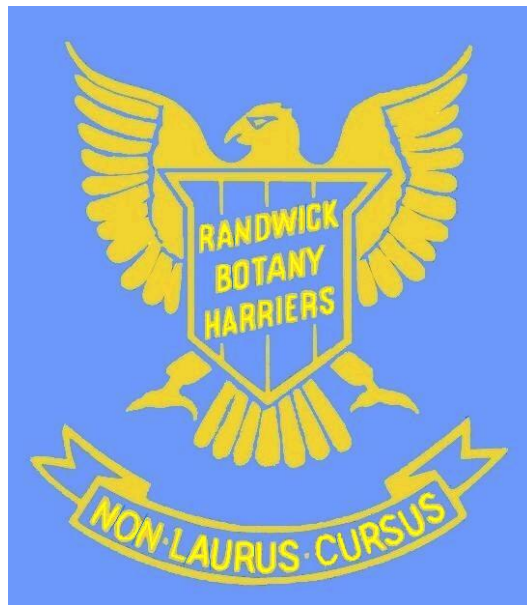


# **RANDWICK-BOTANY HARRIERS inc.**



## **32nd ANNUAL REPORT AND FINANCIAL STATEMENT**

**FOR THE YEAR ENDING  
31st MARCH 2019**

**SEASON 2018-2019**

### **CLUB MOTTO**

"Non laurus cursus"  
[Not the laurel but the race]

<http://www.rbharriers.com>



RANDWICK - BOTANY HARRIERS inc.

Founded in 1959 by the amalgamation of Randwick-Kensington A.A.C.  
and the Botany Harriers [Est. 1907].  
Merged with Randwick-Botany Women's A.A.C. in 1983  
Incorporated as Randwick-Botany Harriers Inc, 1987



Affiliated with Athletics New South Wales

**Life Members**

R F Tuck	1915*	A A Henlsey	1953*	M Little	1995
J P Grinton	1918*	T S London	1953*	N Ellison	1996
R Coombes	1918*	D Dickings	1954*	M Rabbitt	1997
C G Weyman	1921*	J Howlin	1955*	P Sandstrom	1997
A S Baldick	1921*	C Devitt	1957*	Mrs A Saville	2000
J Siddins	1922*	W Dunn	1964*	H Stanley	2000
W F Siddins	1922*	G C Marshall	1965*	A Kajan	2010
J J Walshe	1922*	R E Cartwright	1971*	S Williams	2010
J Chegwyn	1924*	L H Irwin	1975	P Spehr	2010
R C Corish	1926*	A Southwood	1977*	Mrs J Saville	2010
W Cartwright	1928*	P Arthur	1978*	Mrs G McDarra	2010
H H Hayden	1935*	Miss T Bell	1978*	P Piper	2010*
G Hunt	1937*	Mrs D Smith	1980*	B Butchart	2010
C D Spicer	1938*	Mrs J Norman	1982*	I Currota	2011*
C D Patterson	1938*	G Ryan	1983	Mrs G Spehr	2011
H C Parker	1939*	RJ Crawford OAM	1984	K Green	2011
C D Hensley AM	1940*	K Morris	1993	J McGrath	2012
R Fazakerley	1946*	H Liu	1993*	J Dwyer	2012
A G Hayes	1946*	J Russell	1994	T Hyndes	2012
E F Magee	1947*	K Goldman	1994	G Griffin	2014
E J Winter	1948*	Mrs D Haar	1995*	Mrs B Kajan	2014
				J Hunt	2016
				J Roff	2016

\*deceased

**Honorary Members**

\*A Lawrence, L Irwin, A Atkins, M Atkins, P Bell, T Endicott, R Wallace, R Saville,  
L Schaefer, B Burridge, R Newens, J Plummer.



## OFFICE BEARERS 2017/2018

### **President**

Jim Dawes

### **Vice Presidents**

Alija Kajan, Jeremy Roff, John McGrath

### **Patrons**

Cr B Notley-Smith  
Michael Daley MLA

### **General Secretary**

Pat O'Reilly

### **General Treasurer**

Julianne Broberg

### **Registrar**

Guy Griffin

### **Member Protection Officer**

Dave Evans

### **Track Coordinator**

A Kajan

### **Winter Coordinator**

A Kajan

### **Delegates to Athletics NSW**

J Dawes

### **Male Captain**

James Roff

### **Female Captain**

Lora Storey

### **Uniform Officer**

Rathy Santhiran

### **Honorary Solicitor**

T Olabinri

### **Coaching Coordinator**

A Kajan

### **Web Master**

A Kajan

### **History & Statistics**

Ken Goldman, A Kajan

### **Medical Team**

M Kelly, Dr G Hazan  
G McDarra, M Feain

### **The Committee of Management**

James Dawes

Alija Kajan

Paul Feain

Mark Carmody

John McGrath

Guy Griffin

Julianne Broberg

Patrick O'Reilly

Jeremy Roff

Committee of Management meetings are usually held on the 2<sup>nd</sup> Monday of each month and all members are welcome to attend as observers.



## PRESIDENT'S REPORT



Another year flies by and what a cracker! This year in competition, four of our members competed internationally, we earned three national titles with another huge contingent of our members representing the state, 6 Club records and a national record were broken, we won State titles and showed tremendous depth in middle distance intra club events.

Off the track, we introduced four new ways of promoting ourselves, and earned an additional \$2,500 by employing new fundraising initiatives.

