle Parmegiani	1.69 m	2012
Pole Vault			
Senior	Matilda Measday	3.15 m	2013
U20	Matilda Measday	3.15 m	2013
U18	Matilda Measday	3.15 m	2013
U16	Matilda Measday	2.80 m	2012
Shot Put			
Senior	Bianca Debartolo	17.35 m	1962
U20	Bianca Debartolo	14.70 m	1974
U18	Bianca Debartolo		
U16	Rhiannon Rae	16.98 m	1992
Discus			
Senior	Rhiannon Rae	42.39 m	1998
U20	Rhiannon Rae	42.39 m	1998
U18	Rhiannon Rae	42.39 m	1998
U16	Rhiannon Rae	42.39 m	1998
Javelin			
Senior	Bianca Debartolo	38.59 m	2002
U20	Bianca Debartolo	38.59 m	2002
U18 (700 g)	Bianca Debartolo	38.59 m	2002
U16 (700 g)	Bianca Debartolo	38.47 m	2000
3000m Walk			
Senior	Jane Saville	12:27.7	1993
U20	Jane Saville	12:27.7	1993
U18	Natalie Saville	12:36.2	1995
U16			
5000m Walk			
Senior	Jane Saville	21:32.3	1997
U20	Natalie Saville	21:44.6	1996
U18	Natalie Saville	22:11.3	1995
U16			
10k Walk			
Senior	Jane Saville	41:15:00	1999
U20			
20k Walk			
Senior	Jane Saville	1:27:44	2004
U20			
Heptathlon			
Senior	Cathy Jeon	5258 pts.	1987
U20	Cathy Jeon	5258 pts.	1987
U18	Cathy Jeon	5258 pts.	1987
U16	Bianca Debartolo	4664 pts.	2000



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