### **Achievements by our Members in International Competition**

Steven Solomon (400m) and Morgan McDonald (5000m) proudly represented us at the Commonwealth Games at the Gold Coast, Queensland, and this was rare opportunity for both to run for Australia on home soil. Steve finished 7<sup>th</sup> in a time of 45.64 in the final after winning his heat and placing third in his semi-final. However, Steve only really hit his true form in the 4x400m relay running a scintillating last leg but the team was later disqualified due to an incorrect lane change.

Unfortunately, Morgan was injured leading up to his event but still finished 8<sup>th</sup> in 14.11:37. This was still great experience for him in his first Games and we look in excitement to the 2020 Tokyo Olympics where, pending qualification, he will be at peak physical maturity.

Although relatively new to middle distance running, Anthony Vlatko competed in the Youth Olympics in Buenos Aires, finishing fourth in his heat and 14<sup>th</sup> overall.

Anthony and Charlotte McGill both performed exceptionally at the Melanesian Championships in Vanuatu, with Anthony winning gold (800m) and Charlotte gaining a bronze (Triple Jump).

### **Achievements in National Competition**

Steven Solomon (400m) again won gold at the 2018 National Track and Field Championships – amazingly, this was Steven's 6th title!

We also earned two Under 18 gold medals in the National Junior Champs, with Charlotte McGill winning the Triple Jump and Anthony Vlatko the 800m.

I'm extremely proud to say that we sent 14 members to National Cross Country this year. We failed to medal but the course was absolutely brutal and visiting athletes were not allowed to run over it before racing – the local Queenslanders dominated this event as a result.





## **Club Records**

Morgan McDonald lowered our Open 3,000m record by a staggering 12 seconds running 7:42.76, breaking a record previously held by Olympic steeple finalist Youcef Abdi. This is all the more impressive as it was done on an indoor track which normally results in a slower times!

Referring now to a shorter distance, our 1500m records are of the highest standard with a long history of us producing outstanding athletes at this distance. However, at the Portland Track Festival in USA, Zac Facioni managed to lower our Under 20 record to 3:42.94.

In another stunning effort, Charlotte McGill broke our Open, Under 20 and Under 18 Triple Jump Records with a distance of 12.40m.

Congratulation also to Paris Tier who bettered our Under 16 2000m steeple record with a time of 7:22.03.

Special mention here needs to go to Steve Solomon for breaking the Australian Indoor 400m record in a time of 45.44 – though not quite fast enough to beat the Club outdoor time set by the great Darren Clarke.

## **Achievements in State Competition**

The following athletes from our Club won gold medals at State

Championships:

- Piper Simpson (Under 12) in the Long Course Cross Country Champs in Nowra
- Bailey Habler (Under 15) in the Short Course Cross Country at Dapto
- James Tirado (T/F13 800m) at the NSW Open Championships in Homebush
- Charlotte McGill (U18 long jump and triple jump), James Tirado (U20 Para 800m & 1500m), Milly Boughton (U14 3000m Walk) and Kirstie Beattie (U18 2000m steeple) at the NSW Junior Championships in Homebush
- Lisa Wolski (30-34yr 60m & 100m) & James Roff (30-34yr 400m).

In State team's events, our Under 18 men won the Road Relay Championships and our Under 18 women won the 4 x 1500m at the Track Relay Championships. Another big highlight for mine was at the Track Relays where we had four teams of varying age groups in the same race and the Club also provided four lap scorers! This was team work at its finest.



In another great team effort, our Under 16 men won the State Winter Premiership.

One step down from this level but something that deserves a mention were our 800m men who won all four heats of an Athletics NSW Treloar Shield event!

### **Club Promotion**

Now that we are flying our flag nicely at events via our new marquee, we've taken branding a step further. We've designed a coaches' top in our Club colours, had them produced and distributed them to our hard-working coaches. We've done the same to procure Club caps which have been used as awards at our presentation day and are available for sale to all members. Caps have also been given to our volunteers at the Bunnings BBQ and Marathon drink station.

There is no question that our members take great pride in wearing this apparel, and the general public have taken notice. We have also ordered RBH training cones for our Coaches and plan to produce RBH calico shopping bags for members to expose our brand further.

The subject of a Club Wikipedia page was discussed but it was agreed that our website will suffice as our digital home for now. More work has gone into improving the contact pages of our website.

We understand that strong membership numbers are important to the success of our Club. External consultants have advised that the most effective way to reach past members is by phone. We have drafted a proforma questionnaire which will be used to speak to former members and encourage them to reunite with us in the new season.

In order for the Club to look more professional in its correspondence, Google Mail email addresses have been created for all the roles on the Executive Committee. This will also streamline any future personnel changes in these roles by maintaining the same contact addresses.

### **Fundraising**

The State Government's One Sport Office granted us \$1427 to help us pay for our marquee. This a fantastic outcome as we now have a bright and strong marquee to last us for decades – note that at the windy short course event it was the only temporary structure still standing by the end - at the cost of around \$500! The price of the marquee also included a digital enhancement of our Club artwork which is now being used to order other branded items.

The Club hosted its first Bunnings BBQ. This was in Pagewood and earned us about \$1100 profit. This also provided an opportunity to engage with our local community. We have booked another BBQ at this venue on 13 October 2019.



To conclude, writing this report is always a real treat as I recap all the highlights from everyone involved with the Club and trust me, with a relatively young Club like ours, this is only the beginning!

## SECRETARY'S REPORT



Another successful season for RBH athletes, in competition locally and further afield.

We welcomed James Roff to RBH male Club Captaincy, replacing Courtney Carter. This move was unanimously supported by members of the Committee. James has a long, enduring commitment to athletics, and to RBH. James brings his considerable experience-personal, professional and athletic-to the Club-many thanks James.

At the 2018 AGM we conferred life membership of RBH on Martin Considine and Jim Dawes. Congratulations again to these men for their significant and ongoing contribution to the Harriers.

The Committee has been active in pursuing a number of priorities this past year. These include:

- Exploring further social media platforms for the Club, for both informational and promotional purposes
- Providing RBH new apparel for our coaches, in particular club caps
- Updating of the Website, and communication/email channels associated with this.

Many thanks for the continuing support of the Doncaster Hotel for the use of their meeting room.

Patrick O'Reilly



## TREASURER'S REPORT

As at 31 March 2019



The club made a profit of **\$2,168** for the financial year to 31 March 2019.

Notable factors that contributed to this were; the Bunnings Fundraising BBQ which made a net profit of \$1,074 for the club and the Government Awarded Sport Grant we received for the tent of \$1,427.

Uniform sales for 2019 brought in \$2,675 in revenue.

The main expense for 2019 was the cost of replenishing uniform stock, which came in at \$4,027.

This was followed by ANSW affiliation fees of \$756 and expenses incurred in running the BBQ fundraiser, \$771.

It also needs to be noted again that for the second year running ANSW has failed to bill us for registration fees for club sponsored athletes. Based on previous years I estimate this should be around \$3000.

Net assets at 31 March 2019 are \$46,866. The main component of this is the balance of the ING FY 2019 has been a positive year for the club financially.

We should contribute to seek out fundraising opportunities as this provides a strong boost to our financial longevity.

Julianne Broberg  
Treasurer



**RANDWICK BOTANY HARRIERS Inc.  
STATEMENT OF FINANCIAL POSITION  
As at 31 March 2019**

<b>Current Assets</b>	<b>31/03/2019</b>
Cash at Bank	\$2,071.19
Uniforms	\$9,994.97
<b>TOTAL</b>	<b>\$12,066.16</b>
<b>Non Current Assets</b>	
Investments <sup>^</sup>	\$33,528.35
Equipment	\$1,272.00
<b>TOTAL</b>	<b>\$34,800.35</b>
<b>Net Assets</b>	<b>\$46,866.51</b>
<b>Accumulated Funds</b>	
Retained Surplus start of year	\$44,698.36
Surplus/Loss arising	\$2,168.15
<b>TOTAL Members' Equity end of year</b>	<b>\$46,866.51</b>

<sup>^</sup>Investments refer to an ING savings account



**RANDWICK BOTANY HARRIERS Inc.**  
**STATEMENT OF FINANCIAL PERFORMANCE**  
**For the year ended 31 March 2019**

**REVENUE**

Registration + Club Fees	\$	918.16
Donations	\$	200.00
Fun Run Assistance	\$	500.00
Government Grants	\$	1,427.00
BBQ Fundraiser	\$	1,846.50
Uniform Sales	\$	2,675.00
Increase in Value of Investments & Interest	\$	496.57

**TOTAL** **\$8,063.23**

**EXPENDITURE**

Sundries	\$	20.30
ANSW Affiliation Fees	\$	756.00
Uniform Costs	\$	4,027.76
Plaques, Trophies & Awards	\$	215.50
BBQ Fundraiser Costs	\$	771.73
Sporting Injuries Insurance	\$	330.00
Club Presentation Events	\$	90.52
Athletes Assistance	\$	400.00
Bank Fees	\$	2.50
Cones Cost	\$	264.00
Caps Gifted	\$	322.74
State Relays	\$	380.00
<b>TOTAL</b>		<b>\$7,201.05</b>

<b>Preliminary PROFIT for the year</b>	<b>\$862.18</b>
add back purchase value of uniforms*	\$4,027.76
Depreciation on equipment (tent)	-\$ 424.00
Cost of Sold Uniforms	<b>-\$2,297.79</b>
<b>Final PROFIT for the year</b>	<b>\$2,168.15</b>



**RANDWICK BOTANY HARRIERS Inc.**  
**BALANCE SHEET**  
**As at 31 March 2019**

**Assets**

Cash at Bank	\$2,071.19
Uniforms	\$9,994.97
Investments	\$33,528.35
Equipment	\$1,272.00
<b>TOTAL</b>	<b><u>\$46,866.51</u></b>

**Liabilities**

\$0.00

**Excess of Assets over Liabilities**

**\$46,866.51**



**RANDWICK BOTANY HARRIERS Inc.  
GENERAL TREASURER’S ACCOUNT  
STATEMENT OF RECEIPTS and PAYMENTS  
For the year ended 31 March 2019**

<b>Receipts</b>		<b>Payments</b>	
Balance @ 31 March 2018	\$ 1,705.58	Sundries	\$ 20.30
Registration + Club Fees	\$ 918.16	Caps Gifted	\$ 322.74
Donations	\$ 200.00	ANSW Affiliation Fees	\$ 756.00
Fun Run Assistance	\$ 500.00	Uniform Cost	\$ 4,027.76
Government Grants	\$ 1,427.00	BBQ Fundraiser	\$ 771.73
Sponsorship	\$ -	Sporting Injuries Insurance	\$ 330.00
BBQ Fundraiser	\$ 1,846.50	Club Presentation Events	\$ 90.52
Uniform Sales	\$ 2,675.00	Cones Cost	\$ 264.00
Interest received on transaction account		Athletes Assistance	\$ 400.00
Deposits from ING Savings account	\$ -	Bank Fees	\$ 2.50
<b>TOTAL</b>	<b>\$ 9,272.24</b>	Plaques, Trophies & Awards	\$ 215.50
		Balance Current (Cash at Bank)	\$ 1,691.19
		State Relays	\$ 380.00
			<b>\$ 9,272.24</b>

**RANDWICK BOTANY HARRIERS Inc.  
GENERAL TREASURER’S ACCOUNT  
APPENDIX 1 – Proposed Depreciation Schedule for Club Tent  
For the years FY2017 to FY2022**

<b>Item Tent</b>	
<b>Date Purchased</b>	27/02/2017
<b>Purchase Price</b>	\$2,120.00
<b>Effective Life(years)</b>	5
<b>Rate of Depreciation</b>	20%
<b>Remaining Value</b>	<b>Year 0</b> \$2,120.00
	<b>Year 1</b> \$1,696.00
FY2018	<b>Year 2</b> \$1,272.00
FY2019	<b>Year 3</b> \$ 848.00
FY2020	<b>Year 4</b> \$ 424.00
FY2021	<b>Year 5</b> \$ -
FY2022	





## TRACK AND FIELD REPORT



The most of top achievements in 2018/19 season were covered in President's report. Same as last year our two top performing athletes were Steve Solomon and Morgan McDonald.

It is obvious that in the Open category we have slight drop off in quality because we lost few top performing athletes. Some of them took scholarships in US, namely Zac Facioni, Amy and Lily Harding-Delooze, Georgia Evans. Also few athletes finished their careers like Selma

Kajan, Katelyn Simpson, Edi Vining and Adrian Plummer. Also, few athletes left us and signed up with other clubs.

Consequently, it was hard to form relay teams and earn points in Open category. After many years of dominance, we could see a decline at cross country and road relays.

But there is a reason to be very optimistic because a new generation of juniors is coming through and performing at the highest level.

Led by Charlotte McGill (horizontal jumps) and Anthony Vlatko (800m), junior athletes are showing improvements in all events.

We have to mention Piper Simpson, Drew Fryer, Milly Boughton, Eleanor Miller, Kirsty Beattie and James Tirado.

It was quite pleasing to see our young walkers coming through and we should be proud that after many years we had a walking relay team.

**Randwick Botany Harriers medal tally at major competitions**

	Gold	Silver	Bronze	Total
NSW Track and Field Relays	1	2	1	4
NSW Junior T&F Championships	7	3	3	13
NSW Open T&F Championships	0	2	1	3
NSW Masters T&F Championships	3	0	0	3
Australian T&F Junior Championships	2	0	2	4
Australian T&F Open Championships	1	0	0	1
NSW XC Relays	0	1	1	2
NSW XC Championships	1	2	2	5
NSW Road Relays	1	2	1	4
Australian XC Championships	0	0	0	0

RBH team placings at NSW Winter Premiership were as follows:

Open Men, 10<sup>th</sup> place, 44 points

Open Women, 12<sup>th</sup> place, 17 points

U18 Boys, 3<sup>rd</sup> place, 50 points

U18 Girls, 5<sup>th</sup> place, 20 points

U16 Boys, 1<sup>st</sup> place, 83 points

U14 Boys, 4<sup>th</sup> place, 20 points

U14 Girls, 9<sup>th</sup> place, 15 points

U12 Boys, 6<sup>th</sup> place, 17 points

Masters Men 45-54, 9<sup>th</sup> place, 34 points



On the Winter Trophy table we finished the season at 9<sup>th</sup> place.



Rank	Club	Total
1	Bankstown Sports	2062
2	Sydney Striders	1224
3	Kembla Joggers	1107
4	St George District	831
5	Sutherland District	805
6	Hills District	739
7	Sydney University	623
8	Athletics East	580
9	Randwick Botany	463
10	UTS Norths	393
11	Asics Wests	380
12	Illawong	276
13	Mingara	267
14	Rejoov Runners	264
15	Woodstock Runners	117
16	Balmain	101
17	Nowra	98
18	Ryde	88
19	Nick's Run Club	86
20	Newcastle Flyers Runners Club	84
21	Girraween	70
22	Blue Mountains	68
23	Westfields Athletics Club	65
24	Macquarie Hunter	59
25	Camden Athletics Club	47
26	UP Coaching	39
27	Sydney Pacific	35
28	Trinity Athletics	30
29	TRT Running	16
30	Run Crew	16
31	Campbelltown	9
32	NSW Masters	7
33	Koorinal- Wagga Athletics Club	7
34	Knox Grammar	6
35	UNSW	6
36	Adamstown New Lambton	6
37	Newcastle Runners	6
38	Victory Runners	6
39	Glenbrook Athletics Club	4
40	Parramatta City	4
41	Epping	3
42	Cherrybrook	3
43	Hooked on Running	3
44	Illawarra Blue Stars	2
45	Tamworth Senior Athletics Club	2
46	Newington College	2
47	Orange Runners Club	2
48	Woolgoolga Athletics Club	2
49	Athletics Wollongong	2
50	Mosman	2
51	Blacktown City Athletics	1
52	Bathurst Athletics Club	1
53	Mounties	1
54	Nepean District	1
55	Raymond Terrace Athletics Centre Inc	1
56	Ballina Athletics Club	0



Many thanks to our club coaches especially Jeremy Roff, Ken Green, Warren and Jordan Williams, Anne Saville who helped to put together our relay teams.

Alija Kajan



*Steven Solomon won his 5th National 400m title with 45.99*



*Morgan McDonald winning 5000m, his 3rd NCCA title this year*



**RBH Winter Season Results**

**Novice Championships 2018**

**Novice Male 10k**

4. William Keir	33:05
32. Patrick Xia	38:22
33. James Dawes	38:30
52. Patrick O'Reilly	45:48

**Allcomers 7k,**

2. Martin Mashford	22:33
3. Lauren McKillop	25:15

**Invitational 4k**

1. Zac Facioni	11:45
2. Sam Byrne	12:27
17. Anthony Vlatko	13:39
18. Lachlan Stanfield	13:52
19. Rhys Sharrif	14:01
25. Max Russel	14:29
32. Brody Elbourne	14:44
52. Jackson Stanfield	17:17
2. Amy Harding-Delooze	14:04
3. Samantha King	14:20
4. Eleanor Miller	14:24
6. Georgia Evans	14:50
7. Sophie Ferenczi	15:02
30. Emily Hsu	17:45
37. Piper Simpson	18:24

**Fun Run 2k**

1.Piper Simpson	7:35
11.Matthew Radwin	7:49

**Fun Run 3k**

16.Sharna Lee-Chandler	12:48
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## NSW Road Championships 2018

### 10km Open Men

17. Will Keir	31:24
40. Kurt Fryer	32:46
138. Manu Sivaraj	37:00

### 10km U20 Men

3. Will Keir	31:24
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### 10km 55-59 Men

2. Manu Sivaraj	37:00
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### 10km Open Women

2. Abigail Regan	33:15
10. Anna Fitzgerald	35:51
12. Lauren McKillop	36:12

### 10km 40-44 Women

2. Anna Fitzgerald	35:51
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### 5km U16 Girls

5. Sophie Ferenczi	18:33
14. Paris Tier	19:41
20. Kirstie Beatie	20:00
34. Romy Burke	21:58
46. Bronte Burke	23:35

### 5km U16 Boys

7. Lachlan Stanfield	17:29
10. Patrick Xia	17:58
12. Brody Elbourne	18:13
14. Max Russell	18:25
23. Alexander Burke	19:33
27. Oliver Byrne	19:55
30. Jackson Stanfield	21:19





## Cross Country Relays, Miranda, 26 May 2018

### U12 Male, 4<sup>th</sup>, 32:05

Alexander Burke	7:49
Matthew Radwin	8:05
Daniel Ibrahim	8:10
Julian Wylie	7:59

### U12 Female Individual

Rudi Blackley	9:07
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### U14 Female A team, 6<sup>th</sup>, 32:54

Grace Henry	7:51
Milly Boughton	8:05
Bronte Burke	8:48
Piper Simpson	8:08

### U14 Female B team, 11<sup>th</sup>, 36:13

Zara Trantalis	8:32
Manon Spinola	8:51
Helena Dogias	9:14
Zara Ibrahim	9:34

### U16 Male, 8<sup>th</sup>, 45:30

Brody Elbourne	11:03
Benjamin Hickman	12:03
Max Russell	11:06
George Verco	11:15

### Individual

Oliver Byrne	11:55
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### U18 Female, 2<sup>nd</sup>, 46:18

Eleanor Miller	10:42
Paris Tier	11:47
Gabby Ibrahim	12:13
Kirstie Beatie	11:34

### Open Women, 4<sup>th</sup>, 1:06:57

Lauren McKillop	15:23
Emily Hsu	17:53
Heidi Hunt	18:48
Samantha King	14:51

### Open Men A team, 3<sup>rd</sup>, 50:44

William Keir	12:43
Edward Vining	12:35
Jeremy Roff	12:27
Kurt Fryer	12:58

### Open Men B team, 9<sup>th</sup>, 53:49

Charles McGrath	13:41
Martin Mashford	13:00
Drew Fryer	13:26
Sean Bowes	13:41

### Open Men C team, 14<sup>th</sup>, 56:38

Anthony Vlatko	13:16
Rhys Shariff	15:47
Fraser Garland-Barnes	13:27
Richard Newell	14:07

### 45+ Men, 5<sup>th</sup>, 1:05:54

Manu Sivaraj	15:06
Patrick O'Reilly	17:27
Alija Kajan	16:56
Jim Dawes	16:23

### 65+ Male Individual

Paul Feain	
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Open Men team with bronze medals: Edward Vining, Jeremy Roff, Kurt Fryer and William Keir



U12 Boys Daniel Ibrahim, Alex Burke, Julian Wylie and Matthew Radwin with coach Jordan Williams

U14 Girls team: Zara Ibrahim, Helena Dogias, Zara Trantalis and Manon Spinola



U16 Boys: George Verco, Max Russell, Brody Elbourne, Oliver Byrne and Ben Hickman



Open Women team: Lauren McKillop, Samantha King, Emily Hsu and Heidi Hunt



### Long Course Cross Country, Nowra, 23 June 2018

**U12 Female, 2k**

1. Piper Simpson 8:00

**U16 Female, 4k**

3. Eleanor Miller 14:57  
8. Paris Tier 15:54

**U18 Female, 4k**

8. Kirstie Beattie 15:41

**U20 Female, 6k**

13. Mikayla Hopper 26:56

**U12 Male, 2k**

2. Julian Wylie 7:22  
10. Alexander Burke 7:52

**U14 Male, 4k**

4. Max Russell 10:38  
8. George Verco 10:49  
26. Jackson Stanfield 13:14

**U18 Male, 6k**

3. Drew Fryer 19:43  
6. Charles McGrath 20:20

**Open Male, 10k**

14. Kurt Fryer 34:46

**45+ Male, 10k**

4. Manu Sivaraj 40:45  
9. Jim Dawes 42:55  
17. Patrick O'Reilly 46:50

**35+ Female, 10k**

2. Anna Fitzgerald 41:29





## NSW Road Relays, Ourimbah, 21 July 2018

### U16 Male, 4 x 2k, 27:31, 2nd

Jack Davis	6:47
Julian Wylie	7:04
Sam Davis	7:06
Kurt Kress	6:34

### U18 Male, 4 x 4k, 53:19, 1st

Anthony Vlatko	13:05
Ben Revai	13:01
Alex Talbot	14:15
Drew Fryer	12:58

### Open Men A, 4 x 4k, 47:04, 2nd

Matthew Hudson	11:30
Edward Vining	11:42
Sam Byrne	12:22
Zachary Facioni	11:30

### Open Men B, 4 x 4k, 49:15, 4th

Richard Newell	12:37
Kurt Fryer	12:13
Martin Mashford	12:15
Jeremy Roff	12:10

### 45+ Men, 4 x 4k, 1:00:17, 3rd

Patrick O'Reilly	16:24
Martin Considine	14:28
Manu Sivaraj	14:29
James Dawes	14:56



*Part of RBH contingent at Road Relays*



### NSW Short Course Cross Country, Dapto, 8 July 2018

#### U10 Female 1.5k

26. Jessica Henville 6:43

#### U11 Female 2k

4. Erin Fung 7:50

#### U14 Female 3k

16. Allegra McGiverni 12:01

#### U16 Female 4k

4. Eleanor Miller 14:51

5. Paris Tier 14:58

#### U13 Male 3k

5. George Verco 10:47

11. Julian Wylie 11:19

#### U14 Male 3k

14. Max Russell 11:32

20. Jackson Stanfield 12:43

#### U15 Male 3k

1. Bailey Habler 13:18

5. Oliver Freeman 13:41

7. Lachlan Stanfield 13:48

9. Kurt Kress 14:13

18. Brody Elbourne 15:23

#### U16 Male 4k

8. Rhys Shariff 14:17

#### U17 Male 5k

5. Ben Revai 16:46

#### U18 Male 5k

5. Charles McGrath 16:29

#### U20 Male 5k

3. William Keir 16:00

#### U20 Female 5k

13. Mikayla Hopper 21:15

#### 45-49 Male 7.5k

8. James Dawes 29:33

#### 50-54 Male 7.5k

6. Patrick O'Reilly 33:03



**Australian Cross Country Championships,  
Sunshine Coast, 25 August 2018**

4. Piper Simpson	10 years girls	2k
7. Drew Fryer	16/17 yeas boys	6k
16. James Tirado	16/19 years AWD boys	3k
18. Kirsty Beattie	16/17 years girls	4k
29. Kurt Fryer	Open Men	10k
40. Lachlan Stanfield	14/15 years boys	4k
45. Charles McGrath	16/17 years boys	6k
46. Eleanor Miller	14/15 years girls	4k
46. Mikayla Hopper	18/19 years girls	6k
47. Max Russel	13 years boys	3k
56. Ben Revai	16/17 years boys	6k
64. Kurt Kress	14/15 years boys	4k
65. Paris Tier	14/15 years girls	4k
69. Oliver Freeman	14/15 years boys	4k
DNS Bailey Habler	14/15 years boys	4k



## Club records as at 31 March 2019

## Male Records

<b>100 m</b>			
<b>Senior</b>	David Dworjanyn	10.47	1989
<b>U20</b>	Peter Gandy	10.3 h	1979
<b>U18</b>	Peter Gandy	10.3 h	1979
<b>U16</b>	Peter Gandy	11.0 h	1977
<b>200 m</b>			
<b>Senior</b>	Peter Gandy	20.66	1981
<b>U20</b>	David Dworjanyn	21.4 h	1987
<b>U18</b>	Stuart Miller, Brad Rees	21.5 h	1979, 1979
<b>U16</b>	Peter Singleton	22.6 h	1972
<b>400 m</b>			
<b>Senior</b>	Darren Clark	44.38	1988
<b>U20</b>	Darren Clark	44.75	1984
<b>U18</b>	Steven Solomon	46.44	2010
<b>U16</b>	Peter Gandy	50.5 h	1977
<b>800 m</b>			
<b>Senior</b>	Paul Gilbert	1:45.6	1984
<b>U20</b>	Anthony Vlatko	1:50.02	2018
<b>U18</b>	Anthony Vlatko	1:50.02	2018
<b>U16</b>	Anthony Vlatko	1:57.37	2017
<b>1500 m</b>			
<b>Senior</b>	Jeremy Roff	3:34.4	2009
<b>U20</b>	Zachary Facioni	3:42.92	2018
<b>U18</b>	Morgan McDonald	3:50.7	2013
<b>U16</b>	Joshua Johnson	4:02.3	2007
<b>mile</b>			
<b>Senior</b>	Jeremy Roff	3:55.0	2009
<b>U20</b>	Jack Stapleton	4:01.3	2014
<b>3000 m</b>			
<b>Senior</b>	Morgan McDonald	7:42.76	2019
<b>U20</b>	Jack Stapleton	8:08.9	2014
<b>U18</b>	Jack Stapleton	8:11.49	2012
<b>U16</b>	Joshua Johnson	8:41.00	2007
<b>5000 m</b>			
<b>Senior</b>	Morgan McDonald	13:15.83	2017
<b>U20</b>	Morgan McDonald	14:07.11	2014
<b>10000 m</b>			
<b>Senior</b>	Harry Summers	28:13.2	2012
<b>U20</b>	Greg Dunford	30:01.2	1976

## Half Marathon



<b>Senior</b>	Jeffrey Hunt	62:44:00	2009
<b>Marathon</b>			
<b>Senior</b>	Jeffrey Hunt	2:11:00	2010
<b>110m Hurdles</b>			
<b>Senior</b>	Warren Parr	13.88	1976
<b>U20</b>	Ken Elphick	14.3h	1969
<b>U18</b>	S. McIntyre	14.53	1988
<b>U16 (100 m)</b>	Ben Kirkby	13.43	1999
<b>400m Hurdles</b>			
<b>Senior</b>	Gary Knoke	49.3 h	1972
<b>U20</b>	Glenn McLaughlin	51.69	1981
<b>U18 (84 cm)</b>	Steven Solomon	53.7	2009
<b>U16 (200 m)</b>	Clinton Sills	26.14	2005
<b>3000m Steeple</b>			
<b>Senior</b>	Youcef Abdi	8:22.0	2006
<b>U20 (2000m, 91 cm)</b>	Greg Dunford	5:38.6	1977
<b>U18 (2000m, 91 cm)</b>	Nathan Derriman	6:09.7	2011
<b>U16 (2000m, 76 cm)</b>	Nathan Derriman	6:18.2	2009
<b>Long Jump</b>			
<b>Senior</b>	Murray Tolbert	7.91 m	1972
<b>U20</b>	Lachlan Little	7.59 m	2014
<b>U18</b>	Lachlan Little	7.08 m	2012
<b>U16</b>	Lachlan Little	6.67 m	2010
<b>Triple Jump</b>			
<b>Senior</b>	Mick McGrath	16.56 m	1975
<b>U20</b>	Stuart Parr	14.54 m	1976
<b>U18</b>	Lachlan Little	14.06 m	2010
<b>U16</b>	Lachlan Little	14.06 m	2010
<b>High Jump</b>			
<b>Senior</b>	Larry Sayers	2.15 m	1976
<b>U20</b>	Larry Sayers	2.15 m	1976
<b>U18</b>	Larry Sayers	2.05 m	1974
<b>U16</b>	C. Hardy	1.95 m	1989
<b>Pole Vault</b>			
<b>Senior</b>	Frank Chapman	4.05 m	1981
<b>U20</b>	Frank Chapman	4.00 m	1974
<b>Shot Put</b>			
<b>Senior</b>	Warwick Selvey	17.35 m	1962
<b>U20</b>	Greg Farmer	14.70 m	1974
<b>U18</b>			
<b>U16</b>	R. Salem	16.98 m	1992
<b>Discus</b>			
<b>Senior</b>	Wayne Martin	65.06 m	1979
<b>U20</b>	Evan Jennis	51.50 m	2011
<b>U18</b>	Evan Jennis	53.18 m	2010
<b>U16</b>	Greg Farmer	49.04 m	1970
<b>Hammer</b>			



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<b>Senior</b>	Peter Farmer	75.90 m	1979
<b>U20</b>	Peter Farmer	65.96 m	1971
<b>U18</b>	Peter Farmer	55.16 m	1969
<b>Javelin</b>			
<b>Senior</b>	A. Tzannes	60.36 m	1991
<b>U20</b>	A. Tzannes	60.36 m	1991
<b>U18</b> (700 g)	A. Tzannes	54.44 m	1990
<b>U16</b> (700 g)	Ben Kirkby	53.3	1999
<b>3000m Walk</b>			
<b>Senior</b>	D. Cox	12:50.4	1975
<b>5000m Walk</b>			
<b>Senior</b>	B. Richardson	22:58.0	1991
<b>10k Walk</b>			
<b>Senior</b>	Ron Crawford	47:19.8	1957
<b>20k Walk</b>			
<b>Senior</b>	Ron Crawford	1:34:08	1964
<b>50k Walk</b>			
<b>Senior</b>	Ron Crawford	4:24:20	1964
<b>Decathlon</b>			
<b>Senior</b>	Geoff Jones	7165 pts.	1984

### Female Records

<b>100 m</b>			
<b>Senior</b>	Michelle Dalrymple	11.94	2001
<b>U20</b>	Molly Blakey	12.05	2013
<b>U18</b>	Molly Blakey	12.05	2013
<b>U16</b>	Molly Blakey	12.13	2012
<b>200 m</b>			
<b>Senior</b>	Michelle Dalrymple	24.02	2002
<b>U20</b>	Molly Blakey	24.12	2013
<b>U18</b>	Molly Blakey	24.12	2013
<b>U16</b>	Molly Blakey	24.45	2012
<b>400 m</b>			
<b>Senior</b>	Kaylene Coster	52.94	1984
<b>U20</b>	Rebecca Irwin	53.83	2002
<b>U18</b>	Molly Blakey	53.88	2014
<b>U16</b>	Molly Blakey	54.94	2012
<b>800 m</b>			
<b>Senior</b>	Kaylene Coster	2:00.59	1984
<b>U20</b>	Selma Kajan	2:05.19	2009
<b>U18</b>	Amy Harding-Delooze	2:06.84	2015
<b>U16</b>	Selma Kajan	2:09.75	2005
<b>1500 m</b>			
<b>Senior</b>	Katelyn Simpson	4:11.82	2016
<b>U20</b>	Amy Harding-Delooze	4:16.18	2016
<b>U18</b>	Amy Harding-Delooze	4:18.02	2015



<b>U16</b>	Claire Doyle	4:27.52	2006
		<b>mile</b>	
<b>Senior</b>	Elizabeth Rose (Miller)	4:49.6	1989
<b>U20</b>			
		<b>3000 m</b>	
<b>Senior</b>	Emily Bricachek	9:06.4	2006
<b>U20</b>	Emily Bricachek	9:06.4	2006
<b>U18</b>	Emily Bricachek	9:06.4	2006
<b>U16</b>	Claire Doyle	9:48.3	2006
		<b>5000 m</b>	
<b>Senior</b>	Kate Spencer	15:28.47	2016
<b>U20</b>	Lauren McKillop	16:55.7	2009
		<b>10000 m</b>	
<b>Senior</b>	Rebecca Lowe	32:24.7	2009
<b>U20</b>			
		<b>Half Marathon</b>	
<b>Senior</b>	Victoria Mitchell	1:16:07	2015
		<b>Marathon</b>	
<b>Senior</b>	Janelle Burgmann	2:43:46	2002
		<b>100m Hurdles</b>	
<b>Senior</b>	Tara Holt	13.91	2010
<b>U20</b>	Bianca Debartolo, Tara Holt	14.24	2003, 2006
<b>U18 (76 cm)</b>	Tara Holt	13.56	2005
<b>U16 (90 m)</b>	Tara Holt	12.78	2003
		<b>400m Hurdles</b>	
<b>Senior</b>	Lora Storey	57.44	2016
<b>U20</b>	E. Aisbett	62.26	1991
<b>U18</b>	E. Aisbett	62.26	1991
<b>U16 (200 m)</b>	Tara Holt	29.74	2003
		<b>2000m Steeple</b>	
<b>U20 (76 cm)</b>	Alexis McKillop	6:53.1	2006
<b>U18 (76 cm)</b>	Alexis McKillop	6:53.1	2006
<b>U16 (76 cm)</b>	Paris Tier	7:22.03	2018
		<b>3000m Steeple</b>	
<b>Senior</b>	Victoria Mitchell	9:36.52	2015
<b>U20</b>	Rebecca Lowe	10:48.2	2006
<b>U18</b>	Alexis McKillop	11:29.6	2006
		<b>Long Jump</b>	
<b>Senior</b>	Cathy Jeon	6.01 m	1988
<b>U20</b>	Cathy Jeon	6.01 m	1988
<b>U18</b>	Cathy Jeon	6.01 m	1988
<b>U16</b>	Charlotte McGill	5.95 m	2017
		<b>Triple Jump</b>	
<b>Senior</b>	Charlotte McGill	12.40 m	2018
<b>U20</b>	Charlotte McGill	12.40 m	2018
<b>U18</b>	Charlotte McGill	12.40 m	2018



<b>U16</b>	Charlotte McGill	12.22 m	2017
<b>High Jump</b>			
<b>Senior</b>	J. Sweetnam	1.78 m	1978, 79, 80, 81
<b>U20</b>	L. Rutter	1.75 m	1983
<b>U18</b>	L. Rutter	1.75 m	1983
<b>U16</b>	Annabelle Parmegiani	1.69 m	2012
<b>Pole Vault</b>			
<b>Senior</b>	Matilda Measday	3.15 m	2013
<b>U20</b>	Matilda Measday	3.15 m	2013
<b>U18</b>	Matilda Measday	3.15 m	2013
<b>U16</b>	Matilda Measday	2.80 m	2012
<b>Shot Put</b>			
<b>Senior</b>	Bianca Debartolo	17.35 m	1962
<b>U20</b>	Bianca Debartolo	14.70 m	1974
<b>U18</b>	Bianca Debartolo		
<b>U16</b>	Rhiannon Rae	16.98 m	1992
<b>Discus</b>			
<b>Senior</b>	Rhiannon Rae	42.39 m	1998
<b>U20</b>	Rhiannon Rae	42.39 m	1998
<b>U18</b>	Rhiannon Rae	42.39 m	1998
<b>U16</b>	Rhiannon Rae	42.39 m	1998
<b>Javelin</b>			
<b>Senior</b>	Bianca Debartolo	38.59 m	2002
<b>U20</b>	Bianca Debartolo	38.59 m	2002
<b>U18 (700 g)</b>	Bianca Debartolo	38.59 m	2002
<b>U16 (700 g)</b>	Bianca Debartolo	38.47 m	2000
<b>3000m Walk</b>			
<b>Senior</b>	Jane Saville	12:27.7	1993
<b>U20</b>	Jane Saville	12:27.7	1993
<b>U18</b>	Natalie Saville	12:36.2	1995
<b>U16</b>	Natalie Saville	13:16.7	1993
<b>5000m Walk</b>			
<b>Senior</b>	Jane Saville	21:32.3	1997
<b>U20</b>	Natalie Saville	21:44.6	1996
<b>U18</b>	Natalie Saville	22:11.3	1995
<b>U16</b>			
<b>10k Walk</b>			
<b>Senior</b>	Jane Saville	41:15:00	1999
<b>U20</b>			
<b>20k Walk</b>			
<b>Senior</b>	Jane Saville	1:27:44	2004
<b>U20</b>			
<b>Heptathlon</b>			
<b>Senior</b>	Cathy Jeon	5258 pts.	1987
<b>U20</b>	Cathy Jeon	5258 pts.	1987
<b>U18</b>	Cathy Jeon	5258 pts.	1987
<b>U16</b>	Bianca Debartolo	4664 pts.	2000





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